Wyre’s GREAT OUTDOORS 2019

* Walks
* Family activities
* Conservation days
* Beach cleans

Enjoy our coast, countryside and parks

wyre.gov.uk/walking
countryside@wyre.gov.uk
01995 602125

Follow us on:
Café, family friendly natural play and wildlife experience
Guided walks, health walks, tramper for hire, car park, play areas
Bridlepath, picnic areas, riverside walks

Coast, Countryside and Parks Volunteering

Do you love the outdoors? Enjoy meeting people?
Want to find out about wildlife? Try to get fit and keep fit?
Then volunteer with us in Wyre!

We are looking for people available at weekends who can offer us a few hours a week to join our team of enthusiastic volunteers.

For more information please contact the Volunteer Coordinator on 01253 887504 or email volunteering@wyre.gov.uk
Welcome and Information

Wyre’s great outdoors have so much to offer! Taking part in our events and activities is a great way to keep active, fit and well. You can explore Wyre’s coast, countryside, parks and green spaces by joining our health walks, guided walks, family activities and conservation days or by coming along to one of the many events taking place in our beautiful borough. In this brochure you’ll find a year round programme for all ages to enjoy.

Booking Information

Unless otherwise stated, you can book your place on activities at the Visit Garstang Centre:

Open Tuesday to Saturday
10.30am - 4.30pm daily
01995 602125
garstangtic@wyre.gov.uk
Visit Garstang Centre, Cherestanc Square,
Garstang PR3 1EF

How to pay

Please pay over the phone using a debit card by calling the Visit Garstang Centre on 01995 602125 or if you want to pay by cash visit the centre, which is open five days a week, Tuesday to Saturday. You can also pay by cheque made payable to WYRE COUNCIL and send your remittance to:

Countryside Bookings, Visit Garstang Centre, Cherestanc Square, Garstang, PR3 1EF.

Activity and Guided Walks Price Guide

A walk or activity with a £ symbol next to it will be charged as follows:

- Legstretchers 2 hours – Adults £3.50, Concessions and children £2.50
- Half day walks 1 – 4 hours – Adults £3.50, Concessions and children £2.50
- Full Day walks over 4 hours – Adults £4.50, Concessions and children £3.50

Health walks, guided walks up to one hour, beach cleans and conservation days – Free

Children’s activities £2.50 per child and family craft activities from £3.50

Other activities as advised by the organiser

Please note there will be additional charges for refreshments

If you would like this information in large print or an alternative language, please ring Wyre Council on 01253 891000.
Wyre Council, Civic Centre, Breck Road, Poulton-le-Fylde, Lancashire FY6 7PU
Information on walking grades

To help you decide which is the walk for you, wherever possible an approximate time and terrain guide has been given for each walk.

Terrain guide

Please note our Health Walks are graded from All to Moderate, most being Easy. Other walks vary.

* All – relatively flat, surfaced paths, no stiles, suitable for wheelchairs and pushchairs, may include road crossings.

* Easy – relatively level ground, fields, lanes and tracks, possibly with some gentle slopes, stiles or livestock.

* Moderate – uneven ground, fields, lanes and tracks with some moderate slopes, expect stiles/livestock.

* Hard – uneven ground, fields, lanes and tracks with some steeper climbs, expect stiles/livestock.

* Very Hard - limited paths, rough walking, steeper climbs, expect stiles/livestock.

* Tramper - suitable for people using trampers (see back page for hire details).

Poor weather

Please note a Ranger/Leader will be available at the start of an activity whatever the weather. In extreme conditions a decision will be taken on the day by the leader of the group whether or not to cancel.
Important information before you set off

* Please arrive at least 15 minutes before the start of all walks to allow for registration, putting boots on, etc.
* When attending an activity please take the advice of the leader. We reserve the right to refuse to take people on activities if we feel they are unsuitably equipped for the activity. If you intend to leave the event early inform your leader for your own safety. Please come dressed to match the type of activity and be prepared for all weather conditions even if the sun is shining with appropriate footwear and waterproof clothing.
* The finish times of the events/activities are approximate, please let the leader know if you need to return for a certain time at the start of the activity.
* If you cannot attend an activity that you have booked, if possible, let the leader or Visit Garstang staff know in good time so if there are reserves on the list they can be given the chance to attend the walk.
* Unfortunately dogs are not allowed on guided walks unless stated. This is because some of the activities cross farmland containing livestock or nature reserves with nesting birds.
* Dogs are allowed on some health walks and legstretcher, but dogs must be kept under close control at all times and on a lead, and you must clean up after them.
* Please check the suitability of the route for your dog before you attend. (Please note you must be able to get your dog over stiles).
* Please bring a drink particularly on the longer walks
* For some activities there may be things, such as binoculars, camera, etc. to bring with you.
* Children must be accompanied by a parent or guardian on all activities.
* If you have any medical conditions that the activity leader should know about, please mention this at the start of the activity. Check with your GP or health practitioner before you take part. Make sure you bring any medication you are taking with you on any walk or activity (eg. inhaler). Our health walks are a good starting point for people recovering from ill health.

Group Bookings

We cannot accommodate organised groups on the walks and some of the activities. If your group would like to take part, please contact Visit Garstang on 01995 602125.
January

New Year – Visit to the Coast
Tuesday 1  11am – 3pm
Rossall Point Tower, Fleetwood
If you are taking a New Year’s Day stroll down the prom, stop off at Rossall Point to celebrate the New Year with a warming cup of mulled wine (non-alcoholic). Meet the Rangers and take in the view on the first day of the New Year. Donations welcome, tramper/wheelchair suitable, dogs welcome.

Winter Birdwatch
Sunday 6  9am – 10am
Rossall Point Tower, Fleetwood
Join the Rangers to observe the migratory and over wintering birds on our coast. Free, grade easy, binoculars useful.

Stanah Squirrels
Wildlife Watch Group
Saturday 12  10am – 12/12:30pm
Wyre Estuary Country Park, Stanah
A monthly environmental/wildlife group for children aged 8 to 14 yrs. Nature walks, wildlife surveys, practical work and lots of fun.
For information call 07989 579351.
Booking essential
£1, parental consent forms required

Wyre Estuary Legstretcher
Friday 18  10:30am – 12:30pm
Wyre Estuary Country Park, Stanah
A country walk across fields, along lanes and the Wyre Estuary.
£3.50/2.50, grade: moderate, 4 miles, dogs welcome

Forest School - Bird Feeder Event
Saturday 19  1pm – 3pm
The Pavilion, Memorial Park, Fleetwood
Drop into the Pavilion on the park and build your own fat ball bird feeder and take part in our bird trail to learn more about our Memorial Park birds.
Free
All ages welcome, parent or guardian must attend workshop.

Rossall Point Tower Conservation Day
Sunday 20  11am – 2pm
Meet at the Tower in Fleetwood and try your hand at practical coastal conservation. Join us for a tea or coffee afterwards.
e: countryside@wyre.gov.uk
Free, outdoor clothing and footwear required.

Big Garden Bird Watch
Saturday 26  10am – 12pm
The Pavilion, Memorial Park, Fleetwood
Join the Ranger team on the park and take part in a national survey of garden birds as part of the Big Garden Bird Watch
All ages welcome, parent or guardian must attend with children
Free, grade: easy, binoculars useful

Big Garden Bird Watch
Sunday 27  9am – 10am
Hawthorne Park, Thornton
To identify and count the bird species to contribute to the countrywide RSPB survey. Families welcome.
Contact Jenie Phillips on 01253 823516 for more information.
Free, grade: easy, binoculars useful
Walks and Events Diary 2019

Big Garden Bird Watch
Sunday 27  2pm – 3pm
Wyre Estuary Country Park, Stanah
To identify and count the bird species to contribute to the countrywide RSPB survey. Families welcome. Free, grade: easy, binoculars useful

February

Winter Coastal Dusk Birdwatch
Sunday 3   3:30pm – 4:30pm approx.
Lane Ends, Pilling
Coastal birdwatching at Lane Ends in search of geese, seabirds, waders and ducks before and up to dusk Free, 1 hour approx.

Nordic Walking Taster
Thursday 7  2pm – 3pm
Take part in a Nordic walking taster with Ann Smith of Nordic Wyre and find out all about this great way to enjoy the outdoors. Booking essential Email nordicwyre@gmail.com or call 07587 185680 Free, grade: Easy

Rossall Point Tower
Conservation Day
Sunday 17   11am – 2pm
Meet at the Tower in Fleetwood and try your hand at practical coastal conservation. Join us for a tea or coffee afterwards. e: countryside@wyre.gov.uk Free, outdoor clothing and footwear required

Birdwatching for Kids
Wednesday 20  10:30am – 12pm
Wyre Estuary Country Park, Stanah Join the Rangers to see and hear what birds we can find around the park. £2.50 per child (parent/guardian free but must stay with child at all times) Grade: All, 1 mile, tramper, wheelchair and pushchair accessible, binoculars useful

Ranger Crafts
Wednesday 20  1pm - 3pm
Wyre Estuary Country Park, Stanah Drop in craft session using some materials found from the Wyre Estuary. £3.50 per child, parent/guardian free but must stay with child at all times

Claylands Legstretcher
Friday 15   10:30am – 12:30pm
Claylands Reception Car Park
A country walk with views of the River Wyre, along country lanes, and picturesque woodlands and fields. £3.50/2.50, grade: moderate, 4.25 miles, 2 hours.

Xplorer Orienteering for Children
Saturday 16  1pm - 3pm
The Pavilion, Memorial Park, Fleetwood
Xplorer is a fun family friendly navigation challenge using a simple map with the aim to find a number of markers that are located around the park. 50p per child

Stanah Squirrels
Wildlife Watch Group
Saturday 9   10am – 12/12:30pm
Wyre Estuary Country Park, Stanah
A monthly environmental/wildlife group for children aged 8 to 14 yrs. Nature walks, wildlife surveys, practical work and lots of fun. For information call 07989 579351. Booking essential £1, parental consent forms required

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Ranger Crafts
Wednesday 20  1pm - 3pm
Wyre Estuary Country Park, Stanah Drop in craft session using some materials found from the Wyre Estuary. £3.50 per child, parent/guardian free but must stay with child at all times
Crafty Afty
Saturday 23       11am - 3pm
Time Slots: 10 spaces available per session
11am – 11:45 am, 12noon – 12:45pm, 1pm – 1:45pm, 2pm – 2:45pm
The Pavilion, Memorial Park, Fleetwood
Join the team for crafts. Booking essential please ring 01253 891000.
£3 per child, all ages welcome, parent or guardian must attend workshop

Coastal Birdwatch
Sunday 10        12:30pm – 1:30pm approx
Lane Ends, Pilling
Coastal birdwatching at Lane Ends before and after high tide.
Free, 1 hour approx

Stargazing
Sunday 24        7.30pm – 9.30pm
Claughton area
Join Robert Ince for an evening of stargazing, wrap up warm!
Booking essential
e: robert.ince.uk@gmail.com
Prices available from the organiser

March

Introduction to
Winter Tree Identification
Sunday 3         10:30am – 12:30pm
Wyre Estuary Country Park, Stanah
Join the Rangers to look at basic winter tree identification using mainly buds and bark.
£3.50/2.50, grade: easy, 1 mile, 2 hours

Stanah Squirrels
Wildlife Watch Group
Saturday 9       10am – 12/12:30pm
Wyre Estuary Country Park, Stanah
A monthly environmental/wildlife group for children aged 8 to 14 yrs. Nature walks, wildlife surveys, practical work and lots of fun.
For information call 07989 579351.
Booking essential
£1, parental consent forms required

Preesall Legstretcher
Friday 15        10:30am – 12:30pm
Preesall Playing Fields, Sandy Lane, Preesall
A walk exploring the parish of Preesall, along tracks, paths and fields.
£3.50/2.50, grade: moderate, 2 hours, 4.25 miles

Rossall Point Tower
Conservation Day
Sunday 17       11am – 2pm
Meet at the Tower in Fleetwood and try your hand at practical coastal conservation.
Join us for a tea or coffee after.
e: countryside@wyre.gov.uk
Free, outdoor clothing and footwear required

Sea Watch
Thursday 21      10:30am – 12:30pm
Rossall Point Tower, Fleetwood
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by.
There will be plenty of seabirds to admire from the top deck too.
Free, no need to book, binoculars useful

