EXPLORE WYRE’S
Great Outdoors
WHAT’S ON AT OUR COAST, COUNTRYSIDE AND PARKS
2020
www.wyre.gov.uk/greatoutdoors
wyreestuarycountrypark
River Road, Stanah, Thornton Cleveleys, Lancashire FY5 5LR

- Large children’s natural play area for toddlers and older kids
- Café offering refreshments and ice creams
- Picnic sites
- Dog free family area
- Den building wooded area
- Outdoor stage
- Circular walks and cycle trails
- 5k run route
- Meeting room for hire
- Regular guided health walks and family activities
- Free parking with beautiful views

Many of the facilities are accessible to disabled people. You can also hire a Tramper – an all terrain electric buggy - from the park.

07976 650803 • countryside@wyre.gov.uk  

rossallpointtower FLEETWOOD
Did you know Rossall Point Observation Tower is open to the public?
Go to the top of the tower and use the binoculars to spot wildlife and enjoy the views.
There’s a roof top camera which you can control, and take in the view from the ground floor.
Take part in our Great Outdoors activities - birdwatches, seawatches and beach craft.
Volunteer with us! We are always on the lookout for people to help welcome visitors to the tower.

For opening times, please visit www.wyre.gov.uk/rossallpoint
Outer Promenade, The Esplanade, Fleetwood

07976 650803 • countryside@wyre.gov.uk  

THE MOUNT PAVILION Restoration Project
This iconic landmark is undergoing a revival as we take the landscape back to its original 19th century design.

The £2.4m project with grant funding from the Heritage Lottery Fund, and a generous £1m donation from Mrs Doreen Lofthouse began in September 2019. The restoration will transform the landward side including the pavilion, rose garden and gate lodge.

We will also be planting new trees and improving the areas of ornamental planting to benefit wildlife and the enjoyment of visitors.

For further information about the project, please visit www.wyre.gov.uk/themount
Welcome to Wyre’s Great Outdoors

Enjoy Wyre’s coast, countryside, parks and green spaces by taking part in health walks, guided walks, cycle rides, family activities, conservation days and our outdoor events.

In this brochure you will find a programme of events and activities for all ages and abilities put together by Wyre Council and our partners. It’s the best way to find out what’s on in our great outdoors and to find ways of keeping fit and healthy. The programme also provides lots of opportunities to get involved with caring for our environment.

As well as our calendar of events we have highlighted some of the best places to visit to inspire you to get out and about in Wyre. We have also included information about our regular events, such as health walks, health rides, beach cleans, activities for young people and much more.

There are lots more events to enjoy in Wyre besides the ones we organise that are listed here. To see what else is going on visit www.discoverwyre.co.uk or pop into our tourist information centres - Visit Garstang or Visit Fleetwood.

If you would like this information in large print or an alternative language, please contact Wyre Council on 01253 89100 or visit us at the Civic Centre, Breck Road, Poulton-le-Fylde, Lancashire FY6 7PU
**Booking information**

You can book your place on activities in this programme through the Visit Garstang Centre unless otherwise stated.

01995 602125 • garstangtic@wyre.gov.uk
Visit Garstang Centre, Cherestanc Square, Garstang PR3 1EF
Open Tuesday to Saturday, 10.30am - 4.30pm

**How to pay**

Please pay over the phone using a debit or credit card by calling the Visit Garstang Centre on 01995 602125 or if you want to pay by cash visit the centre, which is open five days a week, Tuesday to Saturday. You can also pay by cheques made payable to **Wyre Council** and send your remittance to: Great Outdoors Bookings, Visit Garstang Centre, Cherestanc Square, Garstang, PR3 1EF

**Group bookings**

Please note that we cannot accommodate organised groups on the walks and activities. If your group would like to take part in a bespoke coast and countryside activity, please email countryside@wyre.gov.uk

**Poor weather**

Please note a Ranger/Leader will be available at the start of an activity whatever the weather. In extreme conditions a decision will be taken on the day by the leader of the group whether or not to cancel.

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**Activity and guided walks price guide**

Health walks, health rides, guided walks up to one hour, beach cleans and volunteer conservation days are free.

All other walks or activities will be charged as follows:

- **Walks between 1–4 hours**
  - Adults £3.50, concessions and children £2.50
- **Walks over 4 hours**
  - Adults £4.50, concessions and children £3.50
- **Children’s activities**
  - £2.50 per child
- **Craft and other activities**
  - Individually priced

Please note there will be additional charges for refreshments.
Information on walking grades

To help you decide which is the walk for you, wherever possible an approximate time and terrain guide has been given for each walk.

Terrain guide
Please note our health walks are graded from All to Moderate, most being Easy. Other walks vary.

1 **All** – relatively flat, surfaced paths, no stiles, suitable for wheelchairs and pushchairs, may include road crossings.

2 **Easy** – relatively level ground, fields, lanes and tracks, possibly with some gentle slopes, stiles and/or livestock.

3 **Moderate** – uneven ground, fields, lanes and tracks with some moderate slopes, expect stiles and/or livestock.

4 **Hard** – uneven ground, fields, lanes and tracks with some steeper climbs, expect stiles and/or livestock.

5 **Very Hard** - limited paths, rough walking, steeper climbs, expect stiles and/or livestock.

6 **Tramper** - suitable for people using trampers (see page 6 for hire details).

Health and wellbeing

Our health walks and health rides are a good starting point for people recovering from ill health.

Please remember...

- If you have any medical conditions which the activity leader should know about, please mention this at the start of the activity.
- If you have any concerns, check with your GP or health practitioner before you take part.
- Make sure you bring any medication you are taking with you on any walk or activity (eg. inhaler).
Access for all

People of all abilities are welcome to explore Wyre’s coast, countryside, parks and activities. The Tramper is an all-terrain electric vehicle designed for people with differing abilities to access the countryside. It can generally deal with stones, mud, wet grass and rough ground.

You can hire one free of charge (donations welcome) for use on certain guided walks, health walks and Tramper treks as shown in the brochure. For Tramper friendly health walks and Tramper treks it is advised that you book a minimum of one a week in advance.

**Around Wyre you can hire a Tramper from:**
Wyre Estuary Country Park - 07976 650803 - www.wyre.gov.uk
Cobble Hey Farm and Gardens - 01995 602643 - www.cobblehey.co.uk
Champion Bowland Tramper - 01200 446387

A Tramper must be booked a minimum of 48 hours in advance. First time users need to attend a short induction and should take along a passport photo and proof of identity to register.

Also available in Wyre and Lancashire are Tramper trail routes that are suitable for accompanied Tramper users. See Wyre Council and the Forest of Bowland websites for more information at [www.wyre.gov.uk/walking](http://www.wyre.gov.uk/walking) and [www.forestofbowland.com](http://www.forestofbowland.com)

Please note that these Trampers are available for use only on the suggested routes from the venue. Some venues may ask for a small charge or donation to cover maintenance costs, please check when you book your Tramper.
Important information before you set off

Please arrive at least 15 minutes before the start.
Arriving early allows time for registration, putting boots on, etc.

Please listen to the leader’s advice.
When attending an activity please take the advice of the leader. We reserve the right to refuse to take people on activities if we feel they are unsuitably equipped for the activity. If you intend to leave the event early inform your leader for your own safety.

The finish times are approximate.
Please let the leader know if you need to return for a certain time at the start of the activity.

Dogs are not allowed on guided walks unless otherwise stated in the listing.
This is because some of the activities cross farmland containing livestock or nature reserves with nesting birds. Dogs are allowed on the health walks and some legstretchers, but dogs must be kept under close control at all times and on a lead when requested by the leader, and you must clean up after your dog.

If there are no bins, please take your litter home.

Please bring any medications required.
Including inhalers and food if required.

Please bring a drink.
Particularly on the longer walks.

Children must be accompanied by a parent or guardian.

If you cannot attend a bookable activity please let us know.
If possible, let the Duty Ranger or Visit Garstang staff know in good time so if there are reserves on the list they can be given the chance to attend the walk or activity.

Be prepared for any weather conditions.
Please come dressed to match the type of activity and be prepared for all weather conditions with appropriate footwear and waterproof clothing - even if the sun is shining!

Please check any customer information provided to you before you attend.
For some activities we may recommend things to bring with you, such as binoculars, camera, etc.

Duty Ranger - 07976 650803 | Visit Garstang Centre - 01995 602125
### Events at a glance

In addition to the listings below, we also host regular year-round events - check the contents on page 3 for more details.

#### January

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>1</td>
<td>New Year visit to the coast</td>
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<tr>
<td>10</td>
<td>Garstang legstretcher</td>
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<tr>
<td>12</td>
<td>Wyre conservation volunteer day - woodland work</td>
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<td>12</td>
<td>Forest School bird feeder event</td>
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<td>19</td>
<td>Big Garden Bird Watch</td>
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<td>Big Garden Bird Watch</td>
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<td>25</td>
<td>Tales of ice and snow</td>
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<td>26</td>
<td>Big Garden Bird Watch</td>
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<td>26</td>
<td>Wyre conservation volunteer day - Christmas tree sand dune restoration</td>
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#### February

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<thead>
<tr>
<th>Date</th>
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<tr>
<td>6</td>
<td>Nordic Walking Taster</td>
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<td>9</td>
<td>Wyre conservation volunteer day - woodland work</td>
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<td>9</td>
<td>Winter birdwatch</td>
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<td>14</td>
<td>Fleetwood legstretcher</td>
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<tr>
<td>17</td>
<td>Mini Marine biologists</td>
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<td>19</td>
<td>Introduction to winter tree identification</td>
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<tr>
<td>21</td>
<td>Birdwatching for kids</td>
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<tr>
<td>23</td>
<td>Wyre conservation volunteer day - Christmas tree sand dune restoration</td>
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<tr>
<td>23</td>
<td>Winter birdwalk</td>
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<td>23</td>
<td>Forest of Bowland dark skies - stargazing</td>
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#### March

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>8</td>
<td>Wyre conservation volunteer day - Wyre Rivers Trust</td>
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<tr>
<td>12</td>
<td>Sea Watch</td>
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<td>13</td>
<td>Preesall legstretcher</td>
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<tr>
<td>17</td>
<td>Wyre conservation volunteer day - Wyre Rivers Trust</td>
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<tr>
<td>29</td>
<td>Wyre conservation volunteer day - access for all work</td>
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<tr>
<td>29</td>
<td>Coastal birdwatch</td>
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#### April

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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>2</td>
<td>Nordic Walking Taster</td>
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<tr>
<td>3</td>
<td>Winmarleigh legstretcher</td>
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<td>6</td>
<td>Walk around Garstang</td>
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<td>6</td>
<td>Easter eggcase hunt</td>
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<td>8</td>
<td>Easter crafts at Stanah</td>
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<td>9</td>
<td>Sea Watch</td>
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<td>13</td>
<td>Easter eggstravaganza</td>
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<td>14</td>
<td>Beginners guide to morning bird song</td>
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<td>14</td>
<td>Easter crabbing at the lake</td>
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<td>15</td>
<td>A 50s shopping day in Fleetwood heritage walk</td>
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<td>17</td>
<td>Easter eggcase hunt</td>
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<td>18</td>
<td>Forest School taster</td>
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<tr>
<td>19</td>
<td>Introduction to woodland wild flowers</td>
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<td>19</td>
<td>Wyre conservation volunteer day - footpaths, stiles, gates</td>
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<tr>
<td>24</td>
<td>Whimbrel watch</td>
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<tr>
<td>25</td>
<td>What will you find in the deep, dark wood?</td>
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<tr>
<td>26</td>
<td>Geology of the beach - what is that pebble?</td>
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<tr>
<td>26</td>
<td>Spring birdwatch</td>
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<tr>
<td>26</td>
<td>Wyre conservation volunteer day - path and step way clearance</td>
</tr>
<tr>
<td>28</td>
<td>Wyre conservation volunteer day - footpath work</td>
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<tr>
<td>30</td>
<td>Lapwings and hares Tramper trek</td>
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#### May

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<tr>
<th>Date</th>
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<tbody>
<tr>
<td>2-10</td>
<td>Garstang Walking Festival</td>
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<td>4</td>
<td>Knott End legstretcher</td>
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<td>7</td>
<td>Sea Watch</td>
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<td>12</td>
<td>Fleetwood - Lancashire’s floral resort heritage walk</td>
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<td>14</td>
<td>Wildlife friendly gardening taster day</td>
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<td>15</td>
<td>World fish migration day event</td>
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<td>16</td>
<td>Bleasdale tower gardens</td>
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<td>17</td>
<td>Spring birdwatch</td>
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<td>20</td>
<td>Royal visits to Fleetwood heritage walk</td>
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<td>24</td>
<td>Wyre conservation volunteer day - dry stone walling</td>
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<tr>
<td>26</td>
<td>Wyre conservation volunteer day - dry stone walling</td>
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<td>26</td>
<td>Parachute games and grass skiing</td>
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<td>28</td>
<td>Great eggcase hunt</td>
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<td>29</td>
<td>Great eggcase hunt</td>
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<td>30</td>
<td>Memorial Park circus school</td>
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<td>31</td>
<td>Splodgematic Painting</td>
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<td>31</td>
<td>Wyre conservation volunteer day - invasive species control</td>
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#### June

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<th>Date</th>
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<tr>
<td>1</td>
<td>Walk around Churchtown</td>
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<td>4</td>
<td>Sea Watch</td>
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<td>6</td>
<td>World Oceans Day event</td>
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<td>9</td>
<td>Wyre conservation volunteer day - balsam bashing</td>
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<tr>
<td>10</td>
<td>Cabus - a historical legstretcher</td>
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<td>17</td>
<td>Flicks, glitter and greasepaint heritage walk</td>
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<tr>
<td>18</td>
<td>Calder Vale evening views</td>
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<tr>
<td>21</td>
<td>Wyre conservation volunteer day - balsam bashing</td>
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<tr>
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<td>Fleetwood - Lancashire’s floral resort heritage walk</td>
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<td>Nordic Walking Taster</td>
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<tr>
<td>27</td>
<td>Bleasdale circuit Tramper trek</td>
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<td>Wyre conservation volunteer day - invasive species control</td>
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#### July