Xplorer Orienteering for
Children
Saturday 23     11am - 3pm
Wyre Estuary Country Park, Stanah
Xplorer is a fun family friendly navigation challenge using a simple map with the aim to find a number of markers that are located around the park.
50p per child
Mother’s Day Crafts
**Sunday 24**  
12noon - 3pm
Time slots: 10 spaces available per session
12noon – 12:45pm; 1pm – 1:45pm; 2pm – 2:45pm
The Pavilion, Memorial Park, Fleetwood
Join the Memorial Park team for Mother’s Day crafts.
**Booking essential**, please ring 01253 891000.
£3.00 per child, all ages welcome, parent or guardian must attend workshop

### Demonstration Garden Open Day
**Saturday 30**  
11am – 3pm
The Pavilion, Memorial Park, Fleetwood
Our gardening volunteers invite you to join us for a tour of the demonstration garden. The event will feature crafts, plant sales and refreshments are available.
Free entry

### Winter Fell Walk
**Sunday 31**  
10am – 4pm
Forest of Bowland – Dunsop area
A walk across Whin Fell following the River Dunsop and viewing the Brennand stones. Please wear appropriate clothing for upland fells and boggy ground conditions.
**Booking essential**
£4.50/3.50, grade: very hard, 10 miles, 450m ascent, 6 hours, packed lunch required

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### April

#### Monday Walk Around Garstang
**Monday 1**  
10:30am – 2pm
Visit Garstang Centre
A walk along fields and tracks around Garstang.
£3.50/£2.50, grade: moderate, 3.5 hours, 5-6 miles, outdoor clothing, footwear, refreshments and a drink required

#### Nordic Walking Taster
**Thursday 4**  
2pm - 3pm
Take part in a Nordic Walking Taster with Ann Smith of Nordic Wyre and find out all about this great way to enjoy the outdoors.
**Booking essential**
Email nordicwyre@gmail.com or call 07587 185680
Free, grade: easy

#### Early Spring Bird Watch
**Sunday 7**  
9am – 10am
Visit Rossall Point Tower to watch the spectacle of birds on the bay.
Free, grade: easy, binoculars useful

#### Great Eggcase Hunt
**Tuesday 9**  
10am – 11:30am
Rossall Beach, Cleveleys
Join the Lancashire Wildlife Trust Marine and Community team for an exploration of the beach in search of egg cases on the strandline.
Free, waterproof footwear advised

#### Great Eggcase Hunt
**Friday 12**  
10.30am – 12noon
Fleetwood Beach, Central Car Park
Join the Lancashire Wildlife Trust Marine and Community team for an exploration of the beach in search of egg cases on the strandline.
Free, waterproof footwear advised
Winmarleigh Legstretcher
Friday 12  10:30am – 12:30pm
Patten Arms, Winmarleigh
A pleasant circular walk taking in the Lancaster Canal.
£3.50/2.50, grade: moderate, 4 miles

Stanah Squirrels
Wildlife Watch Group
Saturday 13  10am – 12/12:30pm
Wyre Estuary Country Park, Stanah
A monthly environmental/wildlife group for children aged 8 to 14 yrs. Nature walks, wildlife surveys, practical work and lots of fun. For information call 07989 579351.
Booking essential
£1, parental consent forms required

Curlews and Hares
Sunday 14  8am -10am
Bleasdale
Join the Rangers in search of springtime and upland wildlife.
Booking essential.
£3.50/2.50, grade: moderate, 2 hours, binoculars useful

Beginners Guide to Birds of the Wyre Estuary Country Park
Wednesday 17  10am – 11:30am
Wyre Estuary Country Park, Stanah
Join the Rangers to look at woodland birds, waders and wildfowl found on the estuary. Please wear appropriate clothing.
£3.50/2.50, grade: easy, 2 miles, 2.5 hours, binoculars useful

Easter Crafts at Stanah
Wednesday 17  1:30pm – 3pm
Wyre Estuary Country Park, Stanah
Come and make wooden Easter bunnies with the Rangers.
£3.50 per child, parent/guardian free but must stay with child at all times

Early History of Fleetwood
1836 - 1847
Wednesday 17  1:30pm – 3pm approx.
Fleetwood Museum
A heritage walk with Dick Gillingham looking at the people and buildings associated with the history of Fleetwood. Check with Fleetwood Museum nearer the time for more details.
Donations accepted, grade: easy, max. 2 miles, 1.5 -2 hours

Sea Watch
Thursday 18  10:30am – 12:30pm
Rossall Point Tower, Fleetwood
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too.
Free, no need to book

Xplorer Orienteering for Children
Saturday 20  1pm - 3pm
The Pavilion, Memorial Park, Fleetwood
Xplorer is a fun family friendly navigation challenge using a simple map with the aim to find a number of markers that are located around the park.
50p per child

Easter Eggstravaganza
Monday 22  2pm—3pm
Hawthorne Park, Thornton
Easter Egg Hunt/Egg Throwing Competition/Nature Quiz. The Big Easter Chicken will be in attendance! Family fun with small prizes.
For information contact Jenie Phillips on 01253 823516.
£1 per child (open to age 11 and under)

Whimbrel Watch
Thursday 25  8pm - 10pm
Barnacre
Come and watch the spectacular sight as these beautiful birds fly in to roost at dusk.
Booking essential
£3.50/2.50, grade: easy, 2 hours
Lapwings and Hares
Tramper Trek
Saturday 27    10am – 12:30pm
Claughton
Join the countryside Rangers to look for lapwings (and hopefully their chicks) and maybe a hare or two. Walkers welcome. Booking essential £3.50/2.50, grade: hard, 2.5 hours, tramper available, binoculars useful

Rossall Point Tower
Conservation Day
Sunday 28    11am – 2pm
Meet at the Tower in Fleetwood and try your hand at practical coastal conservation. Join us for a tea or coffee afterwards.
e: countryside@wyre.gov.uk
Free, outdoor clothing and footwear required

May

Evening Springtime Wildlife Explorer
Wednesday 1      7pm – 9pm
Brock Valley
Join the Ranger team to enjoy the evening sights and sounds of springtime wildlife of the Brock Valley. Booking essential £3.50/2.50, grade: moderate, 2 hours, 2 miles approx, drink required, binoculars useful

Garstang Walking Festival
Saturday 4 – Sunday 12
The 2019 Walking Festival is co-ordinated by the Friends of Garstang Walking Festival supported by Wyre Council. There are nine days of walks celebrating springtime. Pick up a separate brochure, or visit wyre.gov.uk/garstangwalkingfestival or pop into Visit Garstang Centre.

NORDIC WALKING
Would you like to be part of our friendly, social walking group and help improve your health and fitness? Then you should join us Nordic Walking

Regular local weekly walks in Cleveleys, Fleetwood and Thornton and longer walks on Sundays further afield.

Contact: Ann
e: nordicwyre@gmail.com  t: 07587 185680

Book at Visit Garstang 01995 602125
Springtime Wildlife Walk around Garstang
Saturday 4 8am – 10am
Garstang
A stroll around Garstang and Barnacre in search of springtime wildlife.
Booking essential.
£3.50/2.50, grade: moderate, 2 hours, 4 miles approx, drink, binoculars useful

Walk the Wyre Way
3-Day Challenge
Saturday 4, Sunday 5 and Monday 6
Times vary
Wyre
For those who like a challenge, or enjoy longer walks, why not walk 33 miles of the Wyre Way from sea to source. This three-day walk follows the course of the River Wyre.
Day 1: Knott End - St. Michaels
Day 2: St. Michaels - Dolphinholme
Day 3: Dolphinholme - Tarnbrook Loop
Booking essential - each day to be booked separately.
Cost: £10 for days 1 and 2, £4.50 for day 3.
Grade: hard, length: approx. 9.5 to 13.5 miles per day. Bring: packed lunch and drink

Spring Bird Watch
Sunday 5 9am – 10am
Rossall Point Tower, Fleetwood
Visit Rossall Point Tower to watch the spectacle of birds on Morecambe Bay.
Free, grade: easy, binoculars useful

Springtime Wildlife around Nicky Nook
Sunday 5 10am – 12:30pm
Scorton Village
A walk in search of springtime wildlife, bring your dog with you too.
Booking essential.
£3.50/2.50, grade: hard, 2.5 hours, drink, binoculars useful

Bluebell Walk
Sunday 5 11am – 12noon
and every Sunday in May 12, 19 and 26
Calder Vale Village Green
A short walk in Calder Vale taking in the spring wildlife of the Bluebell woods. At the end of the walk you can take part in a Bluebell Tea at the Village Hall (extra charge).
Free, grade: moderate, (but with some steep inclines), 1 hour, 1-2 miles, binoculars useful

Dunsop Valley Ramble and Tramper Trek
Thursday 9 11am – 2pm
Dunsop Valley
Explore the Dunsop Valley deep in the Forest of Bowland either on foot or by tramper. WC at start. Pay and display car park.
Booking essential.
£3.50 / 2.50, grade: moderate, 4 miles, tramper available, packed lunch and drink required, binoculars useful

Nicky Nook Challenge
Tramper Trek
Friday 10 10am – 3pm
Scorton
Join our tramper trek, where we attempt to go where you never dreamed possible – up Nicky Nook (weather permitting) – walkers welcome to join us too.
Booking essential.
£4.50/3.50, grade: hard, 5 hours, tramper available, packed lunch and drink required, binoculars useful

Bilsborrow Legstretcher
Friday 10 6:30pm – 8:30pm
Guys Thatched Hamlet (car park near the cricket pavilion)
A pleasant circular walk which takes in part of the Lancaster Canal.
£3.50/2.50, grade: moderate, 4 miles
Walks and Events Diary 2019

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Wildlife Watch Group
Saturday 11     10am – 12/12:30pm

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Booking essential
£1, parental consent forms required

Sea Watch
Thursday 16     9am – 11am

Rossall Point Tower, Fleetwood
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too.

Free, no need to book

Bleasdale Tower Gardens
Saturday 18 & Sunday 19     12pm – 4:30pm

Bleasdale
Enjoy the beautiful surrounding of Bleasdale. Open weekend with stalls plus a guided walk each day.

Entrance fee, no need to book

Brock Bird Walk
Sunday 19     9am – 10am

Brock Valley Picnic Area
Join the Rangers for a morning walk in search of woodland birds in the Brock Valley.

Free, grade: easy, binoculars useful

Port of Fleetwood
Wednesday 22     1:30pm – 3pm approx.

Fleetwood Museum
A heritage walk with Dick Gillingham looking at the people and buildings associated with the history of Fleetwood. Check with Fleetwood Museum nearer the time for more details.

Donations welcome, grade: easy, max. 2 miles, 1.5 -2 hours

Memorial Park Circus School
Saturday 25     1pm – 4pm

Memorial Park, Fleetwood
Come along and have a go at learning circus skills such as diablos and tight wire, with Blackpool Circus School.

Free

Rossall Point Tower Conservation Day
Sunday 26     11am – 2pm

Meet at the Tower in Fleetwood and try your hand at practical coastal conservation.

Join us for a tea or coffee afterwards.

e: countryside@wyre.gov.uk

Free, outdoor clothing and footwear required

Xplorer Orienteeering for Children
Sunday 26     1pm - 3pm

The Pavilion, Memorial Park, Fleetwood
Xplorer is a fun family friendly navigation challenge using a simple map with the aim to find a number of markers that are located around the park.

50p per child

Great Eggcase Hunt
Tuesday 28     10am – 11:30am

Rossall Beach, Cleveleys
Join the Lancashire Wildlife Trust Marine and Community team for an exploration of the beach in search of egg cases on the strandline.

Free, waterproof footwear advised

Wyresdale Springtime Ramble
Tuesday 28     10am – 3pm

Scorton area
A walk exploring wyresdale fells and rivers with a chance to spot springtime wildlife along the way.

Booking essential
£4.50 /£3.50, grade: hard, 11 miles approx., 5 hours approx, 180 ascent approx
Creepy Crawlies at Stanah
Wednesday 29               10am – 11:30am
Wyre Estuary Country Park, Stanah
Fun for all the family, discover the wonderful world of creepy crawlies with the Rangers.
£2.50 per child (parent/guardian free but they must stay with their child at all times)

Xplorer Orienteering for Children
Wednesday 29               11am – 3pm
Wyre Estuary Country Park, Stanah
Xplorer is a fun family friendly navigation challenge using a simple map with the aim to find a number of markers that are located around the park.
50p per child

Splodgematic
Friday 31               12noon – 3pm
The Pavillion, Memorial Park, Fleetwood
Come and create colourful pictures to take home with this fun cycle powered splodgematic painting machine!
Free

Great Eggcase Hunt
Friday 31               1:30pm – 3pm
Fleetwood Beach, central car park
Join the Lancashire Wildlife Trust Marine and Community team for an exploration of the beach in search of egg cases on the strandline.
Free, waterproof footwear advised

June

Trough Tramper Trek
Saturday 1               10:30am – 3pm
Forest of Bowland
Join our tramper trek, where we explore the Langden Valley tracks (weather permitting) – walkers welcome to join us too.
Booking essential
£4.50/3.50, grade: hard, 4.5 hours, tramper available, packed lunch required, binoculars useful

Monday Walk Around Scorton
Monday 3               10:30am – 2pm
Scorton Village Centre
Join us on our monthly Monday walk into rural Wyre.
£3.50/2.50, grade: moderate, 5-6 miles, outdoor clothing and footwear, refreshments and a drink required, 3.5 hours

Balsam Bashing Bonanza
Tuesday 4, 18 and Wednesday 5, 19               10am –11:30am & 1pm-2:30pm
Join the Wyre Ranger team and River Wyre Partnership on their mission to reduce the impact of Himalayan Balsam on our native wildlife at a variety of locations in the Wyre River Catchment. Followed by a brew and biscuit.
Booking essential
Outdoor clothing & waterproof footwear required, gloves and tools provided.

Sea Watch
Thursday 6               1pm – 3pm
Rossall Point Tower, Fleetwood
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too.
Free, no need to book
Walks and Events Diary 2019

Stanah Squirrels
Wildlife Watch Group
Saturday 8  10am – 12/12:30pm
Wyre Estuary Country Park, Stanah
A monthly environmental/wildlife group for children aged 8 to 14 yrs. Nature walks, wildlife surveys, practical work and lots of fun. For information call 07989 579351.
Booking essential
£1, parental consent forms required

Wildflowers of the Dunes
Thursday 20  1pm – 2pm
Rossall Point Tower, Fleetwood
Join the Rangers for a stroll along the dunes looking at the flowers of the dunes. Free, grade: easy, 1 mile

World Oceans Day Beach Craft
Saturday 8  11am – 2:30pm
Last session at 2pm
Rossall Point Tower, Fleetwood
Drop in and take part in finding out about the wildlife of our oceans and make crafts from driftwood and beach treasures. £2.50 per child, parent/guardian must stay with child at all times.

The Development of Fleetwood`s Seafront
Wednesday 12  1:30pm - 3pm approx.
Fleetwood Museum or The Mount tbc
A heritage walk with Dick Gillingham looking at the people and buildings associated with the history of Fleetwood. Check with Fleetwood Museum nearer the time for more details
Donations welcome, grade: easy, max. 2 miles

Scorton Legstretcher
Friday 21  10:30am – 12:30pm
Scorton Picnic Site
A low level walk around Wyre lakes and through woodland observing wildlife.
£3.50/2.50, grade: Moderate, 2 hours, 4 miles

Rossall Point Tower Conservation Day
Sunday 23  11am – 2pm
Meet at the Tower in Fleetwood and try your hand at practical coastal conservation. Join us for a tea or coffee afterwards.
e: countryside@wyre.gov.uk
Free, outdoor clothing and footwear required

Winmarleigh Moss Walk
Sunday 16  10:30am – 2pm
Winmarleigh
Join the Rangers for a visit to the special wild place that Winmareigh Moss is.
Booking essential
£3.50/2.50 grade: hard (level but challenging terrain)

Nordic Walking Taster
Thursday 27  2pm - 3pm
Take part in a Nordic Walking Taster with Ann Smith of Nordic Wyre and find out all about this great way to enjoy the outdoors.
Booking Essential
Email nordicwyre@gmail.com or call 07587 185680
Free, grade: easy
**Beach Craft**

**Sunday 7**  
**11am – 2:30pm**

**Drop in – last session 2pm**

**Rossall Point Tower**

Fun crafts made from driftwood and beach treasures.  
£2.50 per child, parent/guardian must stay with child at all times

**Music on the Park**

**Sunday 7**  
**2:30pm - 4:15pm**

**Hawthorne Park, Thornton**

Bring a picnic and the family. No charge but there will be a collection for park funds. For more information on this music event please contact Jenie Phillips 01253 823516.

Free, tramper, wheelchair and pushchair accessible

**Out-Rawcliffe Legstretcher**

**Friday 12**  
**10:30am – 12:30pm**

**Rawcliffe Hall Country Club & Caravan Park, Wyreside, Out Rawcliffe**

A circular walk through local countryside and alongside the River Wyre.  
£3.50/2.50, grade: moderate, 2 hours, 4.75 miles

**Stanah Squirrels**

**Wildlife Watch Group**

**Saturday 13**  
**10am – 12/12:30pm**

**Wyre Estuary Country Park, Stanah**

A monthly environmental/wildlife group for children aged 8 to 14 yrs. Nature walks, wildlife surveys, practical work and lots of fun. For information call 07989 579351.  
Booking essential  
£1, parental consent forms required

**Outdoor Theatre – Cat In The Hat**

**Saturday 13**  
**Two showings**  
**11.30am – 12.30am & 2pm – 3pm**

**Memorial Park, Fleetwood**

Come and see Dr Seuss’ Cat in the Hat in the wonderful outdoor setting at Memorial Park.
Walks and Events Diary 2019

Fleetwoods Outward Expansion from 1918
Wednesday 17  1:30pm – 3.30pm
Marine Hall, Fleetwood
A heritage walk with Dick Gillingham looking at the people and buildings associated with the history of Fleetwood. Check with Fleetwood Museum nearer the time for more details.
Donations accepted, grade: easy, max. 2 miles, 1.5 -2 hours.

Fell View, Fords, Tracks and Trails
Thursday 18  10.30am – 2pm
Scorton
A walk/tramper trek looking for wildlife around the picturesque parish of Nether Wyresdale, taking you off the beaten track, for part of the way, with access by special permission to the tracks around Foxhouses Lakes. WC at start.
Booking essential
£3.50 / 2.50, grade: moderate/hard, tramper suitable, packed lunch & drink required, binoculars useful. Approx. 4 miles

Grassland Butterfly and Bug Hunt
Thursday 25  1pm – 2pm
Larkholme Grasslands, West Way car park
Join the Rangers for a hunt in search of the wildlife of Larkholme Grasslands.
Free, grade: easy, parent/guardian must stay with child at all times.

Beach Craft
Friday 26  11am – 2:30pm
Drop in – last session 2.00pm
Rossall Point Tower, Fleetwood
Fun crafts made from driftwood and beach treasures.
£2.50, parent/guardian must stay with child at all times.

Crafty Afty – Summer Crafts
Saturday 27  12noon - 3pm
Time slots: 10 spaces available per session
12noon – 12:45pm; 1pm – 1:45pm; 2pm – 2:45pm
The Pavilion, Memorial Park, Fleetwood
Join the Memorial Park team and take part in fun summer crafts.
Booking essential please ring 01253 891000. £3 per child, parent/guardian must stay with child at all times.

Early Autumn Bird Watch
Sunday 28  9am - 10am
Rossall Point Tower, Fleetwood
Join the Rangers to catch the early autumn migration.
Free

Rossall Point Tower Conservation Day
Sunday 28  11am – 2pm
Meet at the Tower in Fleetwood and try your hand at practical coastal conservation. Join us for a tea or coffee afterwards.
e: countryside@wyre.gov.uk
Free, outdoor clothing and footwear required

Xplorer Orienteering for Children
Sunday 28  1pm - 3pm
The Pavilion, Memorial Park, Fleetwood
Xplorer is a family friendly navigation challenge using a simple map. The aim is to find a number of markers that are located around the park.
50p per child

Marine Life Sandcastle making
Wednesday 31  2pm - 3.30pm
Rossall Point Tower, Fleetwood
Join Rangers and Lancashire Wildlife Trust to make fish and seal shaped sandcastles on the beach.
Free, no need to book, bring your bucket and spade if you have them.
August

**Sea Watch**
**Thursday 1** 11am – 1pm
**Rossall Point Tower, Fleetwood**
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too.
Free, No need to book

**Knott End and Beyond**
**Tramper Trek**
**Friday 2** 10am – 2pm
**Knott End**
Explore the countryside tracks and paths from Knott End, either on foot, or on a tramper.
**Booking essential**
£3.50/2.50, grade: moderate, 6 miles, tramper available, binoculars useful, packed lunch required

**Monday Walk Around**
**Bleasdale**
**Monday 5** 10:30am – 2pm
**Bleasdale Parish Hall**
A walk around the fields and tracks of Bleasdale.
£3.50/2.50, grade: moderate, 3.5 hours, 5-6 miles waterproof clothes and footwear, refreshments and a drink required

**Introduction to Butterflies**
**Wednesday 7** 10:30am – 12noon
**Lane Ends, Pilling**
Join the Rangers to spot summertime butterflies.
£3.50/2.50, grade: easy, 1.5 hours

**Bugs and Beasties**
**Thursday 8** 10:30am – 12noon
**Hawthorne Park, Thornton**
Join the Rangers to investigate what wildlife lives in and around the park.
£2.50 per child, grade: easy, 1.5 hours, parents/guardians free but must stay with their children at all times, tramper and pushchair suitable

**Strandline Survey**
**Thursday 8** 1pm – 2pm
**Rossall Point Tower, Fleetwood**
Join the Rangers and Lancashire Wildlife Trust in search of signs of marine life on the seashore.
Free, grade: easy, 1 hour, parents/guardians must stay with their children at all times

**Big Butterfly Hunt**
**Saturday 10** 12noon – 1pm
**The Pavilion, Memorial Park, Fleetwood**
Join in the search for butterflies around Memorial Park.
For more information please check the Wyre Council Facebook page.

**Forest School Taster Session**
**Sunday 11** 1pm – 2pm
**Woodland Walk Area, Memorial Park, Fleetwood**
Drop into the park and have a go at learning some forest craft skills.
**Booking essential**
£3 per child

**Beginners Guide to Saltmarsh**
**Wednesday 14** 2pm – 4pm
**Wyre Estuary Country Park, Stanah**
Join the Rangers for an introduction to the largest area of ungrazed saltmarsh in Lancashire.
£3.50/2.50, grade: moderate, 1 mile, 2 hours, wellies required
Beach Craft
Thursday 15       11am – 2:30pm
Drop in – last session 2pm
Rossall Point Tower, Fleetwood
Fun crafts made from driftwood and beach treasures. Parent/guardian must stay with child at all times.
£2.50 per child

Nordic Walking Taster
Thursday 15       2pm - 3pm
Take part in a Nordic walking taster with Ann of Nordic Wyre and find out all about this great way to enjoy the outdoors.
Booking essential
Email nordicwyre@gmail.com or call 07587 185680
Free, grade: easy

Conder Green Legstretcher
Friday 16         10.30am – 12.30pm
Conder Green car park
A low level walk by sea and canal from Conder Green around Glasson Dock viewing wildlife and local heritage.
£3.50/2.50, grade: moderate, 5 miles, waterproof footwear required, drink and light refreshments required

Circus School
Saturday 17       1pm – 4pm
Memorial Park, Fleetwood
Come along and have a go at learning circus skills such as diablos and tight wire, with Blackpool Circus School.
Free

Bats and Moths
Saturday 17       8.30pm – 10.30pm
Hawthorne Park, Thornton
An exciting evening event looking for bats in the early evening (8:30pm - 9:30pm) with the Dave McGrath and the Rangers, followed by a moth hunt with expert Dave McGrath and his moth trap when it gets dark, 9:30pm-10:30pm.
Contact Jenie Phillips on 01253 823516 for booking and information.
£2.00, tramper, wheelchair and pushchair friendly, warm clothing, stout footwear and torch necessary.

Rossall Point Tower Conservation Day
Sunday 18         11am – 2pm
Meet at the Tower in Fleetwood and try your hand at practical coastal conservation. Join us for a tea or coffee afterwards.
Email countryside@wyre.gov.uk
Free, outdoor clothing and footwear required

Wildlife Explorer on the Green
Wednesday 21       11am – 12:30pm
Garstang
Join Wildlife Charlie for a fun morning finding out about wildlife on the Garstang Millennium Green.
Booking essential.
£2.50 per child (parents/guardians free but they must stay with their children at all times), grade: easy, 1.5 hours

Railways, Tramways of Fleetwood
Wednesday 21       1:30pm – 3:30pm
Fleetwood Museum
A heritage walk with Dick Gillingham looking at the people and buildings associated with history of Fleetwood. Check with Fleetwood Museum nearer the time for more details.
Donations accepted, grade: easy, max. 2 miles, 1.5 - 2 hours
**Parachute Games and Grass Skiing**  
**Thursday 22** 10:30am – 12 noon  
**Wyre Estuary Country Park, Stanah**  
Join the Rangers for fun and games with parachutes and grass skis. Please wear appropriate clothing.  
£2.50 per child, parent/guardian free but must stay with child at all times.