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<tr>
<td>2</td>
<td>Freshwater ecology day</td>
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<td>4</td>
<td>Swashbuckling seaside stories</td>
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<td>4</td>
<td>Memorial Park fun day</td>
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<td>5</td>
<td>Music on the park</td>
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<td>5</td>
<td>Beachlife</td>
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<td>7</td>
<td>Fish and ships</td>
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<tr>
<td>9</td>
<td>Fell view, tracks and trails</td>
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<tr>
<td>10</td>
<td>Pilling legstretcher</td>
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</tbody>
</table>
August
2  Pilling Lane Ends butterfly identification walk
3  Walk around Bleasdale
5  Larkholme Grasslands bugs and beasties
6  Bugs and beasties at Hawthorne park
7  Wyre conservation volunteer day - habitat houses
9  Beach School
10  Sea shore detectives
11  River dipping
13  Mini marine biologists
14  Beachlife
15  Forton and Lancaster Canal Tramper Trek
16  Wyre conservation volunteer day - Winmarleigh Moss
20  Nordic Walking taster
20  Sea Watch
20  Exploring Glasson Dock legstretcher
22  Bats and moths
23  Wyre conservation volunteer day - meadow management

September
5  Knott End and beyond Tramper trek
11  Out-Rawcliffe legstretcher
11  Bat walk
13  Wyre conservation volunteer day - Winmarleigh Moss
16  History of the Memorial Park and surrounding area
17  Fleetwood Cemetery history walk
17  Sea Watch
19  Bat Watch
20  Wyre conservation volunteer day - meadow management
20  Beachlife
20  Autumn birds
22  Wyre conservation volunteer day - meadow management
27  Family craft day with the rangers
30  Decimus Burton’s Fleetwood heritage walk

October
5  Walk around Garstang
9  Bilsborrow legstretcher
11  Wyre conservation volunteer day - woodland management
15  Sea Watch
15  Nordic Walking taster
18  Autumn birdwalk
20  Wyre conservation volunteer day - woodland work
24  Leaves, conkers & pumpkins - autumnal storytime

November
4  Wyre conservation volunteer day - hedgelaying
13  Claylands legstretcher
14  Wyre and Myerscough hedgelaying competition
15  Winter bird walk
15  Wyre conservation volunteer day - hedgelaying
29  Wyre conservation volunteer day

December
1  Wyre conservation volunteer day - woodland work
5  Wreath workshop
6  Wyre Estuary Country Park Christmas Fayre
8  Garstang Victorian Festival woodcraft
11  Wyre Estuary legstretcher
13  Wreath workshop
13  Winter bird watch
17  Nordic Walking taster
20  Wyre conservation volunteer day - coastal conservation

January 2020
1  New Year - visit to the coast

Listings key
Dogs welcome
Tramper friendly
January

New Year visit to the coast
Wednesday 1, 11am – 3pm
Rossall Point Tower | Free
If you are taking a New Year’s day stroll on the prom, stop off at Rossall Point to celebrate the New Year with a warming cup of mulled wine (non-alcoholic). Meet the rangers and take in the view on the first day of the year. Donations welcome, tramper/wheelchair suitable. No need to book.

Garstang legstretcher
Friday 10, 10:30am – 12:30pm
Visit Garstang Centre | £3.50/£2.50
A pleasant circular walk taking in riverside and farmland, passing Barnacre Church and Lady Hamilton’s Well. Grade: moderate, 4 miles. No need to book.

Wyre conservation volunteer day - woodland work
Sunday 12, 10am – 2:30pm
Thornton area | Free
Join the rangers to help manage our 10 year old woodland compartments to become the forests of the future. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Bring a packed lunch. Booking essential.

Forest School bird feeder event
Sunday 12, 1pm – 3pm
Memorial Park, Fleetwood | Free
Drop into the pavilion on the park and build your own fat ball bird feeder and take part in our bird trail to learn more about the birds in our park. All ages welcome, parent or guardian must attend workshop. No need to book.

Big Garden Bird Watch
Sunday 19, 11am – 12noon
Memorial Park, Fleetwood | Free
Take part in a national survey of garden birds as part of the Big Garden Bird Watch! All ages welcome, parent or guardian must attend with children. Grade: easy, binoculars useful. No need to book.

Big Garden Bird Watch
Saturday 25, 10am – 11am
Wyre Estuary Country Park | Free
Take part in a national survey of garden birds as part of the Big Garden Bird Watch! All ages welcome, parent or guardian must attend with children. Grade: easy, binoculars useful. No need to book.

Tales of ice and snow
Saturday 25, 10am – 12noon
Garstang Library | Free
Join Garstang Library storytime to learn what happens to animals and nature during winter and cosy up with some good wintery reads. Families welcome, parent or guardian must stay with children. No need to book.

Big Garden Bird Watch
Sunday 26, 9am – 10am
Hawthorne Park, Thornton | Free
Take part in a national survey of garden birds as part of the Big Garden Bird Watch! All ages welcome, parent or guardian must attend with children. Grade: easy, binoculars useful. Contact Jenie Phillips on 01253 823516 for more information. No need to book.

Winter birdwalk
Sunday 26, 10am – 11am
Rossall Point Tower | Free
Join the rangers to observe the migratory and over wintering birds on our coast. Grade: easy, 1 hour, 1 mile approx, binoculars useful, bring warm clothes and footwear. No need to book.
Wyre conservation volunteer day - Christmas tree sand dune restoration
Sunday 26, 10am – 2:30pm Fleetwood coast | Free
Upcycle old natural Christmas trees to help stabilise and restore desire lines on the dunes around Fleetwood. Please come dressed appropriately for the weather conditions, strong boots and gloves. Bring a packed lunch. Booking essential.

February

Nordic Walking Taster
Thursday 6, 12noon - 1pm
Thornton area | Free
Take part in a Nordic Walking taster with Ann Smith of Nordic Wyre and find out all about this great way to enjoy the outdoors. To book contact Ann at nordicwyre@gmail.com or call 07587185680. Grade: easy, booking essential.

Wyre conservation volunteer day - woodland work
Sunday 9, 10am – 2:30pm
Thornton area | Free
Join the rangers to help manage our 10 year old woodland compartments to become the forests of the future. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Bring a packed lunch. Booking essential.

Winter birdwatch
Sunday 9, 3:30pm – 4:30pm approx
Lane Ends Pilling | Free
Birdwatching at Lane Ends in search of wildfowl, waders and geese. 1 hour approx, please bring your binoculars if you have them and warm clothes and footwear. No need to book.

Fleetwood legstretcher
Friday 14, 10:30am – 12:30pm
Fleetwood Nature Park, Jameson Road, Fleetwood | £3.50/£2.50
Join us for a walk that takes in both town and country. Grade: moderate, 2 hours, 4.75 miles. No need to book.

Mini marine biologists
Monday 17, 1pm – 3pm
Wyre Estuary Country Park | Free
Learn more about the incredible creatures of the Wyre Estuary at this interactive workshop with the Lancashire Wildlife Trust! Contact Eleanor by emailing efalch@lancswt.org.uk or calling 07542228276 to book a place on this session. 2 hours. Booking essential.

Introduction to winter tree identification
Wednesday 19, 1pm – 3pm
Wyre Estuary Country Park | £3.50/£2.50
Join the rangers to look at basic winter tree identification using mainly buds and bark. Grade: easy, 1 mile, 2 hours, tree identification guide useful. No need to book.

Birdwatching for kids
Friday 21, 10:30am – 12noon
Wyre Estuary Country Park | £2.50
Join the rangers to see and hear what birds we can find around the park. Parent/guardian is free but must stay with child at all times. Grade: all, 1 mile, tramper, wheelchair and pushchair accessible, binoculars useful. No need to book.

To book contact Visit Garstang on 01995 602125 unless otherwise stated
March

**Wyre conservation volunteer day - Wyre Rivers Trust**
Sunday 8, 10am – 2:30pm
**Wyre River Catchment** | Free
Working in partnership with the Wyre Rivers Trust we will be carrying out works to benefit our local river, the River Wyre. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Bring a packed lunch. Booking essential.

**Sea Watch**
Thursday 12, 12noon – 2pm
**Rossall Point Tower** | Free
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too. Binoculars useful. No need to book.

**Preesall legstretcher**
Friday 13, 10:30am – 12:30pm
**Preesall Playing Fields, Sandy Lane** | £3.50/£2.50
A walk exploring the parish of Preesall, along tracks, paths and fields. Grade: moderate, 2 hours, 4.25 miles. No need to book.

**Wyre conservation volunteer day - Wyre Rivers Trust**
Tuesday 17, 10am – 2:30pm | Free
Working in partnership with the Wyre Rivers Trust we will be carrying out works to benefit our local river, the River Wyre. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Bring a packed lunch. Booking essential.

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**Wyre conservation volunteer day - Christmas tree sand dune restoration**
Sunday 23, 10am – 2:30pm
**Fleetwood coast** | Free
Upcycle old natural Christmas trees to help stabilise and restore desire lines on the dunes around Fleetwood. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Bring a packed lunch. Booking essential.

**Winter birdwalk**
Sunday 23, 9am – 10am
**Rossall Point Tower** | Free
Join the rangers to observe the migratory and over wintering birds on our coast. Grade: easy, binoculars useful. No need to book. Booking essential.

**Forest of Bowland dark skies - stargazing**
Sunday 23, 7:30pm – 9:30pm
**Bleasdale** | £15 adult/£7.50 child
Join Robert Ince from Go Stargazing for an evening of stargazing. Wrap up warm! Bring binoculars and a torch if you have them. Contact robert.ince.uk@gmail.com to book your place. Booking essential.

[www.gostargazing.co.uk](http://www.gostargazing.co.uk)

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**Why not take the ferry from Fleetwood to Knott End?**
Managed by Wyre Marine Services it only takes around 10 minutes. For the timetable and more information visit [www.wyremarineservices.co.uk](http://www.wyremarineservices.co.uk)
**Wyre conservation volunteer day - access for all work**
Sunday 29, 10am – 2:30pm Fleetwood coast | Free
Help to create and upgrade some access points around Rossall Point car park. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Hot drink available, bring a packed lunch. Booking essential.

**Coastal birdwatch**
Sunday 29, 2pm – 3pm approx
Lane Ends Pilling | Free
Birdwatch looking for wildfowl, waders and geese and any early spring visitors. Grade: easy, 1 hour approx, please bring binoculars if you have them and warm clothes and footwear. No need to book.

**Fleetwood Litter Pick**
Meet at JW Fish, Lord Street
1st and 3rd Wednesday of every month at 10am
(excluding 1 January 2020)
No need to book, just turn up!
For more information on volunteering in Wyre, visit www.wyre.gov.uk/volunteering

**Great British Spring Clean**
20 March to 13 April
Look out for spring cleans organised throughout Wyre!
Check www.wyre.gov.uk for more details.
www.keepbritaintidy.org

**Bump Buggy Walks**
Every 1st and 3rd Thursday from March to September
Wyreside Café, Wyre Estuary County Park, Stanah
10:30am – 11:30am
Meet new parents, improve your fitness and join us at one of these new walks! Join the rangers for an easy buggy and child friendly walk alongside the River Wyre and around Wyre Estuary Country Park at Stanah.
Followed by coffee and a chance to chat and share your new parent experiences. There is no need to book, just turn up! The walks are free to attend, but bring along money for refreshments if you’d like to stay for coffee. Grade: easy, distance 1-2 miles, 1 hour approx., please bring outdoor clothes and footwear.

**Wyreside Café**
Meet new parents, improve your fitness and join us at one of these new walks! Join the rangers for an easy buggy and child friendly walk alongside the River Wyre and around Wyre Estuary Country Park at Stanah.
Followed by coffee and a chance to chat and share your new parent experiences. There is no need to book, just turn up! The walks are free to attend, but bring along money for refreshments if you’d like to stay for coffee. Grade: easy, distance 1-2 miles, 1 hour approx., please bring outdoor clothes and footwear.
April

Nordic Walking taster
Thursday 2, 12noon - 1pm
Thornton area | Free
Take part in a Nordic Walking taster with Ann Smith of Nordic Wyre and find out all about this great way to enjoy the outdoors. To book contact Ann at nordicwyre@gmail.com or call 07587185680. Grade: easy, booking essential.

Winmarleigh legstretcher
Friday 3, 10:30am – 12:30pm
Patten Arms | £3.50/£2.50
A pleasant circular walk taking in the Lancaster Canal. Grade: moderate, 4 miles. No need to book.

Walk around Garstang
Monday 6, 10:30am – 2pm
Visit Garstang Centre | £3.50/£2.50
Join us on our walk into rural Wyre (takes place April, June, August & October incl.). Grade: moderate, outdoor clothing and footwear, refreshments and a drink required. No need to book.

Easter eggcase hunt
Monday 6, 1pm – 2:30pm
Rossall Beach, Cleveleys | Free
Not your typical egg hunt! Join the Lancashire Wildlife Trust for an exploration of the beach in search of shark, skate and ray egg cases. Waterproof footwear advised. No need to book.

Easter crafts at Stanah
Wednesday 8, 1:30pm – 3pm
Wyre Estuary Country Park | £3.50
Come and make wooden Easter bunnies with the rangers. Parent/guardian free but must stay with child. Booking essential to confirm your time slot.

Sea Watch
Thursday 9, 12noon – 2pm
Rossall Point Tower | Free
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too. Binoculars useful. No need to book.

Easter eggstravaganza
Monday 13, 2pm—3pm
Hawthorne Park, Thornton | £1
Easter egg hunt, egg throwing competition and nature quiz! The Big Easter Chicken will be in attendance again. Family fun with small prizes. For information contact Jenie Phillips on 01253 823516. Suitable for age 11 and under. No need to book.

Beginners guide to morning bird song
Tuesday 14, 8:30am – 9:30am
Wyre Estuary Country Park | £3.50/£2.50
Join the rangers to look at and listen to the woodland birds and the waders and wildfowl of the estuary. Please wear appropriate clothing. Grade: easy, 2 miles, binoculars useful. No need to book.

Easter crabbing at the lake
Tuesday 14, 1pm – 2:30pm
Fleetwood Model Yachting Lake | Free
Join the Lancashire Wildlife Trust to learn more about these cool crustaceans. Meet at the café kiosks above the lake. Free event, crabbing gear will be available to buy. No need to book.