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**Xplorer Orienteering for Children**  
**Thursday 22** 11am – 3pm  
**Wyre Estuary Country Park**  
Xplorer is a fun family friendly navigation challenge using a simple map with the aim to find a number of markers that are located around the park.  
50p per child.

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**Forest School Taster Session**  
**Saturday 24** 1pm – 2pm  
**Woodland Walk Area, Memorial Park, Fleetwood**  
Drop into the park and have a go at learning some forest craft skills.  
**Booking essential**  
£3 per child.

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**Beach Craft**  
**Wednesday 28** 11am – 2:30pm  
**Rossall Point Tower, Fleetwood**  
Fun crafts made from driftwood and beach treasures. Parent/guardian must stay with child at all times.  
£2.50

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**Sea Watch**  
**Thursday 29** 10am – 12noon  
**Rossall Point Tower, Fleetwood**  
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by.  
There will be plenty of seabirds to admire from the top deck too.  
Free, no need to book.

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**Dunsop Valley and the Fairy Glen Waterfalls**  
**Sunday 1** 10am – 3:30pm (approx)  
**Dunsop Bridge**  
Walk along Dunsop valley, easy climb over Middle Knoll returning by Costy Clough to view the Fairy Glen Waterfalls and back along Dunsop valley.  
**Booking essential**  
£4.50/3.50, grade: moderate, 5.5 hours, 7 miles approx, 10m ascent approx, packed lunch and a drink required.

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**Monday Walk Around Bilsborrow**  
**Monday 2** 10:30am – 2pm  
**Barton Grange**  
A country canalside walk.  
£3.50/£2.50, grade: moderate, 3.5 hours, 5-6 miles, waterproof clothes and footwear, refreshments and a drink required.

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**Bleasdale Circuit Tramper Trek**  
**Thursday 5** 10:30am – 1pm  
**Bleasdale**  
A stroll (tramper trek) around the tracks and lanes of the Bleasdale Estate, with fellside views.  
**Booking essential**  
£3.50/2.50, grade: moderate, 2.5 hours, 4 miles, tramper available, light refreshments required, dogs welcome.

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**Shard Bridge Legstretcher**  
**Friday 6** 10:30am – 12:30pm  
**Shard Riverside Inn**  
A pleasant two hour walk around the footpaths of Hambleton and Out Rawcliffe.  
£3.50/2.50, grade: moderate, 5 miles, outdoor clothes and waterproof footwear required.
Rossall Point Tower Conservation Day
Sunday 8  11am – 2pm
Meet at the Tower in Fleetwood and try your hand at practical coastal conservation. Join us for a tea or coffee afterwards.
e: countryside@wyre.gov.uk
Free, 3 hours, outdoor clothing and footwear required

Stanah Squirrels Wildlife Watch Group
Saturday 14  10am – 12/12:30pm
Wyre Estuary Country Park, Stanah
A monthly environmental/wildlife group for children aged 8 to 14 yrs. Nature walks, wildlife surveys, practical work and lots of fun.
For information call 07989 579351.
Booking essential
£1, parental consent forms required

Heritage Open Days
Friday 13 to Sunday 22 September
www.heritageopendays.org.uk

Marine Hall
Selected dates and times TBC
Marine Hall, The Esplanade, Fleetwood, Lancashire, FY7 6HF
Enjoy a trip to the seaside and call into our beautiful art deco theatre.
No booking required. www.marinehall.co.uk

500 Years of Garstang
Friday 13  10:30am – 2pm
Visit Garstang Centre
A guided walk around the tracks and fields of Garstang to discover the history of the town.
Booking essential
Free, grade: moderate, 5 miles

Heritage of the Wyre Estuary
Saturday 14  1:30pm – 4pm
Wyre Estuary Country Park, Stanah
Discover tales from times past about the wyre estuary and surrounding area with the Rangers.
Free, grade: easy, 4 miles, 2.5 hours

Heritage of the Wyre Estuary
Saturday 14  1:30pm – 4pm
Wyre Estuary Country Park, Stanah
Discover tales from times past about the wyre estuary and surrounding area with the Rangers.
Free, grade: easy, 4 miles, 2.5 hours

Bleasdale Heritage Walks
Sunday 15  11am & 1pm
Bleasdale
Two one hour walks looking at history around Bleasdale.
Booking essential
Free, grade: easy, outdoor clothing and footwear required

Bleasdale - The Lives of Local People
Sunday 15  10am - 4pm
Bleasdale Parish Hall
Exhibition of local history at Bleasdale Parish Hall and Heritage Room. Tea and homemade cakes at extra cost.
No booking required
Free
Autumn Birdwatch  
Sunday 15  9am – 10am  
Rossall Point Tower, Fleetwood  
Join the Rangers as they watch the last of our summer and first wintering birds migrate over Rossall Point.  
Free, grade: easy, 1 mile, binoculars

Civic Centre Guided Tour  
Wednesday 18  2pm - 3pm  
Wyre Civic Centre, Poulton-le-Fylde  
A tour of the Civic Centre explaining the history of the building, the history of the council, and how the two came together. Please note this is a guided tour beginning at 2pm - no access at other times.  
Booking essential  
Free

Fleetwood Cemetery History Walk  
Thursday 19  10am – 12pm  
A chance to find out about the heritage of the cemetery, and the people buried that helped shape, build and support Fleetwood Town.  
Free, grade: easy

Sea Watch  
Thursday 19  1pm – 3pm  
Rossall Point Tower, Fleetwood  
Join Lancashire Wildlife Trust as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too.  
Free, no need to book

Poulton Town Centre History Walk  
Thursday 19  2pm – 3:30pm  
Market Place, Poulton-le-Fylde town centre  
A guided walk around the centre of Poulton to discover the history of the town from medieval times to the present day.  
Free, grade: easy, 1 mile

History of the Memorial Park and Surrounding Area  
Friday 20  10:30am – 11.30am  
Memorial Park, Fleetwood  
A walk with Dick Gillingham looking at the history and origins of Fleetwood’s Memorial Park.  
Free, grade: easy, 2.5 miles

Bat Watch – Wyre Estuary by Night  
Friday 20  8pm – 10pm  
Wyre Estuary Country Park, Stanah  
Join the Wyre Rangers and Wildlife Charlie for night-time stroll in search of bats. Wrap up warm!  
Booking essential  
£3.50/2.50, grade: easy, torches useful

Garstang Quaker Meeting House and walk  
Saturday 21  2pm - 4pm  
Garstang  
A guided walk and visit to Garstang Quakers Meeting House. Tea and homemade cakes at extra cost.  
Booking essential for walk  
Free, grade: easy, outdoor clothing and footwear required, 1.5 hours approx.

Rossall Point Observation Tower, Fleetwood  
Saturday 21 – Sunday 22, 11am – 4pm  
Take a look at this iconic building and find out about the heritage of Fleetwood’s Coast and Morecambe Bay. Enjoy spectacular views and take a short walk to the top of the tower. Take a tour round the National Coastwatch Institute Watch Room. No booking required.  
www.wyre.gov.uk/rossallpoint Free
Beach Craft
Sunday 22    11am – 2:30pm
Drop in – last session 2pm
Rossall Point Tower
Fun crafts made from driftwood and beach treasures.
£2.50 per child, parent or guardian must stay with child at all times

A Circuit Round
Decimus Burton’s Fleetwood
Thursday 26    1pm – 3:30pm
Fleetwood Museum
A talk from Dick Gillingham followed by a walk taking in Decimus Burton’s Fleetwood. This event is to commemorate Decimus Burton. The talk will start at 1pm followed by the walk at 2pm.
Donations welcome, grade: easy, max. 2.5 miles

Xplorer Orienteering for Children
Sunday 29    11am – 3pm
Wyre Estuary Country Park, Stanah
Xplorer is a fun family friendly navigation challenge using a simple map with the aim to find a number of markers that are located around the park.
50p per child

Family Craft Day with the Rangers
Sunday 29    11am – 3pm
Wyre Estuary Country Park, Stanah
Discover your creative side with a variety of activities in wood and natural materials. Fun for all the family. Drop-in event, any times between 11am and 3pm.
Free (individual activities may be charged), tramper, wheelchair and pushchair friendly

October

Monday Walk Around Garstang
Monday 7    10:30am – 2pm
Visit Garstang Centre
A country walk exploring paths and routes around Garstang
£3.50/2.50, grade: moderate, 3.5 hours, 5-6 miles, outdoor clothing, waterproof footwear, refreshments and a drink required

Stanah Squirrels
Wildlife Watch Group
Saturday 12    10am – 12/12:30pm
Wyre Estuary Country Park, Stanah
A monthly environmental/wildlife group for children aged 8 to 14 yrs. Nature walks, wildlife surveys, practical work and lots of fun. For information call 07989 579351.
Booking essential
£1, parental consent forms required

Rossall Point Tower
Conservation Day
Sunday 13    11am – 2pm
Meet at the Tower in Fleetwood and try your hand at practical coastal conservation. Join us for a tea or coffee afterwards.
E: countryside@wyre.gov.uk
Free, 3 hours, outdoor clothing and footwear required

Nordic Walking Taster
Thursday 17    2pm - 3pm
Take part in a Nordic Walking Taster with Ann Smith of Nordic Wyre and find out all about this great way to enjoy the outdoors. Email nordicwyre@gmail.com or call 07587 185680
Booking essential
Free, grade: easy

Book at Visit Garstang 01995 602125
Walks and Events Diary 2019

**Garstang Legstretcher**
Friday 18  10:30am – 12:30pm
Visit Garstang Centre
A pleasant circular walk taking in riverside and farmland.
£3.50/2.50, grade: moderate, 4 miles

**Beginners Guide to the Birds of Wyre Estuary Country Park**
Tuesday 22  9:30am – 11:30am
Wyre Estuary Country Park, Stanah
Join the Rangers to look at the woodland birds and the waders and wildfowl of the estuary.
£3.50/2.50, grade: easy, 2 miles, 2 hours, tramper, binoculars useful

**Great Eggcase Hunt**
Friday 25  1:30pm – 3pm
Fleetwood Beach, Central car park
Join the Lancashire Wildlife Trust Marine and Community team for an exploration of the beach in search of egg cases on the strandline.
Free, waterproof footwear advised

**Petrifying Pumpkin Carve**
Saturday 26  11am – 1:30pm
The Pavilion, Memorial Park, Fleetwood
Free Pumpkin Carving from 11am until 1:30pm (first come first served); scary face painting and glitter tattoos; balloon crafting; scary lucky dip. Tea, coffee and hot chocolate served by the Friends Volunteers. There will be a small charge for individual activities as the Friends of the Memorial Park are fundraising.

**Late Autumn Bird Watch**
Sunday 27  9am – 10am
Rossall Point Tower, Fleetwood
Visit Rossall Point Tower to observe our coastal birds. A slow walk.
Free, binoculars useful

**Great Eggcase Hunt**
Tuesday 29  10am – 11:30am
Rossall Beach, Cleveleys
Join the Lancashire Wildlife Trust Marine and Community team for an exploration of the beach in search of egg cases on the strandline.
Free, waterproof footwear advised

**November**

**Fleetwood Legstretcher**
Friday 1  10:30am – 12:30pm
Fleetwood Nature Park, Jameson Road, Fleetwood
Join us for a walk that takes in both town and country.
£3.50/2.50, grade: moderate, 2 hours, 4.75 miles, dogs welcome

**Stanah Squirrels Wildlife Watch Group**
Saturday 9  10am – 12/12:30pm
Wyre Estuary Country Park, Stanah
A monthly environmental/wildlife group for children aged 8 to 14 yrs. Nature walks, wildlife surveys, practical work and lots of fun. For information call 07989 579351.
**Booking essential**
£1, parental consent forms required
Walks and Events Diary 2019

Rossall Point Tower Conservation Day
Sunday 10 11am – 2pm
Meet at the Tower in Fleetwood and try your hand at practical coastal conservation. Join us for a tea or coffee afterwards.
e: countryside@wyre.gov.uk
Free, 3 hours, outdoor clothing and footwear required

Wyre Estuary Country Park Christmas Fayre
Sunday 8 10am – 1pm
Wyre Estuary Country Park, Stanah
Drop in and view Christmas crafts and stalls with something for all the family. Free (some activities may be charged)

Garstang Victorian Festival Woodcraft Activity
Tuesday 10 6pm – 8pm
Visit Garstang Centre
Join the Rangers in Visit Garstang Centre to make your own wooden decoration. Drop in session
£2.50 per decoration

Cleveleys Legstretcher
Friday 13 10:30am – 12:30pm
The Community Centre, Beach Road, Cleveleys
Take time out from your festive preparations for fresh air and a bracing walk. £3.50/2.50, grade: moderate, dogs welcome

Wreath Workshop
Friday 13 6pm - 8pm
The Pavilion, Memorial Park, Fleetwood
Learn how to make a Christmas wreath to decorate your home this Christmas. Booking essential as spaces limited.
To book please call 01253 891000. £10

December

Rossall Point Tower Conservation Day
Sunday 1 11am – 2pm
Meet at the Tower in Fleetwood and try your hand at practical coastal conservation. Join us for a tea or coffee afterwards.
e: countryside@wyre.gov.uk
Free, 3 hours, outdoor clothing and footwear required

Wreath Workshop
Sunday 1 1pm - 3pm
The Pavilion, Memorial Park, Fleetwood
Learn how to make a Christmas wreath to decorate your home this Christmas. Booking essential as spaces limited.
To book please call 01253 891000 £10

Stanah Squirrels
Wildlife Watch Group
Saturday 14 10am – 12/12:30pm
Wyre Estuary Country Park, Stanah
A monthly environmental/wildlife group for children aged 8 to 14 yrs. Nature walks, wildlife surveys, practical work and lots of fun. For information call 07989 579351.
Booking essential
£1, parental consent forms required
Crafty Afty – Christmas Crafts for Children  
Saturday 14 12noon until 3pm  
Time slots: 10 spaces available per session  
12noon – 12:45pm; 1pm – 1:45pm; 2pm – 2:45pm  
The Pavilion, Memorial Park, Fleetwood  
Join the Memorial Park team for Christmas crafts.  
Booking essential ring 01253 891000. £2.50 per child, parent or guardian to stay with the child at all times

Xplorer Orienteering for Children  
Sunday 15 1pm - 3pm  
The Pavilion, Memorial Park, Fleetwood  
Xplorer is a family friendly navigation challenge using a simple map with the aim to find a number of markers that are located around the park. 50p per child

Goose Spectacle  
Sunday 15 2:30pm – 3:30pm approx.  
Pilling, Lane Ends  
Come and witness the magnificent fly past of pink footed geese.  
Free, binoculars useful

Nordic Walking Christmas Taster  
Thursday 19 2pm – 3pm  
Take part in a Nordic Walking Taster with Ann of Nordic Wyre and find out all about this great way to enjoy the outdoors.  
Booking Essential.  
Email nordicwyre@gmail.com or call 07587 185680  
Free, grade: easy

Wyre Post Christmas Walk  
Monday 30 10:30am – 2:30pm  
Stalmine  
A winter walk by the Wyre Estuary and through Preesall to the coast for the return observing wildlife.  
Booking essential by 21 December £3.50/2.50, grade: easy, 4 hours, 8 miles, dogs on leads welcome

January 2020

New Year – Visit to the Coast  
Wednesday 1 11am – 3pm  
Rossall Point, Fleetwood  
If you are taking a New Year’s Day stroll down the prom, stop off at Rossall Point to celebrate the New Year with a warming cup of mulled wine (non-alcoholic). Meet the Rangers and take in the view on the first day of the New Year.  
Donations welcome, tramper/wheelchair accessible, dogs welcome
Walking Wyre is a health walk programme run by the Wyre Coast and Countryside Service of Wyre Council. This year we are working with Fylde Coast YMCA and have also included all of the YMCA health walks that are taking place in Wyre. There is a wide variety of locations and times to enable as many people as possible to take part.

All health walks are free, usually 1 hour long (approximately 2 miles), and everyone is welcome no matter what their age or ability. We have a variety of walks graded from easy to moderate on the coastal promenades and along countryside paths, they run throughout the year with an average 3 walks a week led by our trained volunteer walk leaders.

If one hour is a bit too long for you, our health walk leaders can help by starting you off at a gentle amble for 30 minutes. Please let the leader know if you would find this helpful when you join the group. 30 minute walks will be available from Fleetwood, Cleveleys and Wyre Estuary Country Park, these will start the same time as the 1 hour health walks – please see * adjacent to the listing on the following pages. All walk times are approximate, dependent upon the pace of walkers.

Please arrive fifteen minutes before the start of the walk for a prompt departure, as it will be necessary for each new customer to complete a health questionnaire.

On some of the routes we can book a tramper (off-road motorised wheelchair) for you to use, but we will need a week’s notice to book a tramper onto a health walk.

In addition each month we offer a 2 hour Legstretcher progression walk which are charged at £3.50 for adults and £2.50 for concessions – please see the £ adjacent to the listing.

For more information and to book a tramper please contact
Visit Garstang Centre on 01995 602125
Email: garstangtic@Wyre.gov.uk
### Health Walks 2019 - January

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Difficulty</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesdays 1, 8, 15, 22 &amp; 29</td>
<td>1:30pm</td>
<td>Fleetwood Leisure Centre</td>
<td>Easy</td>
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<tr>
<td>Tue 1</td>
<td>2pm</td>
<td>Marsh Mill Tavern, Thornton</td>
<td>Easy</td>
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<tr>
<td>Wed 2</td>
<td>2pm</td>
<td>Knott End Cafe</td>
<td>Moderate T</td>
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<tr>
<td>Thursdays 3, 10, 17, 24 &amp; 31</td>
<td>11am</td>
<td>Fleetwood Leisure Centre</td>
<td>Easy</td>
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<tr>
<td>Fri 4, 11, 18 &amp; 25</td>
<td>12:30pm</td>
<td>Garstang Leisure Centre</td>
<td>Easy</td>
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<tr>
<td>Sun 6</td>
<td>2pm</td>
<td>Wyre Estuary Country Park, Stanah</td>
<td>All/Easy T</td>
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<tr>
<td>Mondays 7, 14, 21 &amp; 28</td>
<td>1pm</td>
<td>Wyreside Café, WECP, Stanah</td>
<td>Easy</td>
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<tr>
<td>Tue 8</td>
<td>2pm</td>
<td>Great Eccleston Village Centre</td>
<td>Moderate</td>
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<td>Wed 9</td>
<td>10:30am</td>
<td>Memorial Park, Fleetwood</td>
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<tr>
<td>Sat 12</td>
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<td>Cleveleys Community Centre</td>
<td>Easy *</td>
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<td>Wed 16</td>
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<td>Knott End Cafe</td>
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<tr>
<td>Fri 18</td>
<td>10:30am – 12:30pm</td>
<td>Wyre Estuary Country Park Legstretcher</td>
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<td>Sat 19</td>
<td>10:30am</td>
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<td>Tue 22</td>
<td>2pm</td>
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<tr>
<td>Wed 23</td>
<td>2pm</td>
<td>St Michael’s, The Grapes</td>
<td>Moderate</td>
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<td>Sat 26</td>
<td>2pm</td>
<td>Marine Hall, Fleetwood</td>
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<td>Tue 29</td>
<td>2pm</td>
<td>Marsh Mill Tavern, Thornton</td>
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<td>Wed 30</td>
<td>10:30am</td>
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### Health Walks 2019 - February

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<td>Sun 3</td>
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<td>All/Easy T</td>
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<tr>
<td>Mondays 4, 11, 18 &amp; 25</td>
<td>1pm</td>
<td>Wyreside Café, WECP, Stanah</td>
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<td>Tuesdays 5, 12, 19 &amp; 26</td>
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<td>Fleetwood Leisure Centre</td>
<td>Easy</td>
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<tr>
<td>Sat 9</td>
<td>10:30am</td>
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<td>2pm</td>
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<td>Easy</td>
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<td>Wed 13</td>
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<td>Wyre Estuary Country Park, Stanah</td>
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<td>Fri 15</td>
<td>10:30am – 12:30pm</td>
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<td>Tue 19</td>
<td>2pm</td>
<td>Great Eccleston Village Centre</td>
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<td>Marine Hall, Fleetwood</td>
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<td>2pm</td>
<td>Marsh Mill Tavern, Thornton</td>
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<td>Wed 27</td>
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## Health Walks 2019 - March

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<tr>
<td>Fri 1</td>
<td>2pm</td>
<td>The Shovels Pub, Hambleton</td>
<td>Easy</td>
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<tr>
<td>Sun 3</td>
<td>2pm</td>
<td>Wyre Estuary Country Park, Stanah</td>
<td>All/Easy T *</td>
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<tr>
<td>Mondays 4, 11, 18 &amp; 25</td>
<td>1pm</td>
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<td>1.30pm</td>
<td>Fleetwood Leisure Centre</td>
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<td>Tue 5</td>
<td>2pm</td>
<td>Scorton Village Centre</td>
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<td>Memorial Park, Fleetwood</td>
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<td>Thurs 7</td>
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<td>Stalmine - Seven Stars Pub</td>
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<td>Sat 9</td>
<td>2pm</td>
<td>Churchtown, St Helen’s Church</td>
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<tr>
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<td><strong>Fri 15</strong></td>
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<td><strong>Preesall Legstretcher</strong></td>
<td><strong>Moderate £</strong></td>
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<td>2pm</td>
<td>Singleton Church</td>
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<tr>
<td>Wed 20</td>
<td>2pm</td>
<td>Visit Garstang Centre</td>
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<tr>
<td>Thurs 21</td>
<td>2pm</td>
<td>Carleton – Castle Gardens</td>
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<tr>
<td>Sat 23</td>
<td>2pm</td>
<td>Marine Hall, Fleetwood</td>
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<td>Fri 29</td>
<td>2pm</td>
<td>The Shovels Pub, Hambleton</td>
<td>Easy</td>
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<tr>
<td>Sun 31</td>
<td>2pm</td>
<td>Wyre Estuary Country Park, Stanah</td>
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## Health Walks 2019 - April

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<td>Wyreside Café, WECP, Stanah</td>
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<td>Tuesdays 2, 9, 16, 23 &amp; 30</td>
<td>1:30pm</td>
<td>Fleetwood Leisure Centre</td>
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<tr>
<td>Tue 2</td>
<td>2pm</td>
<td>Scorton Village Centre</td>
<td>Moderate</td>
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<tr>
<td>Wed 3</td>
<td>2pm</td>
<td>St Michael’s, The Grapes</td>
<td>Moderate</td>
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<tr>
<td>Thursdays 4, 11, 18 &amp; 25</td>
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<td>Fleetwood Leisure Centre</td>
<td>Easy</td>
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<tr>
<td>Thurs 4</td>
<td>2pm</td>
<td>Stalmine - Seven Stars Pub</td>
<td>Moderate</td>
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<tr>
<td>Fridays 5, 12, 19 &amp; 26</td>
<td>12:30pm</td>
<td>Garstang Leisure Centre</td>
<td>Easy</td>
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<tr>
<td>Sat 6</td>
<td>10.30am</td>
<td>Larkholme, Fleetwood</td>
<td>Easy</td>
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<tr>
<td>Tue 9</td>
<td>2pm</td>
<td>Great Eccleston Village Centre</td>
<td>Moderate</td>
</tr>
<tr>
<td>Wed 10</td>
<td>10:30am</td>
<td>Wyre Estuary Country Park, Stanah</td>
<td>All/Easy T *</td>
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<tr>
<td><strong>Fri 12</strong></td>
<td><strong>10:30am – 12:30pm</strong></td>
<td><strong>Winmarleigh Legstretcher</strong></td>
<td><strong>Hard £</strong></td>
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<td>Sat 13</td>
<td>2pm</td>
<td>Skippool Picnic Area, Thornton</td>
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<td>Fri 26</td>
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<td>The Shovels Pub, Hambleton</td>
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<tr>
<td>Sun 28</td>
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<tr>
<td>Tue 30</td>
<td>2pm</td>
<td>Scorton Village Centre</td>
<td>Moderate</td>
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For more information contact 01995 602125
## Health Walks 2019 - May