A 50s shopping day in Fleetwood heritage walk
Wednesday 15, 1:30pm – 3:00pm
Fleetwood Museum | Free
Visit Fleetwood’s main shopping streets with historian Dick Gillingham looking back to the shops in the 50s. Check with
Fleetwood Museum before the event for more details. Donations welcome. Grade: easy, max. 2 miles. No need to book.

Easter eggcase hunt
Friday 17, 10:30am – 12noon
Marine Beach, Central Car Park | Free
Not your typical egg hunt! Join the Lancashire Wildlife Trust for an exploration of the beach in search of shark, skate and ray egg cases. Waterproof footwear advised. No need to book.

Forest School taster
Saturday 18, 1pm - 3pm
Tithebarn Park, Poulton | £3
Drop into the park and have a go at learning some forest craft skills. Maximum 10 children per session. Booking essential.

Introduction to woodland wild flowers
Sunday 19, 10am – 11am
Brock Bottom | Free
Join the rangers for a woodland walk in search of spring wildflowers. Grade: easy, please bring outdoor footwear and clothing as the paths alongside the river can be muddy. No need to book.

Forest School taster
Sunday 19, 1pm - 3pm
Garstang Millennium Green | £3
Join us at the green and have a go at learning some forest craft skills. Maximum 10 children per session. Booking essential.

Wyre conservation volunteer day - footpaths, stiles, gates
Sunday 19, 10am – 2:30pm
Scorton | Free
General maintenance of public rights of way. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Hot drinks available, bring a packed lunch. Booking essential.

Whimbrel watch
Friday 24, 8pm to 10pm
Barnacre | £3.50/£2.50
Enjoy an evening bird watch with views over the Bowland Fells and a special chance to see these beautiful birds fly in to roost at dusk. Grade: easy, up to 1 mile approx., binoculars useful, please bring warm clothes and footwear as it can get cold as the sun goes down. Booking essential.

What will you find in the deep, dark wood?
Saturday 25, 10am – 12noon
Garstang Library | Free
Join the Gruffalo for a themed storytime to learn about what you can find in local woodland. Families welcome, parent or guardian must stay with children. No need to book.

Geology of the beach - what is that pebble?
Sunday 26, 11am - 1pm
Rossall Point Tower | £3.50/£2.50
Join local geology enthusiast Trevor Lund and the rangers for a stroll along the beach looking at the origin of the pebbles found there. We can look at our finds back in the Tower. Grade: moderate, boots or wellies recommended. Booking essential.

Spring birdwatch
Sunday 26, 9am – 10am
Rossall Point Tower | Free
Visit Rossall Point Tower to enjoy coastal and sea birdwatching, looking out for summer bird visitors and signs of spring migration of birds. Grade: easy, binoculars useful, bring outdoor clothes and footwear. No need to book.

To book contact Visit Garstang on 01995 602125 unless otherwise stated
Wyre conservation volunteer day - path and step way clearance
Sunday 26, 10am – 2:30pm
Fleetwood coast | Free
Access points across the sand dunes need to be kept open through the summer. Please come dressed appropriately for the weather conditions, strong boots and gloves. Bring a packed lunch. Booking essential.

Wyre conservation volunteer day - footpath work
Tuesday 28, 10am – 2:30pm Scorton | Free
Help with general maintenance of public rights of way. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Bring a packed lunch. Booking essential.

Lapwings and hares Tramper trek
Thursday 30, 10am – 12:30pm Cloughton | £3.50/£2.50
Join the countryside rangers to look for lapwings (and hopefully their chicks) and maybe a hare or two. Walkers welcome. Grade: hard for walkers, Tramper available, binoculars useful. Booking essential.

Knott End legstretcher
Monday 4, 6.30pm – 8.30pm
Knott End Car Park | £3.50/£2.50
Enjoy a 2 hour coastal and farmland legstretcher walk. Grade: moderate. No need to book.

Sea Watch
Thursday 7, 11am – 1pm
Rossall Point Tower | Free
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too. Binoculars useful. No need to book.

Fleetwood - Lancashire’s floral resort heritage walk
Tuesday 12, 1:30pm – 3pm approx.
The Mount, Fleetwood | Free
A heritage walk with Dick Gillingham looking at the origins of Fleetwood’s beautifully laid out seafront. A talk and short walk. Check with Fleetwood Museum before the event for more details. Donations welcome, grade easy, maximum 1 miles. No need to book.

Wildlife friendly gardening taster day
Thursday 14, 10:30am – 2:30pm
Thornton | Free
What can gardeners do to benefit wildlife in their own gardens? Find out how to attract wildlife into your gardens by providing the correct food and habitats. Also discover the best plants to grow for wildlife and how to grow them. Donations welcome. Booking essential.

May

Garstang Walking Festival
Saturday 2 – Sunday 10
The 2020 Walking Festival is co-ordinated by the Friends of Garstang Walking Festival supported by Wyre Council. There are nine days of walks celebrating springtime. Pick up a separate brochure at the Visit Garstang Centre or online at www.wyre.gov.uk/garstangwalkingfestival
Bookings taken from February.

World fish migration day event
Friday 15
Join the Wyre River Trust and Wyre Waters Catchment Partnership to celebrate the wonder of fish migration on the River Wyre. For more details please check www.wyrerivertrust.org and www.wyre.gov.uk. Booking essential.
Celebrate the local landscape and wildlife during nine days of walks and activities in and around Garstang and the wider Wyre area.

Here is a selection of walks and activities available during the festival...

- Garstang to the Fells and Back
- Garstang Area Old and New
- Garstang Health Walk
- Larkholme Wildlife Walk
- Nordic Walking
- Curlews and Brown Hares Spring Walk
- Following the Thirlmere Aquaduct
- Springtime Wildlife around Nicky Nook
- Crossing the Wyre through History
- Rivers, Churches and Meadows of the Fylde
- Bluebell Walks
- Abbeystead Reservoir and Marshaw Loop
- Baby Bounce and Rhyme and Bump and Buggy Walk
- Abbeystead Circular
- Over Wyre Circular
- River Catchment Walk
- Knott End Legstretcher
- Lancaster Canal and Glasson Branch
- Canal and Country
- Winmarleigh - the little village with a big history
- Bleasdale Wildlife Watch
- Bleasdale Skyline
- Arrow Bank Spring - source of the River Brock
- Beacon Fell and the Brock Valley
- Two Day Navigation Course
- Bleasdale People and Places
- Fairsnape Fell Evening Walk
- Grizedale Valley and Harrisend Moorland Walk
- Farmland, Moss and Distant Hills
- Sullom Evening Walk
- Wyre Way - 3 Day Long Distance Walk
- Wyresdale & Dolphinholme - Farmsteads & Fiddlesticks
- Dunsop Valley Ramble and Tramper Trek
- Buggy, Play and Story Walk
- Claughton Estate Walk
- Brock Valley and Bowland Views
- Scorton Challenge Tramper Trek & Ramble
- Of Roman Legions and Pendle Witches
- Of Fallen Airmen and Lancashire Gothic Writing
- Poulton & Carleton Countryside Ramble

For full details, please see the separate brochure (out February) available from the Visit Garstang Centre, Cherestanc Square, Garstang, PR3 1EF or visit www.wyre.gov.uk/garstangwalkingfestival
Parachute games and grass skiing
Tuesday 26, 10:30am – 12noon
Wyre Estuary Country Park | £2.50
Join the rangers for fun and games with parachutes and grass skis. Please wear appropriate clothing. Parent/guardian free but must stay with child. No need to book.

Great eggcase hunt
Thursday 28, 12:30pm – 2pm
Rossall Beach, Cleveleys | Free
Join the Lancashire Wildlife Trust for an exploration of the beach in search of shark, skate and ray egg cases. Waterproof footwear advised. No need to book.

Great eggcase hunt
Friday 29, 1:30pm – 3pm
Marine Beach, Central Car Park | Free
Join the Lancashire Wildlife Trust for an exploration of the beach in search of shark, skate and ray egg cases. Waterproof footwear advised. No need to book.

Memorial Park circus school
Saturday 30, 1pm – 4pm
Memorial Park | Free
Come to Memorial Park and try your hand at circus skills! There’ll be lots of fun equipment and you can learn to use unicycles, stilts, balance boards and beam, diabolos, plates, flower sticks, juggling sticks and a tight-wire! For ages 2 years upwards. Please ensure children are supervised by an adult. Please note that this is a popular event, therefore it is based on a first come first served basis and expect to queue. Meet on the grass next to the pavilion. No need to book.

Wyre conservation volunteer day - dry stone walling
Sunday 24, 10am – 2:30pm
Tuesday 26, 10am – 2:30pm
Claughton area | Free
Join us to restore areas of wall that have collapsed and enjoy a taster session in the art and skill of restoring these ancient traditional boundaries. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Hot drink available, bring a packed lunch. Booking essential.

To book contact Visit Garstang on 01995 602125 unless otherwise stated
Splodgematic painting
Sunday 31, 12noon – 3pm
Memorial Park | Free
Join the Spin Doctor and his amazing Cyclo-Graphic Splodge-A-Matic spin painting machine to create wacky paintings. For ages 2 years upwards, please ensure children are supervised by an adult. Please note that this is a popular event, therefore it is based on a first come first served basis and expect to queue. Meet at the pavilion at Memorial Park, Fleetwood. For more information please call 01253 887613. No need to book.

Wyre conservation volunteer day - invasive species control
Sunday 31, 10am – 2:30pm
Fleetwood coast | Free
Species such as Rosa rugosa need to be controlled to help our dune habitats to flourish. Please come dressed appropriately for the weather conditions, strong boots and gloves. Also recommended would be long sleeves and some insect repellent. Bring a packed lunch. Booking essential.

Walk around Churchtown
Monday 1, 10:30am – 2pm
St Helens Church car park, Churchtown | £3.50/£2.50
Join us on our walk into rural Wyre (takes place June, August & October incl.). Grade: moderate, outdoor clothing and footwear, refreshments and a drink required. No need to book.

Sea Watch
Thursday 4, 10am – 12 noon
Rossall Point Tower | Free
Join Lancashire Wildlife Trust during our 30 Days Wild as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too. Binoculars useful. No need to book.

World Oceans Day event
Saturday 6, 11am – 3:30pm
Wyre Coast | Free
Celebrate all things marine with stalls, craft activities and games at this free event for adults and children! For more information please check www.wyre.gov.uk/greatoutdoors. No need to book.

World Oceans Day
Monday 8
For more information check www.worldoceansday.org.uk

Wyre conservation volunteer day - balsam bashing
Tuesday 9, 10am - 2:30pm
Rural area | Free
Species such as Himalayan Balsam need to be controlled to help our riverside habitats to flourish. Please come dressed appropriately for the weather conditions, strong boots and gloves. Also recommended would be long sleeves and some insect repellent. Bring a packed lunch. Booking essential.

June is Lancashire Wildlife Trust’s 30 Days Wild!
www.lancswt.org.uk

June is Lancashire Wildlife Trust’s 30 Days Wild!
www.lancswt.org.uk

World Environment Day
Friday 5
For more information check www.worldenvironmentday.global

World Environment Day
Friday 5
For more information check www.worldenvironmentday.global
Cabus - a historical legstretcher
Wednesday 10, 6pm – 8pm
Cabus Northbound A6 layby / junction of Fowler Hill Lane | £3.20/£2.50
A 4½ mile (approx.) walk taking in some local history from Roman times to present day and also looking for springtime wildlife. Grade: moderate, outdoor clothes and waterproof footwear required. No need to book.

Flicks, glitter and greasepaint heritage walk
Wednesday 17, 1:30pm – 3pm approx.
Fleetwood Museum | Free
A heritage walk with Dick Gillingham finding out about Fleetwood's cinema, circus and theatre history. Check with Fleetwood Museum before the event for more details. Donations welcome. Grade: easy, maximum 2 miles. No need to book.

Calder Vale evening views
Thursday 18, 6:30pm – 8pm
Calder Vale | £3.50/£2.50
Join the rangers for an evening walk enjoying the views over Calder Vale and the Forest of Bowland fells. Grade: moderate, 3 miles, 1.5 hours, please bring outdoor clothing and walking footwear. Booking essential.

Wyre conservation volunteer day - balsam bashing
Sunday 21, 10am - 2:30pm
Rural area | Free
Species such as Himalayan Balsam need to be controlled to help our riverside habitats to flourish. Please come dressed appropriately for the weather conditions, strong boots and gloves. Also recommended would be long sleeves and some insect repellent. Bring a packed lunch. Booking essential.

Fleetwood - Lancashire's floral resort heritage walk
Wednesday 24, 1:30pm – 3pm
The Mount Pavilion | Free
A heritage walk with Dick Gillingham looking at the origins of Fleetwood's beautifully laid out seafront. A talk and short walk. Check with Fleetwood Museum before the event for more details. Donations welcome. Grade: easy, maximum 1 mile. No need to book.

Nordic Walking taster
Thursday 25, 12noon - 1pm
Thornton area | Free
Take part in a Nordic Walking taster with Ann Smith of Nordic Wyre and find out all about this great way to enjoy the outdoors. To book contact Ann at nordicwyre@gmail.com or call

JOIN OUR gardening CLUB
Come along to our demonstration garden at Memorial Park Fleetwood, meet new people, try a spot of gardening and enjoy a brew!

Wednesdays 9.30am – 12.30pm (except Christmas) ● Fridays 12.30pm – 4pm

For more information contact parks@wyre.gov.uk or call 01253 887613
Would you like to be part of our friendly, social walking group and help improve your health and fitness? Then you should join us at Nordic Walking Wyre!

Our group hosts regular local weekly walks in Cleveleys, Fleetwood and Thornton and longer walks on Sundays further afield.

- Burns 46% more calories than ordinary walking
- Uses 90% of your body’s muscles
- Uses poles to add benefit to walking
- Improves your posture and increases energy levels
- Suitable for all ages and fitness levels

Contact Ann for more information:
07587 185680
nordicwyre@gmail.com

Don’t forget - please arrive at least 15 minutes before the start of any walk or activity! Arriving early allows time for registration, putting boots on, etc.
**July**

**Freshwater ecology day**
Thursday 2, 10:30am - 3:30pm
Scorton | Free
Take part in an ecology day on the river with the Wyre River Trust and Wyre Waters Catchment Partnership. A great chance to find out about the freshwater wildlife of the river. For more details please check www.wyrerivertrust.org and www.wyre.gov.uk/greatoutdoors. Booking essential.