<table>
<thead>
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<th>Time</th>
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<tbody>
<tr>
<td>Wed 1</td>
<td>10:30am</td>
<td>Memorial Park, Fleetwood</td>
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<tr>
<td>Thursdays</td>
<td>11am</td>
<td>Fleetwood Leisure Centre</td>
<td>Easy</td>
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<tr>
<td>Thurs 2</td>
<td>2pm</td>
<td>Stalmine - Seven Stars Pub</td>
<td>Moderate</td>
</tr>
<tr>
<td>Fridays 3</td>
<td>12:30pm</td>
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<td><strong>GARSTANG WALKING FESTIVAL  4 – 12</strong></td>
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<tr>
<td>Sat 4</td>
<td>10:30am</td>
<td>Visit Garstang Centre</td>
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<tr>
<td>Sun 5</td>
<td>11am</td>
<td>Bluebell Walk, Calder Vale Village Green</td>
<td>Moderate</td>
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<tr>
<td>Mondays 6</td>
<td>1pm</td>
<td>Wyreside Café, WECP, Stanah</td>
<td>Easy</td>
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<td>Tue 7</td>
<td>10:30am</td>
<td>Barton Grange Garden Centre</td>
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<td>Tuesdays 7</td>
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<td>Fleetwood Leisure Centre</td>
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</table>
|            |         | **Fri 10  6:30pm - 8:30pm**  
**Bilsborrow Legstretcher** | Moderate £ |
| Sun 12     | 11am    | Bluebell Walk, Calder Vale Village Green                     | Moderate   |
| Tue 14     | 2pm     | Great Eccleston Village Centr                               | Moderate   |
| Wed 15     | 10:30am | Wyre Estuary Country Park, Stanah                            | All/Easy T * |
| Sat 18     | 10:30am | Cleveleys Community Centre                                  | Easy *      |
| Sun 19     | 11am    | Bluebell Walk, Calder Vale Village Green                     | Moderate   |
| Tue 21     | 2pm     | Singleton Church                                             | Easy       |
| Wed 22     | 10:30am | Visit Garstang Centre                                        | Moderate   |
| Thurs 23   | 2pm     | Carleton – Castle Gardens                                    | Moderate   |
| Sat 25     | 2pm     | Marine Hall, Fleetwood                                       | All T      |
| Sun 26     | 11am    | Bluebell Walk, Calder Vale Village Green                     | Moderate   |
| Tue 28     | 2pm     | Marsh Mill Tavern, Thornton                                  | Easy       |
| Wed 29     | 2pm     | Knott End Cafe                                               | Moderate T  |
| Fri 31     | 2pm     | The Shovels Pub, Hambleton                                   | Easy       |

## Health Walks 2019 - June

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<td>Fleetwood Leisure Centre</td>
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<td>Tue 4</td>
<td>2pm</td>
<td>Scorton Village Centre</td>
<td>Moderate</td>
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<tr>
<td>Wed 5</td>
<td>2pm</td>
<td>St Michael, The Grapes</td>
<td>Moderate</td>
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<td>Thursdays 6</td>
<td>11am</td>
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<td>Thurs 6</td>
<td>2pm</td>
<td>Stalmine - Seven Stars Pub</td>
<td>Moderate</td>
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<td>Fridays 7</td>
<td>12:30pm</td>
<td>Garstang Leisure Centre</td>
<td>Easy</td>
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<tr>
<td>Sat 8</td>
<td>2pm</td>
<td>Churchtown, St Helen’s Church</td>
<td>Moderate</td>
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<tr>
<td>Tue 11</td>
<td>2pm</td>
<td>Great Eccleston Village Centre</td>
<td>Moderate</td>
</tr>
<tr>
<td>Wed 12</td>
<td>10:30am</td>
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<tr>
<td>Thurs 20</td>
<td>2pm</td>
<td>Carleton – Castle Gardens</td>
<td>Moderate</td>
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</table>
|            |         | **Fri 21  10:30am - 12:30pm**  
**Scorton Legstretcher** | Moderate £ |
| Sat 22     | 2pm     | Marine Hall, Fleetwood                                       | All T      |
| Tue 25     | 2pm     | Marsh Mill Tavern, Thornton                                  | Easy       |
| Wed 26     | 2pm     | Knott End Cafe                                               | Moderate T  |
| Fri 28     | 2pm     | The Shovels Pub, Hambleton                                   | Easy       |
| Sun 30     | 2pm     | Wyre Estuary Country Park, Stanah                            | All/Easy T * |
### Health Walks 2019 - July

**Mondays, 1, 8, 15, 22 & 29**
- 1pm Wyreside Café, WECP, Stanah
- Easy

**Tuesday, 2, 9, 16, 23 & 30**
- 1:30pm Fleetwood Leisure Centre
- Easy

**Tel 2**
- 2pm Scotrong Village Centre
- Moderate

**Tel 3**
- 10:30am Memorial Park, Fleetwood
- All T

**Thursdays, 4, 11, 18 & 25**
- 11am Fleetwood Leisure Centre
- Easy

**Thurs 4**
- 2pm Stalmine - Seven Stars Pub
- Moderate

**Fridays, 5, 12, 19 & 26**
- 12:30pm Garstang Leisure Centre
- Easy

**Sat 6**
- 10:30am Cleveleys Community Centre
- Easy *

**Tel 9**
- 2pm Great Eccleston Village Centre
- Moderate

**Tel 10**
- 10:30am Wyre Estuary Country Park, Stanah
- Easy T

<table>
<thead>
<tr>
<th><strong>Fri 12 10:30am – 12:30pm</strong></th>
<th>Out Rawcliffe Legstretcher</th>
<th>Moderate £</th>
</tr>
</thead>
</table>

**Tel 13**
- 2pm Skippool Picnic Area, Thornton
- Easy

**Tel 16**
- 2pm Singleton Church
- Easy

**Tel 17**
- 10:30am Visit Garstang Centre
- Moderate

**Tel 18**
- 2pm Carleton – Castle Gardens
- Moderate

**Sat 20**
- 2pm Marine Hall, Fleetwood
- All T

**Tel 23**
- 2pm Marsh Mill Tavern, Thornton
- Easy

**Tel 24**
- 2pm Knott End Cafe
- Moderate T

**Tel 26**
- 2pm The Shovels Pub, Hambleton
- Easy

**Sun 28**
- 2pm Wyre Estuary Country Park, Stanah
- Easy T

**Tel 30**
- 2pm Scorton Village Centre
- Moderate

**Tel 31**
- 2pm St Michael’s, The Grapes
- Moderate

### Health Walks 2019 - August

**Thursdays, 1, 8, 15, 22 & 29**
- 11am Fleetwood Leisure Centre
- Easy

**Tel 1**
- 2pm Stalmine - Seven Stars Pub
- Moderate

**Fridays, 2, 9, 16, 23 & 30**
- 12:30pm Garstang Leisure Centre
- Easy

**Sat 3**
- 2pm Churchtown, St Helen’s Church
- Moderate

**Mondays, 5, 12, 19 & 26**
- 1pm Wyreside Café, WECP, Stanah
- Easy

**Tuesdays, 6, 13, 20 & 27**
- 1:30pm Fleetwood Leisure Centre
- Easy

**Tel 6**
- 2pm Great Eccleston Village Centre
- Moderate

**Tel 7**
- 10:30am Wyre Estuary Country Park, Stanah
- All/Easy T

**Sat 10**
- 10:30am Larkholme, Fleetwood
- Easy

**Tel 13**
- 2pm Singleton Church
- Easy

**Tel 14**
- 10:30am Visit Garstang Centre
- Moderate

**Tel 15**
- 2pm Carleton – Castle Gardens
- Moderate

<table>
<thead>
<tr>
<th><strong>Fri 16 10:30am – 12:30pm</strong></th>
<th>Condor Green Legstretcher</th>
<th>Moderate £</th>
</tr>
</thead>
</table>

**Tel 17**
- 2pm Marine Hall, Fleetwood
- All T

**Tel 20**
- 2pm Marsh Mill Tavern, Thornton
- Easy

**Tel 21**
- 2pm Knott End Cafe
- Moderate T

**Tel 23**
- 2pm The Shovels Pub, Hambleton
- Easy

**Sun 25**
- 2pm Wyre Estuary Country Park, Stanah
- All/Easy T

**Tel 27**
- 2pm Scorton Village Centre
- Moderate

**Tel 28**
- 10:30am Memorial Park, Fleetwood
- All T

**Tel 29**
- 2pm Stalmine - Seven Stars Pub
- Moderate

**Sat 31**
- 10:30am Cleveleys Community Centre
- Easy

For more information contact 01995 602125
### Health Walks 2019 - September

**Mondays 2, 9, 16, 23 & 30**

1pm Wyreside Café, WECP, Stanah Easy

**Tuesdays 3, 10, 17 & 24**

1:30pm Fleetwood Leisure Centre Easy

**Tue 3**

2pm Great Eccleston Village Centre Moderate

**Wed 4**

10:30am Wyre Estuary Country Park, Stanah All/Easy T *

**Thursdays 5, 12, 19 & 26**

11am Fleetwood Leisure Centre Easy

*Fri 6* 10:30am - 12:30pm **Shard Bridge Legstretcher** Moderate £

**Fridays 6, 13, 20 & 27**

12:30pm Garstang Leisure Centre Easy

**Sat 7**

2pm Skippool Picnic Area, Thornton Moderate

**Tue 10**

2pm Singleton Church Easy

**Wed 11**

10:30am Visit Garstang Centre Moderate

**Thurs 12**

2pm Carleton – Castle Gardens Moderate

### Heritage Open Days 13 - 22

**Sat 14**

2pm Marine Hall, Fleetwood All T *

**Tue 17**

2pm Marsh Mill Tavern, Thornton Easy

**Wed 18**

2pm Knott End Café Moderate T

**Fri 20**

2pm The Shovels Pub, Hambleton Easy

**Sun 22**

2pm Wyre Estuary Country Park, Stanah All/Easy T *

**Tue 24**

2pm Scorton Village Centre Moderate

**Wed 25**

2pm St Michael’s, The Grapes Moderate

**Thurs 26**

2pm Stalmine - Seven Stars Pub Moderate

**Sat 28**

2pm Churchtown, St Helen’s Church Moderate

### Health Walks 2019 - October

**Tuesdays 1, 8, 15, 22 & 29**

1:30pm Fleetwood Leisure Centre Easy

**Tue 1**

2pm Great Eccleston Village Centre Moderate

**Wed 2**

10:30am Wyre Estuary Country Park, Stanah All/Easy T *

**Thursdays 3, 10, 17, 24 & 31**

11am Fleetwood Leisure Centre Easy

**Fridays 4, 11, 18 & 25**

12:30pm Garstang Leisure Centre Easy

**Fri 4**

2pm The Shovels Pub, Hambleton Easy

**Sat 5**

10:30am Larkholme, Fleetwood Easy

**Mondays 7, 14, 21 & 28**

1pm Wyreside Café, WECP, Stanah Easy

**Tue 8**

2pm Singleton Church Easy

**Wed 9**

10:30am Visit Garstang Centre Moderate

**Thurs 10**

2pm Carleton – Castle Gardens Moderate

**Sat 12**

2pm Marine Hall, Fleetwood All T *

**Tue 15**

2pm Marsh Mill Tavern, Thornton Easy

**Wed 16**

2pm Knott End Café Moderate T

*Fri 18* 10:30am - 12:30pm **Garstang Legstretcher** Moderate £

**Sun 20**

2pm Wyre Estuary Country Park, Stanah All/Easy T *

**Tue 22**

2pm Scorton Village Centre Moderate

**Wed 23**

10:30am Memorial Park, Fleetwood All T

**Thurs 24**

2pm Stalmine - Seven Stars Pub Moderate

**Sat 26**

2pm Skippool Picnic Area, Thornton Moderate

**Tue 29**

2pm Great Eccleston Village Centre Moderate

**Wed 30**

2pm St Michael’s, The Grapes Moderate
**Health Walks 2019 - November**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Difficulty</th>
</tr>
</thead>
</table>
| Fri 1     | 10:30am - 12:30pm | **Fleetwood Legstretcher** | Moderate £  
Fridays 1, 8, 15, 22 & 29 | 12:30pm | Garstang Leisure Centre | Easy  
Sat 2 | 10:30am | Cleveleys Community Centre | Easy *  
Mondays 4, 11, 18 & 25 | 1pm | Wyreside Café, WECP, Stanah | Easy  
Tuesdays 5, 12, 19 & 26 | 1:30pm | Fleetwood Leisure Centre | Easy  
Tue 5 | 2pm | Marsh Mill Tavern, Thornton | Easy  
Wed 6 | 2pm | Knott End Cafe | Moderate T  
Thursdays 7, 14, 21 & 28 | 11am | Fleetwood Leisure Centre | Easy  
Sat 9 | 2pm | Marine Hall, Fleetwood | All T *  
Tue 12 | 2pm | Great Eccleston Village Centre | Moderate  
Weds 13 | 2pm | St Michael’s, The Grapes | Moderate  
Sun 17 | 2pm | Wyre Estuary Country Park, Stanah | All/Easy T *  
Tue 19 | 2pm | Marsh Mill Tavern, Thornton | Easy  
Wed 20 | 10:30am | Memorial Park, Fleetwood | All T  
Sat 23 | 10:30am | Larkholme, Fleetwood | Easy  
Tue 26 | 2pm | Great Eccleston Village Centre | Moderate  
Wed 27 | 10:30am | Visit Garstang Centre | Moderate  
Sat 30 | 10:30am | Cleveleys Community Centre | Easy *

**Health Walks 2019 - December**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Difficulty</th>
</tr>
</thead>
</table>
| Mondays 2, 9, 16, 23 & 30 | 1pm | Wyreside Café, WECP, Stanah | Easy  
Tuesdays 3, 10, 17, 24 & 31 | 1:30pm | Fleetwood Leisure Centre | Easy  
Tue 3 | 2pm | Marsh Mill Tavern, Thornton | Easy  
Wed 4 | 2pm | Knott End Cafe | Moderate T  
Thursdays 5, 12, 19 & 26 | 11am | Fleetwood Leisure Centre | Easy  
Fridays 6, 13, 20 & 27 | 12:30pm | Garstang Leisure Centre | Easy  
Sat 7 | 2pm | Marine Hall, Fleetwood | All T *  
Tue 10 | 2pm | Great Eccleston Village Centre | Moderate  
Wed 11 | 2pm | St Michael’s, The Grapes | Moderate  
**Fri 13** | **10:30am - 12:30pm** | **Cleveleys Legstretcher** | Moderate £  
Sat 14 | 10:30am | Larkholme, Fleetwood | Easy  
Sun 22 | 2pm | Wyre Estuary Country Park, Stanah | All/Easy T *  
Fri 27 | 2pm | Knott End Cafe | Moderate T

For more information contact 01995 602125
Come along to any of our regular beach cleans to improve our coastal environment and tackle a global problem.

Rossall Point Tower, Fleetwood
Meet every Thursday, 10.30am - noon
Enjoy a warming brew after the beach clean.

Fleetwood Beach Care
Monthly on a Saturday
Meet at Lower Lighthouse (Ferry Beach slipway), 10:30am – noon and Café near Central car park, off Promenade Road, 1pm – 2:30pm

Cleveleys Beachcare
Monthly on Sunday, 10:30am – 11:30am
Start from Sea Swallow Statue (top of Victoria Road, Cleveleys)

Harbour Village Clean Up
Monthly on a Wednesday, 10:30am – 11:30am
Meet at Windward Avenue (Harbour Village, Fleetwood)

Knott-End Beach Clean Up
Monthly on a Tuesday, 10am – 11:45am
Meet at Knott End car park (behind Coastguard Station)
Check www.wyrerivertrust.org for details and date changes

Larkholme Grasslands and Beach Care
Monthly on a Sunday.10:30am – 12:30pm
Meet at Larkholme Parade, Fleetwood

Wyre Big Beach and Estuary Cleans
Monthly on a Wednesday, 10:30am – 12:30pm
Meet at different locations (see listings).
Further details contact Visit Garstang - 01995 602125 or garstangtic@wyre.gov.uk

Rossall Beach Cleans (Beach clean and a brew)
Monthly on a Monday, 9:25am – 10:45am
Meet at 9:25am on Rossall Promenade (near the flagpole) FY5 1LP
Followed by a coffee at the Venue from 10:45am onwards. Ample parking, dress for the weather and bring suitable footwear for a pebble and shingle beach. Tel: 07813 962864 www.rossallbeach.org.uk

For all beach cleans please wear suitable outdoor footwear and outdoor clothing. No experience needed. Equipment will be supplied.

Check lovemybeach.org for details
### January

- **Rossall Point Tower**
  - Love My Beach
  - **Thursday 3, 10, 17, 24, 31**
  - 10:30am – 12pm
  - Fleetwood

- **Cleveleys Beach Care**
  - **Sunday 13**
  - 10:30am – 11:30am

- **Knott End Beach Clean**
  - **Tuesday 15**
  - 10am – 11:45am

- **Fleetwood Beach Care**
  - **Saturday 19**
  - Ferry Beach
  - 10:30am – 12pm
  - Marine Beach
  - 1pm – 2:30pm

- **Larkholme Grasslands and Beach Care**
  - **Sunday 27**
  - 10:30 – 11:30am

- **Beach Clean and a Brew**
  - **Monday 28**
  - 9:25am – 11:30am
  - Rossall Beach, Cleveleys

- **Harbour Village Clean Up**
  - **Wednesday 30**
  - 10am - 11:30am

- **Wyre Big Estuary Clean Up**
  - **Wednesday 30**
  - 10:30am – 12:30pm
  - Hambleton, Saltmarsh Lane

### February

- **Rossall Point Tower**
  - Love My Beach
  - **Thursday 7, 14, 21, 28**
  - 10:30am – 12pm
  - Fleetwood

- **Cleveleys Beach Care**
  - **Sunday 10**
  - 10:30am – 11:30am

- **Knott End Beach Clean**
  - **Tuesday 12**
  - 10am – 11:45am

- **Fleetwood Beach Care**
  - **Saturday 16**
  - Ferry Beach
  - 10:30am – 12pm
  - Marine Beach
  - 1pm – 2:30pm

- **Larkholme Grasslands and Beach Care**
  - **Sunday 24**
  - 10:30am – 11:30am

- **Beach Clean and a Brew**
  - **Monday 25**
  - 9:25am – 11:30am
  - Rossall Beach, Cleveleys

- **Harbour Village Clean Up**
  - **Wednesday 27**
  - 10am - 11:30am

- **Wyre Big Beach Clean Up**
  - **Wednesday 27**
  - 10:30am – 12:30pm
  - Westway car park, Larkholme Grasslands, Fleetwood

### March

- **Rossall Point Tower**
  - Love My Beach
  - **Thursday 7, 14, 21, 28**
  - 10:30am – 12pm
  - Fleetwood

- **Cleveleys Beach Care**
  - **Sunday 10**
  - 10:30am – 11:30am

- **Knott End Beach Clean**
  - **Tuesday 12**
  - 10am – 11:45am

- **Fleetwood Beach Care**
  - **Saturday 16**
  - Ferry Beach
  - 10:30am – 12pm
  - Marine Beach
  - 1pm – 2:30pm

- **Larkholme Grasslands and Beach Care**
  - **Sunday 24**
  - 10:30am – 11:30am

- **Beach Clean and a Brew**
  - **Monday 25**
  - 9:25am – 11:30am
  - Rossall Beach, Cleveleys

- **Harbour Village Clean Up**
  - **Wednesday 27**
  - 10am - 11:30am

- **Wyre Big Estuary Clean Up**
  - **Wednesday 27**
  - 10:30am – 12:30pm
  - Knott End Sea Wall to Hackensall – meet at Knott-End car park
### Beach Cleans 2019

#### April
- **Rossall Point Tower**  
  Love My Beach  
  **Thursday 4, 11, 18, 25**  
  10:30am – 12pm  
  Fleetwood  

- **Cleveleys Beach Care**  
  **Sunday 7**  
  10:30am – 11:30am  

- **Knott End Beach Clean**  
  **Tuesday 9**  
  10am – 11:45am  

- **Harbour Village Clean Up**  
  **Wednesday 24**  
  10am - 11:30am  

- **Wyre Big Beach Clean Up**  
  **Wednesday 24**  
  10:30am – 12:30pm  
  Dronsfield Avenue, Fleetwood  

- **Fleetwood Beach Care**  
  **Saturday 27**  
  Ferry Beach  
  10:30am – 12pm  
  Marine Beach  
  1pm – 2:30pm  

- **Larkholme Grasslands and Beach Care**  
  **Sunday 28**  
  10:30 – 11:30am  

- **Beach Clean and a Brew**  
  **Monday 29**  
  9:25am – 11:30am  
  Rossall Beach, Cleveleys  

#### May
- **Rossall Point Tower**  
  Love My Beach  
  **Thursday 2, 9, 16, 23, 30**  
  10:30am – 12pm  
  Fleetwood  

- **Cleveleys Beach Care**  
  **Sunday 5**  
  10:30am – 11:30am  

- **Knott End Beach Clean**  
  **Tuesday 7**  
  10am – 11:45am  

- **Fleetwood Beach Care**  
  **Saturday 18**  
  Ferry Beach  
  10:30am – 12pm  
  Marine Beach  
  1pm – 2:30pm  

- **Beach Clean and a Brew**  
  **Monday 20**  
  9:25am – 11:30am  
  Rossall Beach, Cleveleys  

- **Wyre Big Estuary Clean Up**  
  **Wednesday 22**  
  10:30am – 12:30pm  
  Shard Bridge  

- **Larkholme Grasslands and Beach Care**  
  **Sunday 26**  
  10:30 – 11:30am  

- **Harbour Village Clean Up**  
  **Wednesday 29**  
  10am - 11:30am  

#### June
- **Cleveleys Beach Care**  
  **Sunday 2**  
  10:30am – 11:30am  

- **Rossall Point Tower**  
  Love My Beach  
  **Thursday 6, 13, 20, 27**  
  10:30am – 12pm  
  Fleetwood  

- **Knott End Beach Clean**  
  **Tuesday 11**  
  10am – 11:45am  

- **Fleetwood Beach Care**  
  **Saturday 15**  
  Ferry Beach  
  10:30am – 12pm  
  Marine Beach  
  1pm – 2:30pm  

- **Beach Clean and a Brew**  
  **Monday 17**  
  9:25am – 11:30am  
  Rossall Beach, Cleveleys  

- **Harbour Village Clean Up**  
  **Wednesday 26**  
  10am - 11:30am  

- **Wyre Big Beach Clean Up**  
  **Wednesday 26**  
  10:30am – 12:30pm  
  Dronsfield Avenue, Fleetwood  
  **Fleetwood Beach Care**  
  **Saturday 27**  
  Ferry Beach  
  10:30am – 12pm  
  Marine Beach  
  1pm – 2:30pm  

- **Larkholme Grasslands and Beach Care**  
  **Sunday 28**  
  10:30 – 11:30am  

- **Beach Clean and a Brew**  
  **Monday 29**  
  9:25am – 11:30am  
  Rossall Beach, Cleveleys  

- **Larkholme Grasslands and Beach Care**  
  **Sunday 30**  
  10:30am – 11:30am  