**Swashbuckling seaside stories**
Saturday 4, 10am – 12noon
Garstang Library | Free
Join Garstang Libraries storytime for pirate themed stories and to learn about the coast. Families welcome, parent or guardian must stay with children. No need to book.

**Memorial Park fun day**
Saturday 4, 11am - 3pm
Memorial Park | Free
Join the Friends of Memorial Park for their annual fun day to raise funds for new play equipment. The day will include kids rides, bouncy castles, a petting zoo, parrots, hook a duck, tombola and many more exciting activities. Each activity is individually priced. For more information please call 01253 887613. No need to book.

**Music on the park**
Sunday 5, 2:30pm - 4:15pm
Hawthorne Park, Thornton | Free
Bring a picnic and the family. No charge but there will be a collection for park funds. For more information on this music event please contact Jenie Phillips 01253 823516. Tramper, wheelchair and pushchair accessible. No need to book.

**Beachlife**
Sunday 5, 11am – 12:30pm & 1pm-2:30pm
Rossall Point Tower | £2.50
Wildlife themed beach activities for all the family. Parent/guardian must stay with children at all times. Please bring outdoor clothing and footwear. No need to book.

**Fish and ships**
Tuesday 7, 12:30pm – 2:30pm
Memorial Park | £8, includes lunch
Come along to the pavilion at Memorial Park for an entertaining and informative talk about Fleetwood’s fishing industry! Keen local historians, with family backgrounds within the fishing industry, Dick Gillingham and Dave Pearce have collected hundreds of images, many shot at the fishing grounds. They also use writings of local fishermen and their songs and stories to present Fish and Ships in an entertaining way. Not only that, there is a fish and chip lunch included too! Booking essential.

**Fell view, tracks and trails**
Thursday 9, 10:30am – 1pm
Scorton Area | £3.50/£2.50
A stroll (Tramper trek) around the tracks, lanes and farmland around Scorton and Nicky Nook. Grade: moderate, 4 miles, Tramper available, light refreshments and a drink required. Booking essential.

**Pilling legstretcher**
Friday 10, 10:30am – 12:30pm
Pilling Village Centre | £3.50/£2.50
A pleasant two hour walk around the footpaths of Pilling. Grade: moderate for walkers, outdoor clothes and waterproof footwear required. No need to book.

**Over Wyresdale and Nicky Nook ramble**
Saturday 11
Scorton | £4.50/£3.50
Join the rangers for a walk over farm, field
and tracks around the River Wyre and Grizedale taking in panoramic views and finishing with a walk over Nicky Nook. Grade: hard, 9-10 miles, please bring lunch and drink as well as hill walking clothing and footwear. Booking essential.

**Wyre conservation volunteer day - balsam bashing**  
**Sunday 12, 10am - 2:30pm**  
**Wednesday 15, 10am - 2:30pm**  
**Rural area | Free**  
Species such as Himalayan Balsam need to be controlled to help our riverside habitats to flourish. Please come dressed appropriately for the weather conditions, strong boots and gloves. Also recommended would be long sleeves and some insect repellent. Bring a packed lunch. Booking essential.

**Fleetwood’s military connection heritage walk**  
**Wednesday 15, 1:30pm – 3pm approx.**  
**Fleetwood Cemetery gates | Free**  
A heritage walk with Dick Gillingham looking at some of Fleetwood’s military history in particular the hutment barracks shooting ranges and historic cemetery. Check with Fleetwood Museum before the event for more details. Donations welcome. Grade: easy, maximum 1 mile. No need to book.

**Beach explorer**  
**Wednesday 22, 10:30am – 11:30am**  
**Rossall Point Tower | Free**  
Join the rangers for a walk along the beach in search of wildlife. Grade: easy, 1 mile, bring outdoor clothing and footwear. No need to book.

**Sea Watch**  
**Thursday 23, 1pm – 3pm**  
**Rossall Point Tower | Free**  
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too. Binoculars useful. No need to book.

**Tale Trails: The Little Cucumber Fish of Wyre**  
**Friday 24, 1pm – 2:30pm**  
**Wyre Estuary Country Park | Free**  
Join us at Wyre Estuary Country Park’s outdoor theatre to learn the story of the little cucumber fish of Wyre. No need to book.

**Wyre conservation volunteer day - footpath work**  
**Sunday 26, 10am – 2:30pm**  
**Fleetwood coast | Free**  
Dune vegetation needs to be controlled, therefore periodically we cut back and tidy these stepped and pathed areas. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Bring a packed lunch. Booking essential.

**Lancashire cheese walk**  
**Sunday 26, 10:30am – 2pm**  
**Garstang area | £3.50/£2.50**  
Join the rangers for a country walk through farmland where the famous Lancashire cheese is made. Grade: moderate, 3.5 hours approx., please bring a drink, refreshments and outdoor clothes and footwear. Booking essential.

**Sand sculpture competition**  
**Monday 27, 1pm – 2:30pm**  
**Rossall Point Tower | Free**  
Join our rangers and the Lancashire Wildlife Trust to make marine animal shaped sandcastles on the beach. Bring your bucket and spade if you have them. No need to book.
Forest School
Tuesday 28, 1pm -3pm
Wyre Estuary Country Park | £3
Come to the park and have a go at learning some forest craft skills. Maximum 10 children per session. Booking essential.

Nature walk around Holmewood
Thursday 30, 1pm – 2:30pm
Scorton area | £3.50/£2.50
Join the rangers in search of wildlife around this beautiful woodland in the Scorton area. Grade moderate, 1-2 miles, please bring outdoor clothing and hill walking footwear. Booking essential.

Beachlife
Friday 31
11am – 12:30pm & 1pm -2:30pm Rossall Point Tower | £2.50
Wildlife themed beach activities for all the family. Parent/guardian must stay with children at all times. Please bring outdoor clothing and footwear. No need to book.

The Wildlife Trust’s National Marine Week
29 July - 13 August
www.livingseasnw.org.uk

JOIN THE FLEETWOOD PARKRUN FAMILY

WALK, JOG, RUN, VOLUNTEER
or simply come and watch – it’s up to you!

FREE & EASY TO TAKE PART
IMPROVE HEALTH & FITNESS
BE PART OF A COMMUNITY

Setting off on the promenade behind Fleetwood YMCA, FY7 6HF

9am Every Saturday

Register for free at www.parkrun.com
August

**Pilling Lane Ends butterfly identification walk**
Sunday 2, 1pm – 2pm
Lane Ends, Pilling | Free
Join the rangers to survey and identify the numerous butterfly species found within Wyre’s rich countryside. Grade: easy, parent/guardian must stay with child at all times. No need to book.

**Walk around Bleasdale**
Monday 3, 10:30am – 2pm
Bleasdale Parish Hall | £3.50/£2.50
Join us on our walk into rural Wyre. Grade: moderate, outdoor clothing and footwear, refreshments and a drink required. No need to book.

**Story time on the Beach**
Monday 3, 1pm – 2:30pm
Larkholme Grasslands, Rossall Hospital car park, West Way | Free
Join the Lancashire Wildlife Trust at the beach, where local story tellers will bring our favourite marine themed stories to life! No need to book.

**Larkholme Grasslands bugs and beasties**
Wednesday 5, 1pm – 2:30pm Larkholme Grasslands | £2.50
Join the rangers to investigate what wildlife lives in and around the coastal grasslands. Grade: easy, parents/guardians free but they must stay with their children at all times. Tramper and pushchair suitable. No need to book.

**Bugs and beasties at Hawthorne park**
Thursday 6, 10:30am – 12noon
Hawthorne Park, Thornton | £2.50
Join the rangers to investigate what wildlife lives in and around the park. Grade: easy, parents/guardians free but they must stay with their children at all times. Tramper and pushchair suitable. No need to book.

**Wyre conservation volunteer day - habitat houses**
Friday 7, 10am – 2:30pm
Thornton area | Items individually priced
Come along and create some homes (bug hotels) for our smaller wildlife. Please come dressed appropriately for the weather conditions, strong boots and gloves. Bring a packed lunch. Booking essential.

**Beach School**
Sunday 9, 1pm – 3pm
The Mount, Fleetwood | £3
Come along to the Mount and have a go at Beach School! Maximum 10 children per session. All children should be accompanied by an adult throughout the session. Suitable footwear and waterproof clothing should be worn. Booking essential.

**Sea shore detectives**
Monday 10, 12:30pm – 2pm
Fleetwood Beach, Central Car Park | Free
Join the rangers and Lancashire Wildlife Trust in search of signs of marine life on the seashore. No need to book.

**River dipping**
Tuesday 11, 10:30am – 12noon
Abbeystead | Free
Join the Wyre River Trust and Wyre Waters Catchment Partnership to find out about the wildlife living in the river. For more details please check www.wyreriverstrust.org and www.wyre.gov.uk/greatoutdoors. Booking essential.
Mini marine biologists  
Thursday 13  
Sessions between 12:30pm – 3:30pm  
Rossall Point Tower | Free  
Learn more about the incredible creatures living in our seas at this interactive workshop with the Lancashire Wildlife Trust! Drop in, activities take around 30 mins. No need to book.

Beachlife  
Friday 14, 11am – 12:30pm & 1pm - 2:30pm  
Rossall Point Tower | Free  
Wildlife themed beach activities for all the family. Parent/guardian must stay with children at all times. Please bring outdoor clothing and footwear. No need to book.

Forton and Lancaster Canal Tramper Trek  
Saturday 15, 10:30 – 2:30pm  
Forton area | £3.50/£2.50  
Explore the countryside tracks and paths around Forton either on foot, or on a Tramper. Grade: moderate for walkers, 6 miles, tramper available, binoculars useful, packed lunch required. Booking essential.

Wyre conservation volunteer day - Winmarleigh Moss  
Sunday 16, 10am – 2:30pm  
Winmarleigh area | Free  
Lowland raised bogs are important in the fight against climate change as they store vast quantities of carbon. Help us, in partnership with Lancashire Wildlife Trust, to tackle some of the issues surrounding these habitats. Please come dressed appropriately for the weather conditions, strong boots and gloves. Bring a packed lunch. Booking essential.

Nordic Walking taster  
Thursday 20, 12noon - 1pm  
Thornton area | Free  
Take part in a Nordic Walking taster with Ann Smith of Nordic Wyre and find out all about this great way to enjoy the outdoors.

To book contact Ann at nordicwyre@gmail.com or call 07587185680. Grade: easy, booking essential.

Sea Watch  
Thursday 20, 12noon – 2pm  
Rossall Point Tower | Free  
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too. Binoculars useful. No need to book.

Exploring Glasson Dock legstretcher  
Thursday 20, 6pm – 8pm  
Condor Green Car Park | £3.50/£2.50  
A 4 mile walk looking at the history of Glasson Dock and looking for wildlife on our travels. Grade: moderate, 5 miles, waterproof footwear required, light refreshments required. No need to book.

Bats and moths  
Saturday 22, 8:30pm - 10:30pm  
Hawthorne Park, Thornton | £2  
An exciting evening event looking for bats (8:30-9:30pm) with Dave McGrath and the Wyre Rangers, followed by a moth hunt with expert Dave and his moth trap (9:30-10:30pm). Contact Jenie Phillips on 01253 823516 for booking and information. Warm clothing and torch necessary. Booking essential.

Wyre conservation volunteer day - meadow management  
Sunday 23, 10am – 2:30pm  
Coastal | Free  
Wild flower meadow management is essential to the maintenance of the diversity in grassland. Please come dressed appropriately for the weather conditions, strong boots and gloves. Also recommended would be long sleeves and some insect repellent. Bring a packed lunch. Booking essential.
Geology of the beach - what is that pebble?
Tuesday 25, 11am - 1pm
Rossall Point Tower | £3.50/£2.50
Join local geology enthusiast Trevor Lund and the rangers for a stroll along the beach looking at the origin of the pebbles found there. We can look at our finds back in the Tower. Grade: moderate, boots or wellies recommended. Booking essential.

Wildlife explorer on the Green
Thursday 27, 11am – 12:30pm
Garstang | £2.50
Join wildlife Charlie for a fun morning finding out about wildlife on Garstang Millennium Green. Please bring outdoor clothing and footwear. Booking essential.

Forest school taster session
Friday 28, 1pm – 3pm
Wyre Estuary Country Park | £3
Drop into the park and have a go at learning some forest craft skills. No need to book.

Winmarleigh Moss walk
Sunday 30, 10:30am – 2pm
Winmarleigh | £3.50/£2.50
Join the Wyre countryside rangers and Lancashire Wildlife Trust’s Moss Officer for a visit to Winmarleigh Moss to discover this unique habitat, its butterflies and rare plants. Binoculars useful. Booking essential.

Beach School
Sunday 30, 1pm – 3pm
Rossall Point Tower | £3
Come along to the Rossall Point Tower and have a go at Beach School! Maximum 10 children per session. All children should be accompanied by an adult throughout the session. Suitable footwear and waterproof clothing should be worn. Booking essential.

Heritage Open Days 2020
Explore the heritage on your doorstep!
Friday 11 to Sunday 20 September

Every year in September, places across the country throw open their doors to celebrate their heritage, community and history. It’s your chance to see hidden places and try out new experiences - and it’s all free! This year in Wyre we have a number of walks, talks and tours and the chance to go inside some of our beautiful buildings.

Some of our upcoming 2020 events and open days...
500 years of Garstang
Heritage of the Wyre Estuary at Skippool
Autumn Birdwatch
Bleasdale Heritage Walks
Bleasdale - The lives of local people
History of Garstangs Churches
Civic Centre Guided Tour
Poulton Town Centre History Walk
Fleetwood Cemetery History Walk
History of the Memorial Park and Surrounding Area
Marine Hall
Marsh Mill Windmill
The Wildlife of Larkholme
Rossall Point Tower, Fleetwood
Fleetwood Museum
Lower Lighthouse, Fleetwood

For further details visit www.wyre.gov.uk or www.discoverwyre.co.uk
September

**Knott End and beyond Tramper trek**
Saturday 5, 10am – 2pm
Knott End | £3.50/£2.50
Explore the countryside tracks and paths from Knott End, either on foot, or on a Tramper. Grade: moderate for walkers, 6 miles, Tramper available, binoculars useful, packed lunch required. Booking essential.