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Check [www.lovemybeach.org](http://www.lovemybeach.org) for details.
<table>
<thead>
<tr>
<th>July</th>
<th>August</th>
<th>September</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Rossall Point Tower</strong></td>
<td><strong>Rossall Point Tower</strong></td>
<td><strong>Knott End Beach Clean</strong></td>
</tr>
<tr>
<td>Love My Beach</td>
<td>Love My Beach</td>
<td><strong>Tuesday 3</strong></td>
</tr>
<tr>
<td>Thursday 4, 11, 18, 25</td>
<td>Thursday 1, 8, 15, 22, 29</td>
<td>10am – 11:45am</td>
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<tr>
<td>10:30am – 12pm</td>
<td>10:30am – 12pm</td>
<td><strong>Rossall Point Tower</strong></td>
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<tr>
<td>Fleetwood</td>
<td>Fleetwood</td>
<td>Love My Beach</td>
</tr>
<tr>
<td><strong>Knott End Beach Clean</strong></td>
<td><strong>Knott End Beach Clean</strong></td>
<td><strong>Thursday 5,12,19,26</strong></td>
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<tr>
<td>Tuesday 9</td>
<td>Tuesday 6</td>
<td>10:30am – 12pm</td>
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<tr>
<td>10am – 11:45am</td>
<td>10am – 11:45am</td>
<td><strong>Rossall Beach, Cleveleys</strong></td>
</tr>
<tr>
<td><strong>Cleveleys Beach Care</strong></td>
<td><strong>Cleveleys Beach Care</strong></td>
<td><strong>MCS Beachwatch</strong></td>
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<tr>
<td>Sunday 14</td>
<td>Sunday 11</td>
<td><strong>Saturday 14</strong></td>
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<tr>
<td>10:30am – 11:30am</td>
<td>10:30am – 11:30am</td>
<td>12pm – 1pm</td>
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<tr>
<td><strong>Beach Clean and a Brew</strong></td>
<td><strong>Beach Clean and a Brew</strong></td>
<td><strong>Rossall Point Observation</strong></td>
</tr>
<tr>
<td>Monday 15</td>
<td>Monday 12</td>
<td>Tower, Fleetwood</td>
</tr>
<tr>
<td>9:25am – 11:30am</td>
<td>9:25am – 11:30am</td>
<td><strong>Sunday 15</strong></td>
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<tr>
<td>Rossall Beach, Cleveleys</td>
<td>Rossall Beach, Cleveleys</td>
<td>2pm – 3pm approx</td>
</tr>
<tr>
<td><strong>Fleetwood Beach Care</strong></td>
<td><strong>Fleetwood Beach Care</strong></td>
<td><strong>Rossall Beach, Cleveleys</strong></td>
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<tr>
<td>Saturday 20</td>
<td>Saturday 17</td>
<td><strong>Sunday 15</strong></td>
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<tr>
<td>Ferry Beach</td>
<td>Ferry Beach</td>
<td>2pm – 3pm approx</td>
</tr>
<tr>
<td>10:30am – 12pm</td>
<td>10:30am – 12pm</td>
<td><strong>Rossall Beach, Cleveleys</strong></td>
</tr>
<tr>
<td>Marine Beach</td>
<td>Marine Beach</td>
<td><strong>MCS Beachwatch</strong></td>
</tr>
<tr>
<td>1pm – 2:30pm</td>
<td>1pm – 2:30pm</td>
<td><strong>Sunday 15</strong></td>
</tr>
<tr>
<td><strong>Wyre Big Estuary Clean Up</strong></td>
<td><strong>Wyre Big Beach Clean Up</strong></td>
<td>2pm – 3pm approx</td>
</tr>
<tr>
<td><strong>Wednesday 24</strong></td>
<td>Wednesday 21</td>
<td><strong>Rossall Beach, Cleveleys</strong></td>
</tr>
<tr>
<td>10:30am – 12:30pm</td>
<td>10:30am – 12:30pm</td>
<td><strong>MCS Beachwatch</strong></td>
</tr>
<tr>
<td>Burrows Marsh, Stalmine</td>
<td>Top of Chatsworth Avenue, Larkholme Grasslands, Fleetwood</td>
<td></td>
</tr>
<tr>
<td><strong>Larkholme Grasslands and Beach Care</strong></td>
<td><strong>Larkholme Grasslands and Beach Care</strong></td>
<td><strong>Sunday 22</strong></td>
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<tr>
<td><strong>Sunday 28</strong></td>
<td><strong>Sunday 25</strong></td>
<td>10:30 – 11:30am</td>
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<tr>
<td>10:30 – 11:30am</td>
<td>10:30 – 11:30am</td>
<td><strong>Harbour Village Clean Up</strong></td>
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<td><strong>Harbour Village Clean Up</strong></td>
<td><strong>Harbour Village Clean Up</strong></td>
<td><strong>Wednesday 25</strong></td>
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<tr>
<td><strong>Wednesday 31</strong></td>
<td><strong>Wednesday 28</strong></td>
<td>10am - 11:30am</td>
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<tr>
<td>10am - 11:30am</td>
<td>10am - 11:30am</td>
<td>River Wyre in Out-Rawcliffe</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Booking essential</td>
</tr>
</tbody>
</table>

For more information contact 01995 602125
<table>
<thead>
<tr>
<th>October</th>
<th>November</th>
<th>December</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Rossall Point Tower</strong> Love My Beach Thursday 3, 10, 17, 24, 31 10:30am – 12pm Fleetwood</td>
<td><strong>Cleveleys Beach Care Sunday 3</strong> 10:30am – 11:30am</td>
<td><strong>Cleveleys Beach Care Sunday 1</strong> 10:30am – 11:30am</td>
</tr>
<tr>
<td><strong>Cleveleys Beach Care Sunday 6</strong> 10:30am – 11:30am</td>
<td><strong>Knott End Beach Clean Tuesday 5</strong> 10am – 11:45am</td>
<td><strong>Rossall Point Tower</strong> Love My Beach Thursday 5, 12, 19, 26 10:30am – 12pm Fleetwood</td>
</tr>
<tr>
<td><strong>Knott End Beach Clean Tuesday 8</strong> 10am – 11:45am</td>
<td><strong>Rossall Point Tower</strong> Love My Beach Thursday 7, 14, 21, 28 10:30am – 12pm Fleetwood</td>
<td><strong>Beach Clean and a Brew Monday 9</strong> 9:25am – 11:30am Rossall Beach, Cleveleys</td>
</tr>
<tr>
<td><strong>Beach Clean and a Brew Monday 14</strong> 9:25am – 11:30am Rossall Beach, Cleveleys</td>
<td><strong>Beach Clean and a Brew Monday 11</strong> 9:25am – 11:30am Rossall Beach, Cleveleys</td>
<td><strong>Larkholme Grasslands and Beach Care Sunday 15</strong> 10:30 – 11:30am</td>
</tr>
<tr>
<td><strong>Fleetwood Beach Care Saturday 19</strong> Ferry Beach 10:30am – 12pm Marine Beach 1pm – 2:30pm</td>
<td><strong>Fleetwood Beach Care Saturday 16</strong> Ferry Beach 10:30am – 12pm Marine Beach 1pm – 2:30pm</td>
<td><strong>Fleetwood Beach Care Saturday 21</strong> Ferry Beach 10:30am – 12pm Marine Beach 1pm – 2:30pm</td>
</tr>
<tr>
<td><strong>Larkholme Grasslands and Beach Care Sunday 20</strong> 10:30am – 11:30am</td>
<td><strong>Larkholme Grasslands and Beach Care Sunday 17</strong> 10:30am – 11:30am</td>
<td><strong>Larkholme Grasslands and Beach Care Wednesday 18</strong> 10am - 11:30am</td>
</tr>
<tr>
<td><strong>Wyre Big Beach Clean Up Wednesday 23</strong> 10:30am – 12:30pm Fluke Hall, Pilling</td>
<td><strong>Wyre Big Estuary Clean Up Wednesday 20</strong> 10:30am – 12:30pm Barnabys Sands Booking essential</td>
<td><strong>Wyre Big Estuary Clean Up Wednesday 18</strong> 10:30am – 12:30pm Burrows Marsh, Stalmine</td>
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<tr>
<td><strong>Harbour Village Clean Up Wednesday 30</strong> 10am - 11:30am</td>
<td><strong>Harbour Village Clean Up Wednesday 27</strong> 10am - 11:30am</td>
<td><strong>Harbour Village Clean Up Wednesday 18</strong> 10am - 11:30am</td>
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</table>

Check [www.lovemybeach.org](http://www.lovemybeach.org) for details
Memorial Park Demonstration Garden

**The Pavilion, Memorial Park, Fleetwood**

Join the team in the Memorial Park for a spot of gardening. Come along to meet the new people, share and gain gardening experience or just come together for a brew and a chat. All experience levels welcome.

For more information contact kate.baird@wyre.gov.uk or call 01253 887613

**Every Wednesday (except Christmas)**

9:30am - 12:30pm

**Every Friday**

12:30pm - 4pm

**Saturday 30 March**   **11am – 3pm**

Our gardening volunteers invite you to join us for a tour of the Demonstration Garden. The event will feature crafts, plant sales and refreshments are available. Free entry.
Join the Volunteer Rangers at Rossall Point Tower to experience the natural wonders of our diverse coastal environment.

Climb to the top of the Tower to admire the views across Morecambe Bay. Join in the strandline surveys, sea watches and bird walks and weekly LOVEmyBEACH cleans.

We are usually open 11am – 3pm
Winter (Thursday – Sunday)
11am – 4pm Summer
(Wednesday to Sunday)

We may close due to poor weather conditions.

countryside@wyre.gov.uk
Duty Ranger  07976 650803

Fleetwood Parkrun
9am every Saturday

Setting off on the promenade outside Fleetwood YMCA at 9am every Saturday, Fleetwood’s Parkrun is part of a worldwide series of 5k events. It doesn’t matter what you’re wearing or how fast you go. What matters is taking part. If you’d like to take part you can walk, jog or run, or even take up a role as an event volunteer.

Those who have never run before needn’t be put off, as walking is an option. However for those wanting to give it a try, Fylde Coast YMCA often run free couch to 5k sessions, call into one of their centres to find out what’s on near you.

To take part in the Parkrun you need to register first. Simply go to www.parkrun.org.uk/register then just turn up at your event. Once registered you can take part in any Parkrun as often as you want and you will never need to register again. Under 11s need to be accompanied by an adult.
**The Seaside Code**

The seaside is a great place to visit and enjoy, but it can be dangerous if you don’t take care while you’re there. Please respect the coast and the plants and animals that live there.

**Leave with just Memories**
Please leave things where you find them, and don’t take them home. Stones and pebbles on the beach look very attractive, but they are there for a reason. Removing stones from the beach will harm the many plants, animals and birds that live and feed amongst them.

**Watch the Tide**
Make sure you know the times of the tides and keep checking so you don’t get cut off as the tide comes in.

**Dog Owners**
Please keep your dog under control. Clean up after a dog has fouled.

**Mind Your Step**
Sand dunes are a fragile habitat and are also protected in the area.

**Healthy and Happy**
Stay healthy by washing your hands after playing on the beach, and especially before you have anything to eat. Help the birds and animals stay alive by taking your litter home with you and clearing up after your dog. Discarded rubbish can kill.

If you see someone in difficulty at sea please dial 999 and ask for the Coastguard.

Local tide times are available from the Visit Fleetwood Information Centre at Marine Hall, Rossall Point Tower and the Ibus at Visit Cleveleys.

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**The Countryside Code**

*Respect, Protect, Enjoy*

*Respect other people*
*Consider the local community and other people enjoying the outdoors*
*Leave gates and property as you find them and follow paths unless wider access is available*
*Protect the natural environment*
*Leave no trace of your visit and take your litter home*
*Keep dogs under effective control*
*Enjoy the outdoors*
*Plan ahead and be prepared*
*Follow advice and local signs*

In case of an emergency dial 999 and ask for Police and Mountain Rescue.

**Dog Walking advice in Spring**

We want everyone to enjoy the beautiful countryside in spring time with new spring life emerging. There is a strong chance you will encounter sheep while out with your dog. It is also an important time for wading birds such as lapwing and curlew which breed in farmland. Please keep your dog on a lead at all times, especially when near farm animals and birds.

www.forestofbowland.com/Dog-Walking-Advice-Spring

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For information contact 01995 602125
Details of meeting points are shown on the fold out sheet across the map.
For trails visit www.wyre.gov.uk/walking
Access for All

People of all abilities are welcome to explore Wyre’s coast, countryside, parks and activities.

The Tramper is an all-terrain electric vehicle designed for people with differing abilities to access the countryside. Its capacity to deal with stones, mud, grass and rough ground is astonishing.

You can hire one free of charge (donations welcome) for use on certain guided walks, health walks and tramper treks as shown in the brochure.

Also available in Wyre and Lancashire are tramper trail routes that are suitable for accompanied tramper users. See Wyre and Forest of Bowland websites for more information.

www.wyre.gov.uk/walking www.forestofbowland.com

A tramper must be booked a minimum of 48 hours in advance and it is advised that you book one a week in advance if you wish to use a tramper on a relevant guided walk or health walk. First time users need to attend a short induction and should take along a passport photo and proof of identify to register.

At Wyre Estuary Country Park there are two trampers available for hire for use on easy risk assessed routes.

Around Wyre you can hire a tramper from:
- Wyre Estuary Country Park, Stanah Picnic Area (Wyre Council) - 07976 650803 - www.wyre.gov.uk
- Fell View Caravan Park - 01524 791283 - www.fellviewparkandfishing.co.uk
- Cobble Hey Farm and Gardens - 01995 602643 - www.cobblehey.co.uk
- Bowland Experience 01200 448000 - www.forestofbowland.com

Please note that these trampers are available for use only on the suggested routes from the venue. Some venues may ask for a small charge to cover maintenance costs, please check when you book your tramper. The Visit Garstang Centre can help you with your booking enquiry:- email garstanging@wyre.gov.uk or telephone 01995 602125.

Disclaimer: The information contained within this publication is given in good faith on the basis of information submitted to Wyre Council. Wyre Council cannot guarantee the accuracy of the information and accepts no responsibility for any error or misrepresentation. Although efforts are made to ensure the accuracy of the publication at the time of going to press, changes can occur and it is advisable to contact the booking office prior to the event to confirm the information provided.

Some images in this publication are courtesy of Michael Coleran, Josh Swales, Wyre Council staff and volunteers.