**Out-Rawcliffe legstretcher**
Friday 11, 10:30am – 12:30pm Rawcliffe Hall Country Club and Caravan Park, Wyreside, Out Rawcliffe | £3.50/£2.50
A circular walk through local countryside and alongside the River Wyre. Grade: moderate, 4.75 miles. No need to book.

**Bat walk**
Friday 11, 7.30pm – 9.30pm
Wyre Estuary Country Park | £3.50/£2.50
Join the Wyre Rangers for a nighttime stroll in search of bats. Grade: easy. No need to book.

**Wyre conservation volunteer day - Winmarleigh Moss**
Sunday 13, 10am – 2:30pm
Winmarleigh area | Free
Lowland raised bogs are important in the fight against climate change as they store vast quantities of carbon. Help us, in partnership with Lancashire Wildlife Trust, to tackle some of the issues surrounding these habitats. Please come dressed appropriately for the weather conditions, strong boots and gloves. Bring a packed lunch. Booking essential.

**History of Memorial Park and surrounding area**
Wednesday 16, 10:30am – 11:30am
Memorial Park | Free
A walk with Dick Gillingham looking at the history and origins of Fleetwood’s Memorial Park. Donations welcome. Grade: easy, 2.5 miles approx. No need to book.

**Fleetwood Cemetery history walk**
Thursday 17, 10am – 12noon
Fleetwood Cemetery | Free
A chance to find out about the heritage of the cemetery and the people buried that helped shape, build and support Fleetwood town. Grade: easy. No need to book.

**Sea Watch**
Thursday 17, 11am – 1pm
Rossall Point Tower | Free
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too. Binoculars useful. No need to book.

**Bat Watch**
Saturday 19, 7:30pm – 9:30pm
Calder Vale | £3.50/£2.50

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**MCS National Beachwatch weekend**
19 - 20 September
Check www.mcsuk.org/beachwatch for more details.
**Wyre conservation volunteer day - meadow management**  
**Sunday 20, 10am – 2:30pm**  
**Fleetwood coast | Free**  
Wild flower meadow management is essential to the maintenance of the diversity in grassland. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Also recommended would be long sleeves and some insect repellent. Bring a packed lunch. Booking essential.

**Beachlife**  
**Sunday 20, 11am – 12:30pm & 1pm -2:30pm**  
**Rossall Point Tower | £2.50**  
Wildlife themed beach activities for all the family. Parent/guardian must stay with children at all times. Please bring outdoor clothing and footwear. No need to book.

**Autumn birds**  
**Sunday 20, 12noon – 1pm**  
**Rossall Point Tower | Free**  
Coastal birdwatch in search of waders, and birds on autumn migration. Grade: easy, 1 mile approx, binoculars useful, please bring outdoor clothing and footwear. No need to book.

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**Wyre conservation volunteer day - meadow management**  
**Tuesday 22, 10am – 2:30pm**  
**Fleetwood coast | Free**  
Wild flower meadow management is essential to the maintenance of the diversity in grassland. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Also recommended would be long sleeves and some insect repellent. Bring a packed lunch. Booking essential.

**Family craft day with the rangers**  
**Sunday 27, 11am – 3pm**  
**Wyre Estuary Country Park | Free**  
Discover your creative side with a variety of activities using wood and natural materials. Fun for all the family. Free to attend however individual activities may have a small charge. Tramper, wheelchair and pushchair accessible. Drop-in event, no need to book.

**Decimus Burton’s Fleetwood heritage walk**  
**Wednesday 30, 1pm – 3pm approx.**  
**Fleetwood Museum | Free**  
A heritage talk followed by a walk with Dick Gillingham looking at the architectural masterpieces of Fleetwood’s founding architect. Check with Fleetwood Museum nearer the time for more details. Donations welcome, indoor talk followed by walk. Grade: easy, maximum 1 mile. No need to book.

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**Be prepared for any weather conditions**  
Always wear appropriate footwear and waterproof clothing - even if the sun is shining!
October

**Walk Around Garstang**  
**Monday 5, 10:30am – 2pm**  
**Visit Garstang Centre | £3.50/£2.50** Join us on our walk into rural Wyre. Grade: moderate, outdoor clothing and footwear, refreshments and a drink required. No need to book.

**Bilsborrow legstretcher**  
**Friday 9, 10.30am – 12.30pm**  
**Guys Thatched Hamlet (car park near the cricket pavilion) | £3.50/£2.50**  
A pleasant circular walk which takes in part of the Lancaster Canal. Grade: moderate, 4 miles. No need to book.

**Wyre conservation volunteer day - woodland management**  
**Sunday 11, 10am – 2:30pm**  
**Thornton area | Free**  
Join the rangers to help manage our 10 year old woodland compartments to become the forests of the future. Using hand tools you will be instructed in basic woodland management. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Hot drink available, bring a packed lunch. Booking essential.

**Sea Watch**  
**Thursday 15, 10am – 12pm**  
**Rossall Point Tower | Free**  
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too. Binoculars useful. No need to book.

**Nordic Walking taster**  
**Thursday 15, 12noon - 1pm**  
**Thornton area | Free**  
Take part in a Nordic Walking taster with Ann Smith of Nordic Wyre and find out all about this great way to enjoy the outdoors. To book contact Ann at nordicwyre@gmail.com or call 07587185680. Grade: easy, booking essential.

**Autumn birdwalk**  
**Sunday 18, 11am – 12noon**  
**Rossall Point Tower | Free**  
Join the rangers to observe the migratory and over wintering birds on our coast. Grade easy, 1 mile approx., binoculars useful, bring warm clothes and footwear. No need to book.

**Wyre conservation volunteer day - woodland work**  
**Tuesday 20, 10am – 2:30pm**  
**Thornton area | Free**  
Join the rangers to help manage our 10 year old woodland compartments to become the forests of the future. Using hand tools you will be instructed in basic woodland management. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Hot drink available, bring a packed lunch. Booking essential.

**Leaves, conkers & pumpkins - autumnal storytime**  
**Saturday 24, 10am – 12noon**  
**Garstang Library | Free**  
Join Garstang Libraries storytime and read stories about autumn and make your own leaf man. Find out about the different types of trees and what changes nature goes through during autumn. Families welcome, parent or guardian must stay with children. No need to book.

**Wyre conservation volunteer day - invasive species control**  
**Sunday 25, 10:30am – 2:30pm**  
**Fleetwood coast | Free**
Invasive species out compete our native flora. These need to be controlled to help our riverside and dune habitats. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Also recommended would be long sleeves and some insect repellent. Hot drink available, bring a packed lunch. Booking essential.

**Bowland family art**  
*Sunday 25*  
**Scorton Area** | Free  
Take part in an art activity whilst enjoying the autumn colours of nature in the Scorton area. For more information please contact countryside@wyre.gov.uk. Booking essential.

**Spooky shark and ray eggcase hunt**  
*Tuesday 27, 1pm – 2:30pm*  
**Marine Beach, Central Car Park** | Free  
Join the Lancashire Wildlife Trust for an exploration of the beach in search of shark, skate and ray egg cases. Waterproof footwear advised. No need to book.

**Halloween craft day**  
*Thursday 29, 10:30am – 12noon*  
**Wyre Estuary Country Park** | £3.50  
Come and make spooky wooden characters with the rangers. Parent/guardian free but must stay with child. Booking essential to confirm your time slot.

**Spooky shark and ray eggcase hunt**  
*Thursday 29, 1pm – 2:30pm*  
**Rossall Beach, Cleveleys** | Free  
Join the Lancashire Wildlife Trust for an exploration of the beach in search of shark, skate and ray egg cases. Free, waterproof footwear advised. No need to book.

**Halloween crabbing**  
*Friday 30, 1pm – 2:30pm*  
**Fleetwood Model Yachting Lake** | Free  
Join the Lancashire Wildlife Trust to learn more about these cool crustaceans. Meet at the café kiosks above the lake. Crabbing gear will be available to buy. No need to book.

**Petrifying pumpkin carve**  
*Saturday 31, 11am – 1pm*  
**Memorial Park, Fleetwood** | Free  
Free pumpkin carving (first come first served), scary face painting and glitter tattoos, balloon crafting, scary lucky dip. Tea, coffee and hot chocolate served by the Friends Volunteers. There will be a small charge for individual activities as the Friends of the Memorial Park are fund raising. No need to book.

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In the UK, 18,000 tonnes of edible pumpkins end up being dumped each year, the equivalent weight of 1,500 double decker buses! Join us for delicious demonstrations on how you can transform your pumpkin guts into food for the whole family and carve your own pumpkin.

**The Pumpkin Roadshow**  
*FREE!*

- Monday 26 October  | Preesall Park
- Tuesday 27 October  | Wyre Estuary Country Park
- Thursday 29 October  | Poulton Town Centre
- Friday 30 October  | High Street Car Park, Garstang
November

**Wyre conservation volunteer day - hedgelaying**
Wednesday 4, 10am – 2:30pm
Thornton area | Free
Hedge laying is a traditional boundaries technique of partially cutting through the stems of hedgerow shrubs and laying them at 45° to create solid stock proof hedgerows. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Also recommended would be long sleeves. Bring a packed lunch. Booking essential.

**Claylands legstretcher**
Friday 13, 10:30am – 12:30pm
Claylands Reception Car Park | £3.50/£2.50
A country walk with views of the River Wyre, along country lanes, and picturesque woodland and fields. Grade: moderate, 4.25 miles. No need to book.

**Wyre and Myerscough hedgelaying competition**
Saturday 14, 9am – 4pm | Free
Part of a series of competitions in the Lancashire & Westmorland Hedgelaying Grand Prix. A free workshop for complete beginners will be held on the day, where you can try your hand at this ancient rural skill, under the expert guidance of a professional. For more information contact countryside@wyre.gov.uk Booking for workshop essential.

**Winter bird walk**
Sunday 15, 9am - 10am
Rossall Point Tower | Free
Join the rangers to observe the migratory and over wintering birds on our coast. Grade: easy, 1 mile approx, binoculars useful, please bring warm clothes and footwear. No need to book.

**Wyre conservation volunteer day - hedgelaying**
Sunday 15, 10am – 2:30pm
Thornton area | Free
Hedge laying is a traditional boundaries technique of partially cutting through the stems of hedgerow shrubs and laying them at 45° to create solid stock proof hedgerows. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Also recommended would be long sleeves. Bring a packed lunch. Booking essential.

**Wyre conservation volunteer day**
Sunday 29, 10am – 2:30pm
Fleetwood coast | Free
Conservation tasks as yet are to be confirmed but may include removal of invasive species, scrub clearance pathway maintenance or dune restoration work. Please come dressed appropriately for the weather conditions, strong boots and gloves. Hot drink available, bring a packed lunch. Booking essential.
December

**Wyre conservation volunteer day - woodland work**
Tuesday 1, 10am – 2:30pm
Thornton area | Free
Join the rangers to help manage our 10 year old woodland compartments to become the forests of the future. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Bring a packed lunch. Booking essential.

**Wreath workshop**
Saturday 5, 1pm - 3pm
Memorial Park | £10
Come along and craft your very own Christmas wreath! The sessions will include all materials, refreshments, mince pies and cake. For more information please call 01253 887613 or email parks@wyre.gov.uk. Booking essential.

**Wyre Estuary Country Park Christmas Fayre**
Sunday 6, 10am – 1pm
Wyre Estuary Country Park | Free
Christmas crafts with the rangers and stalls for all the family. Free to attend however some craft activities will be charged. For more information contact countryside@wyre.gov.uk. Drop in, no need to book.

**Garstang Victorian Festival woodcraft**
Tuesday 8, 6pm – 8pm
Visit Garstang Centre | £2.50
Join the rangers in the Visit Garstang Centre to make your own wooden decoration as part of the Garstang Victorian Festival. Drop in session, no need to book.

**Wyre Estuary legstretcher**
Friday 11, 10:30am – 12:30pm

**Wyre Estuary Country Park | £3.50/£2.50**
A country walk across fields, along lanes and the Wyre Estuary. Grade: moderate, 4 miles. No need to book.

**Wreath workshop**
Sunday 13, 1pm - 3pm
Memorial Park | £10
Come along and craft your very own Christmas Wreath! The sessions will include all materials, refreshments, mince pies and cake. For more information please contact 01253 887613 or email parks@wyre.gov.uk. Booking essential.

**Winter bird watch**
Sunday 13, 3:30pm – 4:30pm
Pilling Lane Ends | Free
Winter birdwatch with the rangers looking out for geese, wildfowl and any other winter bird visitors. Please bring binoculars if you have them and warm clothes and footwear. No need to book.

**Nordic Walking taster**
Thursday 17, 12noon - 1pm
Thornton area | Free
Take part in a Nordic Walking taster with Ann Smith of Nordic Wyre and find out all about this great way to enjoy the outdoors. To book contact Ann at nordicwyre@gmail.com or call 07587185680. Grade: easy, booking essential.

**Wyre conservation volunteer day - coastal conservation**
Sunday 20, 10:30am – 2:30pm Coastal | Free
Conservation tasks as yet are to be confirmed but may include removal of invasive species, scrub clearance pathway maintenance or dune restoration work. Please come dressed appropriately for the weather conditions, with strong boots and gloves. Hot drink available, bring a packed lunch. Booking essential.
January 2021

New Year - visit to the coast
Friday 1, 11am – 3pm
Rossall Point Tower | Free
If you are taking a New Year’s day stroll down the promenade, stop off at Rossall Point Tower to celebrate the New Year with a warming cup of mulled wine (non-alcoholic). Meet the rangers and take in the view on the first day of the year. Donations welcome, Tramper/wheelchair suitable. No need to book.

Stanah Squirrels is a monthly environmental/wildlife group for children aged 8 to 14 years. Nature walks, wildlife surveys, practical work and lots of fun.
For information call 07989 579351. Booking essential.

Come along to Wyre Estuary Country Park and join in one of our sessions in 2020!

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2020 sessions

**April**
- Friday 10, 11am - 3pm
  Wyre Estuary Country Park, Stanah

**May**
- Friday 29, 11am - 3pm
  Wyre Estuary Country Park, Stanah

**July**
- Monday 20, 1pm – 3pm
  The Mount, Fleetwood
- Friday 10, 11am - 3pm
  Wyre Estuary Country Park, Stanah
- Saturday 29, 1pm – 3pm
  Memorial Park, Fleetwood

Xplorer orienteering for kids
Xplorer is a family friendly navigation challenge using a simple map. The aim is to find a number of markers that are located around the park. At each marker children need to identify what is pictured and enjoy learning a fun fact. The start point is signposted on the day.

£1 per child

£0.50 per child
Health walks calendar

We offer a series of walks up to one hour long with 30 minute options available on certain routes. Our trained leaders take into account the pace of our walkers. All our health walks are free and there is no need to book. Everyone is welcome, no matter what their age or ability.

There is also a series of bump and buggy walks between March and September, which are perfect for new and expecting parents. Plenty of our walks are also accessible for wheelchairs, and some are Tramper friendly, where you can book an off-road motorised wheelchair for your use. These can be booked via the Visit Garstang centre, please call 01995 602125 or email garstangtic@wyre.gov.uk.

30 minute walks
1 mile approx., shown by a * in the listings

1 hour health walks
1-2 miles approx.

Tramper friendly walks
1 week notice is required to book a tramper onto a health walk, shown by (T) in the listings

Wheelchair accessible and buggy friendly walks
Shown graded All/Easy

Dog friendly walks
All health walks graded ‘Easy’ are suitable to bring a dog; which must be kept under close control at all times, and on a lead on request of the leader

Legstretchers
Progression walks, where you can try out a slightly more challenging route. These last approx. 2 hours with a small charge of £3.50 for adults/£2.50 for concessions (£)

Please arrive fifteen minutes before the start of the walk for a prompt departure. Our health walks are graded as follows:

1. All – relatively flat, surfaced paths, no stiles, suitable for wheelchairs and pushchairs, may include road crossings.
2. Easy – relatively level ground, fields, lanes and tracks, possibly with some gentle slopes, stiles or livestock.
3. Moderate – uneven ground, fields, lanes and tracks with some moderate slopes, expect stiles/ livestock.

Walk meeting locations are attached to the map at the back of this brochure.
## January

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## March

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<th>Time</th>
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<tbody>
<tr>
<td>Sun 1</td>
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<tr>
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<tr>
<td>Thurs 5</td>
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<td>Bump and Buggy, Wyreside Café, Stanah</td>
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<tr>
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<tr>
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### March

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### May

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### Garstang Walking Festival 2-10 May

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<td>Thurs 28</td>
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### June

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| Wed 24 | 10:30am | Memorial Park, Fleetwood | All T *
| Thurs 25 | 2pm | Stalmine - Seven Stars Pub | Moderate |
| Sat 27 | 2pm | Churchtown, St Helen’s Church | Moderate |
| Tue 30 | 10:30am | Barton Grange Garden Centre | Moderate |

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### August

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<td>Fri 21</td>
<td>2pm</td>
<td>The Shovels Pub, Hambleton</td>
<td>Easy</td>
</tr>
<tr>
<td>Sat 22</td>
<td>2pm</td>
<td>Chuchtown, St Helen’s Church</td>
<td>Moderate</td>
</tr>
<tr>
<td>Tue 25</td>
<td>2pm</td>
<td>Scorton Village Centre</td>
<td>Moderate</td>
</tr>
<tr>
<td>Wed 26</td>
<td>10:30am</td>
<td>Memorial Park, Fleetwood</td>
<td>All T</td>
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<tr>
<td>Thurs 27</td>
<td>2pm</td>
<td>Stalmine - Seven Stars Pub</td>
<td>Moderate</td>
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<tr>
<td>Sat 29</td>
<td>2pm</td>
<td>Marine Hall, Fleetwood</td>
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## September

<table>
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<tr>
<th>Date</th>
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<tbody>
<tr>
<td>Tue 1</td>
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<td>Singleton Church</td>
<td>Easy</td>
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<tr>
<td>Wed 2</td>
<td>10:30am</td>
<td>Knott End Cafe</td>
<td>Moderate T</td>
</tr>
<tr>
<td>Thurs 3</td>
<td>10:30am</td>
<td>Bump and Buggy, Wyreside Café, Stanah</td>
<td>All/Easy</td>
</tr>
<tr>
<td>Thurs 3</td>
<td>2pm</td>
<td>Carleton – Castle Gardens</td>
<td>Moderate</td>
</tr>
<tr>
<td>Sat 5</td>
<td>2pm</td>
<td>Chuchtown, St Helen’s Church</td>
<td>Moderate</td>
</tr>
<tr>
<td>Tue 8</td>
<td>2pm</td>
<td>Great Eccleston Village Centre</td>
<td>Moderate</td>
</tr>
<tr>
<td>Wed 9</td>
<td>10:30am</td>
<td>Wyre Estuary Country Park, Stanah</td>
<td>All/Easy T *</td>
</tr>
<tr>
<td>Fri 11</td>
<td>10:30am</td>
<td>Out Rawcliffe Legstretcher</td>
<td>Moderate £</td>
</tr>
<tr>
<td>Sat 12</td>
<td>2pm</td>
<td>Skippool Picnic Area, Thornton</td>
<td>Moderate</td>
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<tr>
<td>Tue 15</td>
<td>2pm</td>
<td>Marsh Mill Tavern, Thornton</td>
<td>Easy</td>
</tr>
<tr>
<td>Wed 16</td>
<td>10:30am</td>
<td>Visit Garstang Centre</td>
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<tr>
<td>Thurs 17</td>
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<td>Wed 23</td>
<td>10:30am</td>
<td>Memorial Park, Fleetwood</td>
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<tr>
<td>Thurs 24</td>
<td>2pm</td>
<td>Stalmine - Seven Stars Pub</td>
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<td>Friday 25</td>
<td>10:30am</td>
<td>Catterall Village Hall</td>
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<tr>
<td>Sun 27</td>
<td>2pm</td>
<td>Wyre Estuary Country Park, Stanah</td>
<td>All/Easy T *</td>
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<tr>
<td>Tue 29</td>
<td>2pm</td>
<td>Singleton Church</td>
<td>Easy</td>
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<tr>
<td>Wed 30</td>
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<td>St Michael’s, The Grapes</td>
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## October

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<td>Wed 7</td>
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<td>Knott End Cafe</td>
<td>Moderate T</td>
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<td>Fri 9</td>
<td>10:30am</td>
<td>Bilsborrow Legstretcher</td>
<td>Moderate £</td>
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<td>Sat 10</td>
<td>2pm</td>
<td>Skippool Picnic Area, Thornton</td>
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<tr>
<td>Tue 13</td>
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<td>Great Eccleston Village Centre</td>
<td>Moderate</td>
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<tr>
<td>Wed 14</td>
<td>10:30am</td>
<td>Wyre Estuary Country Park, Stanah</td>
<td>All/Easy T *</td>
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<tr>
<td>Fri 16</td>
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<td>The Shovels Pub, Hambleton</td>
<td>Easy</td>
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<tr>
<td>Sat 17</td>
<td>2pm</td>
<td>Chuchtown, St Helen’s Church</td>
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<tr>
<td>Tue 20</td>
<td>2pm</td>
<td>Marsh Mill Tavern, Thornton</td>
<td>Easy</td>
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<td>Wed 21</td>
<td>10:30am</td>
<td>Visit Garstang Centre</td>
<td>Moderate</td>
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<tr>
<td>Thurs 22</td>
<td>2pm</td>
<td>Stalmine - Seven Stars Pub</td>
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# Health walks

## October

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<tbody>
<tr>
<td>Sun 25</td>
<td>2pm</td>
<td>Wyre Estuary Country Park, Stanah</td>
<td>All/Easy T*</td>
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<tr>
<td>Tue 27</td>
<td>2pm</td>
<td>Scorton Village Centre</td>
<td>Moderate</td>
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<tr>
<td>Wed 28</td>
<td>10:30am</td>
<td>Memorial Park, Fleetwood</td>
<td>All T</td>
</tr>
<tr>
<td>Sat 31</td>
<td>10:30am</td>
<td>Cleveleys Community Centre</td>
<td>Easy *</td>
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## November

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<tbody>
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<td>Tue 3</td>
<td>2pm</td>
<td>Marsh Mill Tavern, Thornton</td>
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<tr>
<td>Wed 4</td>
<td>10:30am</td>
<td>Knott End Cafe</td>
<td>Moderate T</td>
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<tr>
<td>Sat 7</td>
<td>2pm</td>
<td>Marine Hall, Fleetwood</td>
<td>All T</td>
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<tr>
<td>Tue 10</td>
<td>2pm</td>
<td>Great Eccleston Village Centre</td>
<td>Moderate</td>
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<tr>
<td>Wed 11</td>
<td>10:30am</td>
<td>Wyre Estuary Country Park, Stanah</td>
<td>All/Easy T*</td>
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<tr>
<td>Fri 13</td>
<td>10:30am</td>
<td>Claylands Legstretcher</td>
<td>Moderate £</td>
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<tr>
<td>Sat 14</td>
<td>10:30am</td>
<td>Cleveleys Community Centre</td>
<td>Easy *</td>
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<tr>
<td>Tue 17</td>
<td>2pm</td>
<td>Marsh Mill Tavern, Thornton</td>
<td>Easy</td>
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<tr>
<td>Wed 18</td>
<td>10:30am</td>
<td>Visit Garstang Centre</td>
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<td>Sun 22</td>
<td>2pm</td>
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<td>Wed 25</td>
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<td>Memorial Park, Fleetwood</td>
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<tr>
<td>Sat 28</td>
<td>2pm</td>
<td>Marine Hall, Fleetwood</td>
<td>All T</td>
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## December

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<th>Date</th>
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<tbody>
<tr>
<td>Tue 1</td>
<td>2pm</td>
<td>Marsh Mill Tavern, Thornton</td>
<td>Easy</td>
</tr>
<tr>
<td>Wed 2</td>
<td>10:30am</td>
<td>Knott End Cafe</td>
<td>Moderate T</td>
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<tr>
<td>Sat 5</td>
<td>10:30am</td>
<td>Cleveleys Community Centre</td>
<td>Easy *</td>
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<tr>
<td>Tue 8</td>
<td>2pm</td>
<td>Great Eccleston Village Centre</td>
<td>Moderate</td>
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<tr>
<td>Wed 9</td>
<td>10:30am</td>
<td>Visit Garstang Centre</td>
<td>Moderate</td>
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<tr>
<td>Fri 11</td>
<td>10:30am</td>
<td>Wyre Estuary Country Park Legstretcher</td>
<td>Moderate £</td>
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<tr>
<td>Sat 12</td>
<td>2pm</td>
<td>Marine Hall, Fleetwood</td>
<td>All T</td>
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<tr>
<td>Tue 15</td>
<td>2pm</td>
<td>Marsh Mill Tavern, Thornton</td>
<td>Easy</td>
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<tr>
<td>Wed 16</td>
<td>10:30am</td>
<td>Memorial Park, Fleetwood</td>
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<tr>
<td>Sun 20</td>
<td>2pm</td>
<td>Wyre Estuary Country Park, Stanah</td>
<td>All/Easy T*</td>
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<td>Tue 29</td>
<td>2pm</td>
<td>Great Eccleston Village Centre</td>
<td>Moderate</td>
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<tr>
<td>Wed 30</td>
<td>10:30am</td>
<td>Knott End Cafe</td>
<td>Moderate T</td>
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</tbody>
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For more information or to book a Tramper, contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk

Photo: Two people sitting on a bench overlooking a coastal landscape.
Join our health ride leaders on an easy and sociable bike ride which will help improve cycling confidence all whilst enjoying the beautiful views of Wyre's coast and countryside.

**Locations**

**Fleetwood health rides** begin at Marine Hall. A great coastal stretch with spectacular views over Morecambe Bay.

**Wyre Estuary Country Park health rides** meet at the Wyreside Cafe at the park, and enjoy stunning views of the countryside and estuary.

**March**

**Wyre Estuary Country Park**
- Wednesday 4, 11, 18 & 25 • 2pm
- Friday 6, 13, 20 & 27 • 10:30am
- Sunday 8 • 10:30am
- Sunday 29 • 10:30am

**Fleetwood**
- Friday 3, 17, & 24 • 10:30am
- Monday 20 • 7pm

**May**

**Fleetwood**
- Friday 1, 15, 22 & 29 • 10:30am
- Monday 4 & 18 • 7pm

**Wyre Estuary Country Park**
- Wednesday 6, 13, 20 & 27 • 2pm
- Monday 11 • 7pm

**June**

**Wyre Estuary Country Park**
- Monday 1, 15 & 29 • 7pm
- Wednesday 3, 10, 17 & 24 • 2pm
- Friday 5, 12, 19 & 26 • 10:30am
- Monday 8 & 22 • 7pm

Adult bikes and helmets are provided subject to availability, first come first served.

Free - no need to book!
July
Wyre Estuary Country Park
Wednesday 1, 8, 15, 22 & 29 • 2pm

Fleetwood
Friday 3, 10, 17, 24 & 31 • 10:30am

Fleetwood
Monday 6 & 20 • 7pm

Wyre Estuary Country Park
Monday 13 & 27 • 7pm

August
Fleetwood
Monday 3 & 17 • 7pm

Wyre Estuary Country Park
Wednesday 5, 12, 19 & 26 • 2pm

Fleetwood
Friday 7, 14, 21 & 28 • 10:30am

Wyre Estuary Country Park
Monday 10 & 24 • 7pm

September
Wyre Estuary Country Park
Wednesday 2, 9, 16, 23 & 30 • 2pm

Fleetwood
Friday 4, 11, 18 & 25 • 10:30am

Fleetwood
Monday 7 & 21 • 7pm

Wyre Estuary Country Park
Monday 14 & 28 • 7pm

October
Fleetwood
Friday 2, 9, 16, 23 & 30 • 10:30am

Wyre Estuary Country Park
Wednesday 7, 14, 21 & 28 • 2pm

Fleetwood
Sunday 11 • 10:30am

For more information visit www.wyre.gov.uk/healthrides or contact the Volunteer Co-ordinator on 01253 887504 or email volunteering@wyre.gov.uk

Wyre Wheels

Wyre Wheels is a cycling programme offering participants the opportunity to ride adapted bicycles including trikes, side-by-sides, hand bikes, quad and wheelchair bikes.

We welcome anyone to attend the sessions, whether you are disabled, have limited mobility, are recovering from illness or injury, if you are elderly or just want to get back on a bike. Everyone is encouraged to participate!

For more information visit www.wyre.gov.uk/wyrewheels or email sportsdevelopment@wyre.gov.uk

Every Friday
1pm till 3pm
YMCA Fleetwood

Each session is £3.50 and your first one is free. No need to book, just turn up.
**Springtime**

We want everyone to enjoy the countryside at this beautiful time of year as new spring life is emerging. Please be aware there is a strong chance you will encounter sheep whilst out with your dog. It is also an important time for wading birds such as lapwing and curlew which breed in farmland. Please keep your dog on a lead at all times, especially when near farm animals and birds.

[www.forestofbowland.com](http://www.forestofbowland.com)

**On the coast**

We have two bathing beaches, one at Fleetwood and one at Cleveleys, which have a seasonal dog ban between 1 May and 30 September. During this period dogs are not allowed on these beaches which are indicated between two flags on each beach. In addition, along parts of the promenade dogs must be on a short lead and under control.

The coast will be patrolled by environmental enforcement officers. Please ensure you are aware of the controls in place.

During the ban period, dogs will be welcome on any of our other beaches.

Enjoy looking at birds and other wildlife from a safe distance and keep dogs on leads around high tide when birds are resting in groups.

All dog waste must be collected! Any bin will do. Make sure you have plenty of bags or scoops - don’t get caught out!

For more information check [www.wyre.gov.uk/dogs](http://www.wyre.gov.uk/dogs) and [www.lovemybeach.org](http://www.lovemybeach.org)
Beach cleans

Come along to any of our regular beach cleans to improve our coastal environment and tackle a global problem.

**Rossall Point Tower, Fleetwood**
Every Thursday, 10:30am – 12 noon
Enjoy a warming brew after the beach clean.

**Fleetwood Beach Care**
Monthly on a Saturday, 10:30am - 12 noon
Marine Beach Café near Central car park, off Promenade Road

**Cleveleys Beach Care**
Monthly on Sunday
10:30am – 11:30am
Start from Sea Swallow Statue (top of Victoria Road, Cleveleys). Come and join Cleveleys Beach Care to help make a difference.

**Harbour Village Clean Up**
Monthly on a Wednesday
10:30am – 11:30am
Meet at Windward Avenue (Harbour Village, Fleetwood)

**Knott End Beach Clean**
Monthly on a Tuesday
10:15am – 12 noon
Meet at Knott End car park (behind Coastguard Station). Check www.wyrerivertrust.org for details and date changes.

**Wyre Big Beach and Estuary Cleans/Family Beach Cleans**
Monthly on a Wednesday
10:30am – 12:30pm
Meet at different locations (see listings). Further details contact Visit Garstang on 01995 602125 or garstangtic@wyre.gov.uk

**Beach Clean and a Brew**
Monthly on a Monday
9:25am – 10:45am
Meet on Rossall Promenade (near the flagpole) FY5 1LP
Followed by a coffee at the Venue from 10:45am onwards. Ample parking, dress for the weather and bring suitable footwear for a pebble and shingle beach. Tel: 07813 962864 rossallbeach.org.uk

**Family Beach Clean**
Various dates, 10.30am – 12.30pm
Meet at different locations (see listings). Family friendly beach cleans! Further details contact Visit Garstang on 01995 602125 or garstangtic@wyre.gov.uk

For all beach cleans please wear suitable outdoor footwear, gloves and outdoor clothing. No experience needed. Equipment will be supplied.

Check www.lovemybeach.org for further details
**January**

<table>
<thead>
<tr>
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<th>Event Name</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Rossall Point Tower</td>
<td>Love My Beach</td>
<td>Thursday 2, 9, 16, 23, 30</td>
<td>10:30am – 12 noon</td>
<td>Fleetwood</td>
</tr>
<tr>
<td>Cleveleys Beach Care</td>
<td></td>
<td>Sunday 5</td>
<td>10:30am – 11:30am</td>
<td></td>
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<tr>
<td>Knott End Beach Clean</td>
<td></td>
<td>Tuesday 7</td>
<td>10:15am – 12 noon</td>
<td></td>
</tr>
<tr>
<td>Fleetwood Beach Care</td>
<td></td>
<td>Saturday 18</td>
<td>10:30am – 12 noon</td>
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<tr>
<td>Beach Clean and a Brew</td>
<td></td>
<td>Monday 24</td>
<td>9:25am – 11:30am</td>
<td>Rossall Beach, Cleveleys</td>
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<tr>
<td>Harbour Village Clean Up</td>
<td></td>
<td>Wednesday 26</td>
<td>10am - 11:30am</td>
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<tr>
<td>Wyre Big Estuary Clean Up</td>
<td></td>
<td>Wednesday 29</td>
<td>10:30am – 12:30pm</td>
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**February**

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<td>Knott End Beach Clean</td>
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<td>Tuesday 4</td>
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**March**

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<td>Knott End Beach Clean</td>
<td></td>
<td>Tuesday 3</td>
<td>10:15am – 12 noon</td>
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<tr>
<td>Rossall Point Tower</td>
<td></td>
<td>Thursday 5, 12, 19, 26</td>
<td>10:30am – 12 noon</td>
<td>Fleetwood</td>
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<tr>
<td>Wyre Big Estuary Clean Up</td>
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<td>Wednesday 18</td>
<td>10:30am – 12:30pm</td>
<td>Shard Bridge Booking essential</td>
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<tr>
<td>Beach Clean and a Brew</td>
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<td>Monday 23</td>
<td>9:25am – 11:30am</td>
<td>Rossall Beach, Cleveleys</td>
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<tr>
<td>Harbour Village Clean Up</td>
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<td>Wednesday 25</td>
<td>10am - 11:30am</td>
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<tr>
<td>Fleetwood Beach Care</td>
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<td>Saturday 28</td>
<td>10:30am – 12 noon</td>
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**April**

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<tbody>
<tr>
<td>Rossall Point Tower</td>
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<td>Thursday 2, 9, 16, 23, 30</td>
<td>10:30am – 12 noon</td>
<td>Fleetwood</td>
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<td>Cleveleys Beach Care</td>
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<td>Sunday 5</td>
<td>10:30am – 11:30am</td>
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<td>Family Beach Clean</td>
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<td>Sea Swallow Statue, Cleveleys</td>
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<td>Knott End Beach Clean</td>
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<td>Monday 20</td>
<td>9:25am – 11:30am</td>
<td>Rossall Beach, Cleveleys</td>
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<tr>
<td>Fleetwood Beach Care</td>
<td></td>
<td>Saturday 25</td>
<td>10:30am – 12 noon</td>
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</table>
Harbour Village Clean Up  
Wednesday 29  
10am - 11:30am

Wyre Big Estuary Clean Up  
Wednesday 29  
10:30am – 12:30pm  
Burrows Marsh, Stalmine  
Booking essential

May

Cleveleys Beach Care  
Sunday 3  
10:30am – 11:30am

Rossall Point Tower  
Love My Beach  
Thursday 7, 14, 21, 28  
10:30am – 12 noon  
Fleetwood

Knott End Beach Clean  
Tuesday 9  
10:15am – 12 noon

Fleetwood Beach Care  
Saturday 13  
10:30am – 12 noon

Cleveleys Beach Care  
Sunday 14  
10:30am – 11:30am

Beach Clean and a Brew  
Monday 15  
9:25am – 11:30am  
Rossall Beach, Cleveleys

June

Rossall Point Tower  
Love My Beach  
Thursday 4, 11, 18, 25  
10:30am – 12 noon  
Fleetwood

Knott End Beach Clean  
Tuesday 9  
10:15am – 12 noon

Fleetwood Beach Care  
Saturday 13  
10:30am – 12 noon

Cleveleys Beach Care  
Sunday 14  
10:30am – 11:30am

Harbour Village Clean Up  
Wednesday 24  
10am - 11:30am

Wyre Big Beach Clean Up  
Wednesday 24  
10:30am – 12:30pm  
Marine Beach, Fleetwood

July

Rossall Point Tower  
Love My Beach  
Thursday 2, 9, 16, 23, 30  
10:30am – 12 noon  
Fleetwood

Knott End Beach Clean  
Tuesday 7  
10:15am – 12 noon

August

Rossall Point Tower  
Love My Beach  
Thursday 6, 13, 20, 27  
10:30am – 12pm  
Fleetwood

Fleetwood Beach Care  
Saturday 8  
10:30am – 12 noon

Cleveleys Beach Care  
Sunday 9  
10:30am – 11:30am

Beach Clean and a Brew  
Monday 10  
9:25am – 11:30am  
Rossall Beach, Cleveleys
Knott End Beach Clean
Tuesday 11
10:15am – 12 noon

Harbour Village Clean Up
Wednesday 26
10am - 11:30am

Family Beach Clean
Wednesday 26
10:30am – 12:30pm
Marine Beach, Fleetwood

September

Rossall Point Tower
Love My Beach
Thursday 3, 10, 17, 24
10:30am – 12 noon
Fleetwood

Cleveleys Beach Care
Sunday 6
10:30am – 11:30am

Beach Clean and a Brew
Monday 7
9:25am – 11:30am
Rossall Beach, Cleveleys

Knott End Beach Clean
Tuesday 8
10:15am – 12 noon

MCS Beachwatch
Saturday 19
10am – 11am
Rossall Beach, Cleveleys

MCS Beachwatch
Sunday 20
2pm – 3pm approx
Rossall Beach, Cleveleys

October

Rossall Point Tower
Love My Beach
Thursday 1, 8, 15, 22, 29
10:30am – 12 noon
Fleetwood

Cleveleys Beach Care
Sunday 4
10:30am – 11:30am

Beach Clean and a Brew
Monday 5
9:25am – 11:30am
Rossall Beach, Cleveleys

Knott End Beach Clean
Tuesday 6
10:15am – 12 noon

Fleetwood Beach Care
Saturday 24
10:30am – 12 noon

Harbour Village Clean Up
Wednesday 30
10am - 11:30am

November

Beach Clean and a Brew
Monday 2
9:25am – 11:30am
Rossall Beach, Cleveleys

Rossall Point Tower
Love My Beach
Thursday 5, 12, 19, 26
10:30am – 12 noon
Fleetwood

Cleveleys Beach Care
Sunday 8
10:30am – 11:30am

Fleetwood Beach Care
Saturday 21
10:30am – 12 noon

Wyre Big Estuary Clean Up
Wednesday 25
10:30am – 12:30pm
Rossall Beach, Cleveleys

Wyre Big Beach Clean Up
Wednesday 23
10:30am – 12:30pm
Rossall Beach, Cleveleys

Fleetwood Beach Care
Saturday 26
10:30am – 12 noon

Harbour Village Clean Up
Wednesday 30
10am - 11:30am

Beach Clean and a Brew
Monday 30
9:25am – 11:30am
Rossall Beach, Cleveleys

Wyre Big Estuary Clean Up
Wednesday 28
10:30am – 12:30pm
Barnaby Sands – Booking essential.
December

Rossall Point Tower
Love My Beach
Thursday 3, 10, 17, 24, 31
10:30am – 12 noon
Fleetwood

Cleveleys Beach Care
Sunday 6
10:30am – 11:30am

Knott End Beach Clean
Tuesday 8
10:15am – 12 noon

Harbour Village Clean Up
Wednesday 16
10am - 11:30am

Fleetwood Beach Care
Saturday 19
10:30am – 12 noon

Beach Clean and a Brew
Monday 21
9:25am – 11:30am
Rossall Beach, Cleveleys

Lancashire’s Living Seas is an exciting new project led by the Lancashire Wildlife Trust.
Working in partnership with local authorities and organisations, Living Seas North West organise exciting wildlife events along the Lancashire coast. From marine mammal watches to searching for signs of life beneath the waves washed up on the beach, there is something for everyone!

Living Seas North West
livingseasnw  livingseasnw

Find out more at www.livingseasnw.org.uk

Wyre Ecology Courses 2020

Following on from the success of the 2018 Bioblitz and the 2019 Ecology days, which focused on the ecosystems of the Wyre Catchment, in 2020 we are concentrating on invertebrates. The courses will be held mainly at Wyre Estuary Country Park but will also be at a variety of other Wyre catchment locations. The courses are organised by Dr Alan Bedford and Jean Wilson MBE and supported by the Royal Society of Biology (RSB), Wyre Rivers Trust, Wyre Waters Catchment Partnership and Wyre Council.

To book, please contact countryside@wyre.gov.uk or RSB members please contact northwest@rsb.org.uk

May 2  Introduction to Invertebrate groups and surveying techniques

May 16  “Every Fly Counts”  (Order Diptera)

June 8  World Oceans Day  (Phylum Arthropoda including crustaceans)

June 27  Beetlemania  (Order Coleoptera)

July 4  Butterflies & Moths  (Order Lepidoptera)

July 16  Freshwater Invertebrates  (Orders Plecoptera, Ephemoptera, Trichoptera)
The seaside code

Respect, Protect, Enjoy!

Respect other people.

Consider the local community and other people enjoying the outdoors.

Leave gates and property as you find them and follow paths unless wider access is available.

Protect the natural environment.

Leave no trace of your visit and take your litter home.

Keep dogs under effective control.

Enjoy the outdoors.

Plan ahead and be prepared.

Follow advice and local signs.

In case of an emergency dial 999 and ask for Police and Mountain Rescue.

The countryside code

Respect, Protect, Enjoy!

Respect other people.

Consider the local community and other people enjoying the outdoors.

Leave gates and property as you find them and follow paths unless wider access is available.

Protect the natural environment.

Leave with just memories

Please leave things where you find them, and don’t take them home. Stones and pebbles on the beach look very attractive, but they are there for a reason. Removing stones from the beach will harm the many plants, animals and birds that live and feed amongst them.

Healthy and happy

Stay healthy by washing your hands after playing on the beach, and especially before you have anything to eat. Help the birds and animals stay alive by taking your litter home with you and clearing up after your dog. Discarded rubbish can kill.

Watch the tide

Make sure you know the times of the tides and keep checking so you don’t get cut off as the tide comes in.

Dog owners

Please keep your dog under control, there are restrictions in place. Clean up after a dog has fouled. www.wyre.gov.uk/dogs

Mind your step

Sand dunes are a fragile habitat and are also protected in the area.

If you see someone in difficulty at sea please dial 999 and ask for the Coastguard.

Local tide times are available from the Visit Fleetwood Information Centre at Marine Hall, Rossall Point Tower, Wyre Estuary Country Park and Visit Garstang Centre.
### Meeting Points

The map left shows the approximate locations of the meeting points for each walk or activity.

#### Location and postcode (where available)

<table>
<thead>
<tr>
<th>Location</th>
<th>Map Ref</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Apple Store Cafe, Snowhill Lane, Scorton PR3 1RA</td>
<td>SD509442</td>
</tr>
<tr>
<td>Barnaby Sands, Browns Lane, Stalmine FY6 0JG</td>
<td>SD352454</td>
</tr>
<tr>
<td>Barton Grange, Garstang Road, Brock PR3 0RB (Meet outside main entrance</td>
<td>SD510409</td>
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<tr>
<td>to Garden Centre)</td>
<td></td>
</tr>
<tr>
<td>Bleasdale Parish Hall, off Brock Rakes, Bleasdale PR3 1UY</td>
<td>SD574454</td>
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<tr>
<td>Brock Valley Picnic Site, Brock Mill Lane, Cloughton-on-Brock PR3 0PP</td>
<td>SD549431</td>
</tr>
<tr>
<td>Burrows Marsh, Browns Lane, Stalmine FY6 0JG</td>
<td>SD354452</td>
</tr>
<tr>
<td>Cabb – Northbound A6 Layby/Junction of Fowler Hill Lane, Preston</td>
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<tr>
<td>Lancaster Road A6 PR3 0JU</td>
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<tr>
<td>Calder Vale Village Green (Nr bridge, next to Mill), Calder Vale PR3 1SQ</td>
<td>SD533458</td>
</tr>
<tr>
<td>Castle Gardens Pub, Poulton Road, Carleton FY6 7NH</td>
<td>SD339402</td>
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<tr>
<td>Catterall Parish Hall, Garstang Road, Catterall PR3 1XN</td>
<td>SD498432</td>
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<tr>
<td>Claylands Caravan Site off the A6, Cabus PR3 1AJ</td>
<td>SD497485</td>
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<tr>
<td>Cobble Hey Farm and Gardens, Hobbs Lane, Cloughton-on-Brock PR3 0QN</td>
<td>SD536449</td>
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<tr>
<td>Cleveleys Community Centre, Beach Road, Cleveleys FY5 1ER</td>
<td>SD313432</td>
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<tr>
<td>Conder Green Car Park, Corricks Lane, Condor Green, Nr Lancaster LA2 0AN</td>
<td>SD457562</td>
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<tr>
<td>“Dronfield” (Sunken) Car Park, opposite the western end</td>
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<tr>
<td>of Dronfield Ave, Fleetwood</td>
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<tr>
<td>Fleetwood Cemetery - Beach Road, Fleetwood FY7 8PH</td>
<td>SD319478</td>
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<tr>
<td>Fleetwood Marsh Nature Reserve, end of Jameson Road, Fleetwood FY7 8TW</td>
<td>SD335464</td>
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<tr>
<td>Fleetwood Museum, 6-7 Queens Terrace, Fleetwood FY7 6BT</td>
<td>SD340483</td>
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<tr>
<td>Fluke Hall Car Park, Fluke Hall Lane, Pilling PR3 6HP</td>
<td>SD389500</td>
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<tr>
<td>Great Eccleston Village Centre (meet inside “Village Centre” building),</td>
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<tr>
<td>High Street, Great Eccleston PR3 0YA</td>
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<tr>
<td>Hambleton - Saltmarsh Lane (Fishery) FY6 9EL</td>
<td>SD369422</td>
</tr>
<tr>
<td>Harbour Village, Winward Avenue, Fleetwood FY7 6FE</td>
<td>SD336467</td>
</tr>
<tr>
<td>Hawthorne Park, Hawthorne Road, Thornton FY5 5EL</td>
<td>SD340418</td>
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<tr>
<td>Knott End Cafe, Bourne May Road, Knott End-on-Sea FY6 0EA</td>
<td>SD346484</td>
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<tr>
<td>Knott End Car Park, Quailholme Road, Knott End-on-Sea FY6 0EA</td>
<td>SD346484</td>
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<tr>
<td>Lane Ends Picnic Area, Back Sands Lane, Pilling PR3 6AU</td>
<td>SD415495</td>
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<tr>
<td>Larkholme Grasslands, Rossall Hospital car park, Westway, Fleetwood FY7</td>
<td>SD312454</td>
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<tr>
<td>Marine Beach, Central Car Park, The Esplanade, Fleetwood FY7 6QE</td>
<td>SD331483</td>
</tr>
<tr>
<td>Marine Hall, The Esplanade, Fleetwood FY7 6HF</td>
<td>SD331482</td>
</tr>
<tr>
<td>Memorial Park (cenotaph/pavilion), off Warrenhurst Road, Fleetwood FY7</td>
<td>SD328475</td>
</tr>
<tr>
<td>Marine Lake, Laidley’s Walk, Fleetwood, FY7 7HU</td>
<td>SD323480</td>
</tr>
<tr>
<td>Owd Nells/Guys Thatched Hamlet, St Michaels Road, Bilsborrow PR3 0RS</td>
<td>SD508396</td>
</tr>
<tr>
<td>Patten Arms, Park Lane, Winmarleigh PR3 0JU</td>
<td>SD479490</td>
</tr>
<tr>
<td>Pilling Village Centre, School Lane, Pilling PR3 6HB</td>
<td>SD404483</td>
</tr>
<tr>
<td>Pilling Playing Fields, Lancaster Road, Pilling FY6 0DY</td>
<td>SD362481</td>
</tr>
</tbody>
</table>

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**Wyre Way**

- **Blea Hall Country Club & Caravan Park**, Out Rawcliffe PR3 6TQ
- **Rossall Point**
  - **Observation Tower**
  - **Picnic and Play Area (Opposite Sea Cadets)**
  - **Sea Wall & Beach Craft**
- **The Seven Stars**, Hallgate Lane, Stalmine FY6 0LA
- **Tavern at the Mill**, Fleetwood Road North, Thornton FY5 4JZ
- **Skippool Picnic Area**, Wyre Road, Thornton FY5 5LF
- **Singleton Church**, Church Road, Singleton FY6 8LL
- **Shard (Bridge) Riverside Inn**, Old Bridge Lane, Hambleton FY6 9BT
- **Scorton - The Village Square**, Scorton PR3 1AU
- **Rawcliffe Hall Country Club & Caravan Park**, Out Rawcliffe PR3 6TQ
- **Rossall Point**
  - **Observation Tower**
  - **Picnic and Play Area (Opposite Sea Cadets)**
  - **Sea Wall & Beach Craft**
- **The Apple Store Cafe**, Snowhill Lane, Scorton PR3 1RA
- **Barnaby Sands**, Browns Lane, Stalmine FY6 0JG
- **Barton Grange**, Garstang Road, Brock PR3 0RB
- **Blea Hall Country Club & Caravan Park**, Out Rawcliffe PR3 6TQ
- **Rossall Point**
  - **Observation Tower**
  - **Picnic and Play Area (Opposite Sea Cadets)**
  - **Sea Wall & Beach Craft**
- **The Apple Store Cafe**, Snowhill Lane, Scorton PR3 1RA
- **Barnaby Sands**, Browns Lane, Stalmine FY6 0JG
- **Barton Grange**, Garstang Road, Brock PR3 0RB
- **Blea Hall Country Club & Caravan Park**, Out Rawcliffe PR3 6TQ
- **Rossall Point**
  - **Observation Tower**
  - **Picnic and Play Area (Opposite Sea Cadets)**
  - **Sea Wall & Beach Craft**
- **The Apple Store Cafe**, Snowhill Lane, Scorton PR3 1RA
- **Barnaby Sands**, Browns Lane, Stalmine FY6 0JG
- **Barton Grange**, Garstang Road, Brock PR3 0RB
- **Blea Hall Country Club & Caravan Park**, Out Rawcliffe PR3 6TQ
- **Rossall Point**
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  - **Sea Wall & Beach Craft**
- **The Apple Store Cafe**, Snowhill Lane, Scorton PR3 1RA
- **Barnaby Sands**, Browns Lane, Stalmine FY6 0JG
- **Barton Grange**, Garstang Road, Brock PR3 0RB
- **Blea Hall Country Club & Caravan Park**, Out Rawcliffe PR3 6TQ
- **Rossall Point**
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  - **Picnic and Play Area (Opposite Sea Cadets)**
  - **Sea Wall & Beach Craft**
- **The Apple Store Cafe**, Snowhill Lane, Scorton PR3 1RA
- **Barnaby Sands**, Browns Lane, Stalmine FY6 0JG
- **Barton Grange**, Garstang Road, Brock PR3 0RB
- **Blea Hall Country Club & Caravan Park**, Out Rawcliffe PR3 6TQ
- **Rossall Point**
  - **Observation Tower**
  - **Picnic and Play Area (Opposite Sea Cadets)**
  - **Sea Wall & Beach Craft**
- **The Apple Store Cafe**, Snowhill Lane, Scorton PR3 1RA
- **Barnaby Sands**, Browns Lane, Stalmine FY6 0JG
- **Barton Grange**, Garstang Road, Brock PR3 0RB
- **Blea Hall Country Club & Caravan Park**, Out Rawcliffe PR3 6TQ
Meeting Points

Location and postcode (where available)  

<table>
<thead>
<tr>
<th>Location and Postcode</th>
<th>Map Ref</th>
</tr>
</thead>
<tbody>
<tr>
<td>36. Rawcliffe Hall Country Club &amp; Caravan Park, Out Rawcliffe PR3 6TQ</td>
<td>SD416417</td>
</tr>
<tr>
<td>37. Rossall Beach (Cleveleys), Promenade North, off Thornton Gate, Cleveleys FY5 1LJ</td>
<td>SD312442</td>
</tr>
<tr>
<td>38. Rossall Point Picnic and Play Area (Opposite Sea Cadets), Princess Way, Fleetwood - FY7 8PQ (accessible parking for Rossall Point Tower - 10 min walk)</td>
<td>SD318479</td>
</tr>
<tr>
<td>39. Scorton - The Village Square, Scorton PR3 1AU</td>
<td>SD502488</td>
</tr>
<tr>
<td>40. Sea Swallow Statue, top of Victoria Road, Cleveleys</td>
<td>SD313429</td>
</tr>
<tr>
<td>41. Shard (Bridge) Riverside Inn, Old Bridge Lane, Hambleton FY6 9BT</td>
<td>SD370412</td>
</tr>
<tr>
<td>42. Singleton Church, Church Road, Singleton FY6 8LL</td>
<td>SD384383</td>
</tr>
<tr>
<td>43. Skippool Picnic Area, Wyre Road, Thornton FY5 5LF</td>
<td>SD357411</td>
</tr>
<tr>
<td>44. St Helen’s Church car park, Church Street, Churchtown PR3 0HT</td>
<td>SD481428</td>
</tr>
<tr>
<td>45. Tavern at the Mill, Fleetwood Road North, Thornton FY5 4JZ</td>
<td>SD336426</td>
</tr>
<tr>
<td>46. The Grapes, Garstang Road, St Michaels PR3 0TJ</td>
<td>SD461412</td>
</tr>
<tr>
<td>47. The Mount, The Esplanade, Fleetwood FY7 6EZ</td>
<td>SD391482</td>
</tr>
<tr>
<td>48. The Seven Stars, Hallgate Lane, Stalmine FY6 0LA</td>
<td>SD376454</td>
</tr>
<tr>
<td>49. The Shovels Pub, Green Meadow Lane, Hambleton FY6 9AL</td>
<td>SD371424</td>
</tr>
<tr>
<td>50. Tithebarn Park, Tithebarn Street, Poulton-le-Fylde FY6 7BX</td>
<td>SD344397</td>
</tr>
<tr>
<td>51. Visit Garstang Centre, Cherestanc Square, Park Hill Road, Garstang PR3 1EF</td>
<td>SD494455</td>
</tr>
<tr>
<td>52. Wyre Estuary Country Park, River Road, Stanah, Thornton FY5 5LR</td>
<td>SD356431</td>
</tr>
</tbody>
</table>

Circular walk routes starting from some of these locations are available on the website.  
www.wyre.gov.uk/walking

Disclaimer: The information contained within this publication is given in good faith on the basis of information submitted to Wyre Council. Wyre Council cannot guarantee the accuracy of the information and accepts no responsibility for any error or misrepresentation. Although efforts are made to ensure the accuracy of the publication at the time of going to press, changes can occur and it is advisable to contact the booking office prior to the event to confirm the information provided.

Some images in this publication are courtesy of Michael Coleran, Stefan Fish, Wyre Council staff and volunteers.
Discover the Forest of Bowland

The Forest of Bowland Area of Outstanding Natural Beauty (AONB) is a nationally protected landscape and is internationally important for its heather moorland, blanket bog and rare birds.

It is managed by a partnership of landowners, farmers, voluntary organisations, local councils and government agencies, who work to protect, conserve and enhance the natural and cultural heritage of this special area.

In Wyre, there are a variety of places such as Garstang, Scorton, Claughton, Calder Vale, Dolphinhome and Bleasdale where you can visit and experience the views, wildlife and heritage of the area.

Pop into the Visit Garstang Centre to take a look at the latest Discover Bowland information and Festival Bowland Programme to find out about activities and where you can walk and cycle in the area.

For more information visit www.forestofbowland.com